



eating to learn ~ learning to eat

2022—2023 BREAKFAST CYCLE MENU JUNIOR HIGH SCHOOL

Davis Joint Unified School District Student Nutrition Services

Fresh Fruits from local farms offered daily .

Questions? Contact us at nutrition@djUSD.net

Menus are subject to change without notice



Specials of the Day

MONDAYS

Breakfast Quesadilla

TUESDAYS

Yogurt Parfait

WEDNESDAYS

Pancake on a Stick

THURSDAYS

Yogurt Parfait

FRIDAYS

Cinnamon Rolls

Daily Offerings:
May take one from each group.

Fresh Fruits, Fruit Juice, Milk
Choice of
Whole Grain Cereal with a Graham
Breakfast Pizza
Breakfast Sandwiches
Pancakes & Sausage
Assorted Muffins



Breakfast Examples:

- * Muffin + Fruit +Milk
- * Pancakes & Sausage + Fruit + Milk
- * Cereal + Graham + Fruit + Milk
- * Special of the Day + Fruit + Milk
- * Breakfast Pizza + Juice + Milk
- * Breakfast Sandwich + Fruit + Milk

**We offer a choice of
1% milk or
non fat milk daily.**