

# Northern Valley Track and



The NVOT track and field program is proud to host its co-ed youth track and field camp at Old Tappan High School on our state of the art track! The camp is designed to teach boys & girls the fundamentals of track & field, as well as flexibility, fitness, speed, and endurance for all sports. Campers will get an opportunity to learn and compete in a full range of track and field events. Campers will get to work and learn from the best that NVOT has to offer and will be able to compete in various events and obstacle courses on a daily basis.

**WEEK 1: JULY 11th- JULY 14th (rain or shine)    WEEK 2: JULY 25<sup>TH</sup>- July 28th (rain or shine)**

**TIME: 9AM-12NOON**

**WHERE: NVOT and FIELD FACILITY  
Drop off in back parking lot.**

**Who Can Attend: All BOYS and GIRLS Entering 2<sup>ND</sup> to 9<sup>TH</sup> GRADE**

- Campers should wear sneakers and should bring a sport drink or water
- For More information contact Peter Dunn at [dunnp@nvnet.org](mailto:dunnp@nvnet.org)

**Camp Director: Peter Dunn**- Head Boys Track Coach Old Tappan HS/Asst. Football Coach.  
**Coaches:** Current members of the track and field coaching staff as well as current and former members of the track and field program.

## Be a Part of the Boys and Girls Old Tappan Track Tradition

<b>Boys Titles</b>	<b>Girls Titles</b>
<i>League</i>	<i>League:</i>
1985, 1986, 1987, 1988, 1989, 2001, 2006, 2007, 2008, 2009, 2010, 2011, 2012, 2014, 2015, 2016, 2019, 2021	1983, 1984, 1988, 1990, 1991, 1992, 1993, 2004, 2005, 2006, 2016, 2018
<i>Bergen County:</i>	<i>Bergen County:</i>
1988, 2003, 2012, 2015, 2019	1984, 1991, 2001, 2003, 2004, 2006
<i>State Sectional:</i>	<i>State Sectional:</i>
1988, 1989, 1994, 1995, 2012, 2014, 2015, 2016, 2018, 2019, 2021	1984, 1985, 2016, 2018
<i>State Group:</i> 2015	
<i>Individual State Champions: 6</i> 2016 4x4, 2018 Pole Vault, 2019 PV (2) 2019 Jav, 2020 Shot Put	<i>Individual State Champions: 1</i> 2013 High Jump

# Northern Valley Track and



# Field Camp



\*\*\*\*\*COMPLETE & MAIL REGISTRATION FORM\*\*\*\*\*

Name(s): \_\_\_\_\_ Grade(s) for Sept. 2022: \_\_\_\_\_  
\_\_\_\_\_

Week(s) July 11-14 \_\_\_\_\_ July 25- Jul 28 \_\_\_\_\_ Both Weeks \_\_\_\_\_

Gender: m \_\_\_ f \_\_\_ email \_\_\_\_\_

Address: \_\_\_\_\_ Phone #: \_\_\_\_\_  
\_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Select T Shirt Size: Youth: Sm \_\_\_ M \_\_\_ L \_\_\_ XL \_\_\_ Adult: SM \_\_\_ M \_\_\_ L \_\_\_ XL \_\_\_

- **Cost** - 1 Week: \$175.00/ 2 weeks: 320.00 (\$30 discount when registering for 2 weeks)
- **Sibling Discount:** \$15 off for each child if more than one child attends the same week
  - (For Example: 2 campers for 1 week=320.00, 2 campers for 2 weeks= \$640.00)
- **Total enclosed: \$ \_\_\_\_\_ (Canceled check will serve as registration confirmation)**
- **All Campers will get 1 NV Track Camp T-Shirt, ice pops, and more!**
- **Venmo- @Peter-Dunn-30**

Make checks payable to **Northern Valley Track & Field Camp** and mailed to:

**Northern Valley Track & Field Camp**  
**380 Grove Street**  
**Oradell, NJ 07649**

**Cancellation Policy:** A full refund will be granted up until July 9<sup>th</sup> and July 23<sup>rd</sup>. After that is a \$50.00 charge.

**Waiver & Release:** I hereby approve of my child's attendance at the Northern Valley Track Camp LLC, and certify that he/she is in good health and able to participate in the program and in all activities. Further, we do hereby waive, release and forever discharge this organization, its staff, representatives, and employees from any claims for damages ensuing from accident, injury to person or loss of personal property during this event, as well as participation in activities or arising from travel to facility. We also authorize the Director and staff to act for me accordingly in their best judgment in any emergency requiring medical attention.

**Signature of Parent/Guardian:** \_\_\_\_\_

**Social Media Waiver and Release:** I hereby approve of the publication via social media of any photos and or videos of my child for the sole purpose of marketing and advertising for Northern Valley Track and Field Camp LLC.

**Signature of Parent/Guardian:** \_\_\_\_\_