

New Haven School District #138

Monday	Tuesday	Wednesday	Thursday	Friday
	1 soft beef taco refried beans pears sugar cookie milk	2 br. moz.sticks/sauce fresh carrots craisins rice krispy treat milk	3 br. chicken on bun curly fries apple milk	4 pizza bosco stick fresh broccoli dragon punch juice cherry applesauce milk
7 scram.eggsw/cheese tator tots craisins biscuit milk	8 chicken fajita refried beans pears apple cookie milk	9 cheeseburger on bun french fries apple milk	10 pasta and meat sauce garlic bread fresh carrots fruit cocktail milk	11 toasted cheese sand. fresh broccoli dragon punch juice straw. applesauce milk
14 bosco stick w/sauce fresh carrots peaches chocolate pudding milk	15 taco triangles refried beans pears chocolate chip cookie milk	16 hot dog on bun curly fries apple milk	17 pepperoni pizza fresh broccoli slushie craisins milk	18 popcorn chicken tator tots cherry applesauce ice cream milk
21 FANCY LUNCH! br. chicken on bun whipped potato/gravy dragon punch juice mixed berry cup milk	22 corn dog fresh carrots mango juice pears milk			

Lunch requirements: ½ oz whole grains, ¼ cup of fruit, ¼ cup of vegetable, 1 ½ oz protein, and 6 oz unflavored low fat milk.

Menu is subject to change without notice.

This institution is an equal opportunity provider.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

New Haven School District #138

December 2020

Nov 19, 2020

Lunch K - 6

Monday	Tuesday	Wednesday	Thursday	Friday
	1 soft beef taco refried beans pears sugar cookie milk	2 br. moz.sticks/sauce fresh carrots craisins rice krispy treat milk	3 br. chicken on bun curly fries apple milk	4 pizza bosco stick fresh broccoli dragon punch juice cherry applesauce milk
7 scram.eggsw/cheese tator tots craisins biscuit milk	8 chicken fajita refried beans pears apple cookie milk	9 cheeseburger on bun french fries apple milk	10 pasta and meat sauce garlic bread fresh carrots fruit cocktail milk	11 toasted cheese sand. fresh broccoli dragon punch juice straw. applesauce milk
14 bosco stick w/sauce fresh carrots peaches chocolate pudding milk	15 taco triangles refried beans pears chocolate chip cookie milk	16 hot dog on bun curly fries apple milk	17 pepperoni pizza fresh broccoli slushie craisins milk	18 popcorn chicken tator tots cherry applesauce ice cream milk
21 FANCY LUNCH! br. chicken on bun whipped potato/gravy dragon punch juice mixed berry cup milk	22 corn dog fresh carrots mango juice pears milk			

Lunch requirements offered: 1- 2 oz whole grains, 1/2 cup of fruit, 3/4 cup of vegetable, 1-2 oz protein and 1 cup of milk

Students must choose at least 3 items, including 1/2 cup fruit or vegetable.

Milk choices include 1% unflavored and fat-free chocolate.

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New Haven School District #138

Middle/High School Lunch

December 2020

Monday	Tuesday	Wednesday	Thursday	Friday
	1 meatball sub steamed green beans fruit choice milk	2 bbq pork on bun curly fries baked beans fruit choice milk	3 chicken fajita toss salad fruit choice chocolate chip cookie milk	4 cheeseburger on bun french fries fruit choice milk
7 chicken&rice bowl steamed broccoli fresh carrots fruit choice milk	8 mozz. bites/sauce steamed green beans fruit choice sugar cookie milk	9 scram.eggsw/cheese biscuit seasoned potatoes fruit choice milk	10 soft beef taco black bean salad fruit choice chocolate chip muffin milk	11 br. chicken on bun french fries fruit choice milk
14 gen tso chicken/rice steamed broccoli fresh carrots fruit choice milk	15 chicken nuggets garlic bread steamed carrots slushie fruit choice milk	16 toast ravioli/sauce steamed green beans fruit choice rice krispy treat milk	17 CHRISTMAS LUNCH! glazed roast chicken bread roll whipped potato/gravy dragon punch juice fruit choice sugar cookie milk	18 cheeseburger on bun french fries baked beans fruit choice milk
21 COOKS CHOICE fruit choice ice cream milk	22 COOKS CHOICE fruit choice milk			

Lunch requirements: 1-2 oz whole grains, 1/2 to 1 cup of fruit, 3/4 to 1 cup of vegetable, 1-2 oz protein and 1 cup of milk

Students must choose at least 3 items, including 1/2 cup fruit or vegetable.

Milk choices include 1% unflavored and fat-free chocolate.

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