



# GOLDEN KNIGHTS SOFTBALL CAMP Spring Training 2022

**DATE & TIME:** April 18<sup>th</sup> – 20<sup>th</sup> 9:00 AM to 12:00 PM

**WHO MAY ATTEND:** All players in grades 3 through 8  
First time, as well as experienced players are all welcome to attend.

**LOCATION:** Northern Valley Regional High School at Old Tappan softball fields (Gym if there is rain)

**STAFF:** Melissa Landeck (*Head Coach - NVOT*)      Matt Doherty (*Assistant Coach - NVOT*)  
Kat Wehmann (*Assistant Coach - NVOT*)      Current & former HS/college players

**WHAT TO BRING:** gloves, bats, helmets, catcher's equipment, cleats AND sneakers (for indoor batting)

**COST:** \$160 Please make checks payable to **Golden Knights Softball Camp** and return to:

Northern Valley Regional High School at Old Tappan  
ATTN: Melissa Landeck  
150 Central Avenue, Old Tappan, New Jersey 07675

**FOCUS:** We will focus on the fundamentals of throwing, catching, hitting, pitching, base running, and position play. Game situations and drills will be used for instruction and practice.

If you have any questions, contact Coach Landeck at: LANDECK@NVNET.ORG

***PLEASE DETACH AND RETURN THIS FORM NO LATER THAN 4/1/22***

CAMPER'S NAME: \_\_\_\_\_ GRADE \_\_\_\_\_ AGE \_\_\_\_\_

PHONE NUMBERS: (home) \_\_\_\_\_ (cell) \_\_\_\_\_

ADDRESS: \_\_\_\_\_ TOWN: \_\_\_\_\_

EMAIL: \_\_\_\_\_ T-SHIRT SIZE: Adult / Youth Small Medium Large

I forever release Golden Knights Volleyball/Softball Camp, coaches, and volunteers from any and all actions, claims, or demands that I, my assignees, heirs, distributes, guardians, next of kin, spouse and legal representatives now have or may have in the future, for injury, death, or property damage, related to my participation in these activities, the negligence or other acts, whether directly connected to these activities or not, and however, caused by any Release, or the condition of the premise where these activities occur, whether or not I am then participating in the activities.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone Number: \_\_\_\_\_