

Lamar High School

STUDENT HANDBOOK 2022-2023



LAMAR R-I SCHOOL DISTRICT

BELIEFS: We believe that learning is a continuous lifelong process that starts in the home and is nurtured in the public school system, with this district environment providing positive, safe learning.

MISSION: The Mission of the Lamar R-I School District is to provide quality education for each student that will impact their lives with meaningful purpose and successful direction.

Dear LHS Students and Families,

I am very excited to welcome you to a new year at Lamar High School. I believe that every student can achieve success. It is my goal that we, as a staff, at Lamar High School will provide each student with the tools necessary to help them achieve their dreams.

Included in this handbook, you will find school policies related to graduation requirements, early graduation, attendance, dress code, discipline, and extra/co-curricular activities. More detailed board policies can be found online at the following link:

https://simbli.eboardsolutions.com/SB_ePolicy/SB_PolicyOverview.aspx?S=22&Sch=22

I encourage each student to get involved in school activities and to build positive relationships with peers. I also encourage students to take advantage of our counseling services.

I look forward to working with each of you this year!

*Mrs. Jennifer Beem
Lamar High School Principal*

IMPORTANT CONTACT INFORMATION

District Office	417-682-3527
High School Office	417-682-5571
High School Fax	417-681-0328
LCTC Office	417-682-3384
District Website	www.lamar.k12.mo.us

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Administration and Staff Directory

Superintendent	Dr. Zach Harris
Executive Director of Special Services	Ms. Piper Stewart
High School Principal	Ms. Jennifer Beem
Assistant Principal/Transportation Director	Mr. Jim Weber
Activities Director	Mr. Jared Beshore
LHS Counselors	Ms. Chelsie Griffin, Ms. Afton Marti
LCTC Counselor	Ms. Kelly Heiskell
A+ Coordinator/Homeless Liason	Ms. Chelsie Griffin
Foster Liason/District Test Coordinator	Ms. Afton Marti
Nurse/District Wellness Coordinator	Ms. Diana Ball
LCTC Director	Mr. Brian Gillis

LANGUAGE ARTS

Ms. Ashleigh Compton
Ms. Brooke Redburn
Ms. Holly Willhite
Ms. Jessica McCune

SPEECH & THEATER

Ms. Pam Evitts

FAMILY & CONSUMER SCIENCE

Ms. Jenna Baslee--FACS & Health

SOCIAL SCIENCE

Mr. Sam Goddard
Ms. Alison Denver
Ms. Tiffany Gee

LIBRARY SCIENCE

Ms. Marissa Buzzard

PHYSICAL EDUCATION

Mr. Thad Lundine
Mr. Jared Beshore
Ms. Kim Friend

IN-SCHOOL SUSPENSION

Mr. Scott Gordon

LEC (ALTERNATIVE SCHOOL)

Ms. Erin Eggerman

MATH

Ms. Miranda Blanchard
Ms. Jennifer Ray
Ms. Melissa Fanning

SCIENCE

Ms. Michelle Gaines
Mr. Scott Quinly
Mr. Adam Martin

FINE ARTS

Ms. Anna Strong --Vocal Music
Ms. Becky Payne--Band
Mr. Jim Devine--Band
Ms. Candy Hill--Art

SPECIAL SERVICES

Ms. Krystle Roby--Special Education
Ms. Kristin Whitton--Special Education
Ms. Teresa Shelton--Gifted Education

PARAPROFESSIONALS

Mr. Sam Timmons Ms. Victoria Carter
Ms. Amie Primm Ms. Meagan Neher

CAREER & TECHNICAL ED.

Ms. Darrelle Hill	Business/Marketing
Ms. Carla Chadd	Embedded Language Arts
Mr. Kasey Sheat	Building Trades
Mr. Caleb Russell	Agriculture Science
Mr. Jose Chairez	Automotive Technology
Ms. Haley Williams	Health Occupations
Mr. Ryan Seela	Welding
Mr. Steven Shields	Woods Technology
Mr. Ryan Dickens	Machine Tool Technology
Ms. Kari Worsley	Graphic Design
Mr. Chad Case	Computer Science Technology

School Board Members

Randy Day	Bobby Bronson	Dan Whyman	
Jeremy Fowler	Dr. Justin Ogden	Christy Heins	Brian Griffith

DAILY TIME SCHEDULE

Warning Bell	7:55	1 st Period	7:57-8:46
2 nd Period	8:50-9:39	3 rd Period	9:43-10:32
4 th Period	10:36-11:25	5 th Period	11:29-12:46
6 th Period	12:50-1:39	7 th Period	1:43-2:32
Homeroom	2:36-3:03		

LUNCH SCHEDULE

- (A) 11:29-11:54
- (B) 11:56-12:20
- (C) 12:22-12:46

Odd Class Period Finals

- 1st Period 7:57-9:39
- 3rd Period 9:43-11:25
- 5th **PART 1** 11:29-12:46 (normal lunches)
- 7th Period 12:50-2:32
- Normal Homeroom

Even Class Period Finals

- 2nd Period 7:57-9:39
- 4th Period 9:43-11:25
- 5th **PART 2** 11:29-12:46 (normal lunches)
- 6th Period 12:50-2:32
- Early Dismissal; No Homeroom

2022-2023 LUNCH SCHEDULE

A lunch Period (11:29-11:54)

Baslee
Denver
Gee
Goddard
C. Hill
Strong
Eggerman
D. Hill, Shields, Russell
Sheat, Chairez, Williams
Seela, Dickens, Worsley

B lunch Period (11:56-12:20)

Baldrige
Evitts
McCune
Compton
Redburn
Whitton
Roby

C lunch Period (12:22-12:46)

Ray
Blanchard
Fanning
Willhite
Lundine
Friend
Martin
Quinly
Gaines

VISITORS

Parents or legal guardians are welcome to visit the school at any time. All visitors are required to report to the principal's office to register and to obtain a visitor's pass. Prior appointments should be made for conferencing with administration and teachers. Students with dependents are not allowed to bring their children to school.

DISMISSAL OF SCHOOL/SCHOOL CLOSURE

Dismissal of school and/or school closure will be made by an announcement through an automated message system, posted on the district's webpage and Facebook page; and broadcast over these stations:

Television Stations: KOAM-TV, KODE-TV, and KSNF-TV

Radio Stations: 96.9, 102.5, 92.5, 93.9 and 97.9

The automated message system sends alerts to each parent/guardian phone number and email listed in PowerSchool. *The school should be notified if there is any change in parent/guardian contact information.*

ALTERNATIVE METHOD OF INSTRUCTION (AMI)

Alternative Method of Instruction (AMI) may be utilized for up to 5 days when school is closed due to a health concern, inclement weather, flooding, exceptional emergency circumstances, or other natural disasters.

The goal of the AMI plan is to embed learning activities focused on reinforcement of critical learning standards, enrichment activities, or support for further skill development. Consistent practice and exposure to skills without interruption is the most effective way to ensure student understanding and mastery of content knowledge. These lessons and activities will be delivered through Google Classroom. Parents and students will be notified, as noted above when school closings will result in the use of AMI days.

CHROMEBOOKS/GOOGLE CLASSROOM

Each student will be provided with a chromebook to be used as an educational tool. It is the student's responsibility to take good care of the chromebook and to bring it to school fully charged every day. Teachers will use Google Classroom as an instructional tool where students can access lessons and assignments. In the case of an AMI day, students will be expected to use their chromebook to access and submit daily lessons through Google Classroom. Both parents and students must read and sign the [Device Agreement](#) and [Acceptable Use Form](#) before a chromebook will be issued.

SCHOOL ATTENDANCE

Every parent, guardian or other person in the State having charge, control, or custody of a child between the ages of 7 and 17 years shall cause the child to attend regularly some day school, public, private, parochial or parish, not less than the entire term which the child attends. (Missouri School Law 167.031) Parents or guardians are responsible to notify the school office when a pupil is absent, giving reason for the absence. Students absent due to medical/dental appointments should bring a note from the doctor's office to provide documentation for the absence. Upon return to school, the student must first check in at the Principal's office to clarify absence records and obtain admittance. **Any student arriving at school after classes have started must obtain an admit slip from the office before reporting to class.**

Parents will be notified by mail each if their student reaches 5 absences in any class period during a semester. The parents will again be notified if their student has 7 absences in any class period during a semester making them at-risk of not earning credit for that class. **In addition, students with 6 absences without medical documentation will be reported to juvenile authorities.** Extenuating circumstances such as chronic illness, hospitalizations, etc., could be cause for exception to this policy when a doctor's written statement is presented.

A review by the School Attendance Committee may be requested by the student, parent/guardians, or administration, to examine the specific conditions relating to the individual case and make a decision regarding credit. Absences due to a funeral or a school activity such as a field trip, college visit, or an extra/co-curricular activity will be counted as excused. **If a student is absent more than half of the school day on the day of a school activity, they are not allowed to participate in that school activity without special approval from the principal. This policy is also in effect if a student is absent the day before a school day or weekend field trip/activity.**

MAKE-UP WORK FOLLOWING ABSENCE

It is the **student's responsibility** to request make-up work for any absence on the day they return to school. Students absent from school due to school-sponsored trips should contact teachers to make arrangements for make-up work BEFORE the trip is taken. **Assignments can be accessed through Google Classroom.*

COLLEGE VISITS

All students are allowed four college visits—two as a junior; two as a senior. In addition, grade level field trips will be taken to tour local college campuses. Students must get a permission form from the counseling center prior to their visit in order to excuse their absence.

LEAVING SCHOOL

Students must receive administrative and parent permission before leaving school during the regular school day. Parents/guardians may give permission for their student to check out by sending a note, calling the main office, or by picking them up in person. **Any time a student is absent from school, it will count toward a student's overall attendance regardless of the reason for the absence. Students who are living on their own independently must provide prior documentation of appointments in order to leave school or must be sent home by the school nurse.**

SCHOOL MEALS

The Lamar R-I School provides U.S. Department of Agriculture (USDA) school meal and Smart Snacks in School (Smart Snacks) nutrition standards. Ala carte items will also be available for purchase. ***The Lamar High School operates on a closed campus lunch period which means students may not leave campus for lunch.*** Students who choose to bring their lunch to school should have them individually packed and keep them closed until the proper time to eat lunch. Students are to report to the commons area during their assigned lunch time and are not to leave the commons area until their lunch period is over.

FINALS/FINAL EXEMPTION

Cumulative semester finals will be given in every class on the last day of each semester. A student can earn final exemption based upon their attitude and grades. Exemption cards can be earned for following areas: 1) No discipline referrals and 2) No D/F grades. **Students who have ALL A/A-grades, no discipline referrals, AND less than 3 unexcused absences can earn a SUPER Exemption Card.** A SUPER Exemption Card can be used for exemption in all classes. **AP/Dual credit classes, online classes, and LCTC classes are not eligible for exemption.**

GRADING SCALE

<i>Letter</i>	<i>Percent</i>	<i>Grade Points</i>			
A	96-100	4.000	C-	70-72	1.770
A-	90-95	3.670	D+	67-69	1.330
B+	87-89	3.330	D	63-66	1.000
B	83-86	3.000	D-	60-62	0.670
B-	80-82	2.670	F	0-59	0.000
C+	77-79	2.330	PS	Pass	0.000
C	73-76	2.000	IC	Incomplete	0.000
			NC	No Credit	0.00

WEIGHTED CLASSES

Advanced Placement (AP) and on-campus Dual Credit (DC) classes will earn a one-point weight toward their overall grade point average (GPA). *Note: Colleges usually convert a weighted GPA back to a regular 4.0 scale before determining admissions/scholarship eligibility.*

ACADEMIC LETTER

Students in grades 10-12 who maintain a cumulative GPA of at least 3.5 will be awarded an Academic Letter. Students in grade 9 will receive a provisional letter.

HONOR ROLL SYSTEM

Any student may qualify for honor roll at two different levels. The first level will be a listing of all students obtaining a grade point average for the current grading period of 3.60 or above. Any "C" grade will disqualify the student for the first level. The second level honor roll will be a listing of all students obtaining a grade point average of the current grading period of 3.00 to 3.59. Any "D" or "F" will disqualify the pupil for either honor roll. Also incomplete grades will result in removal from honor roll standing. To qualify for Honor Roll, a student must be enrolled as a full-time student, including at least two (2) classes in the regular comprehensive school. Honor rolls will be established for both 1st Semester and 2nd Semester.

GUIDANCE and TESTING

Students are urged to visit the counseling center and make use of the educational information, career materials, and counseling services available. Appointments to see the counselor may be made in the guidance office before and after school, or between classes. Lamar High School is an ACT testing location for national test dates during the school year. All juniors will be given the ASVAB for free. Students, both virtual and in-person, will be given the required state End of Course (EOC) assessments in the spring. Homeschool students living within the Lamar School District are eligible to participate in state testing.

Missouri Course Access Program (MOCAP)

In accordance with state law, the Lamar R-I School District provides the option to enroll in approved virtual courses. The district may offer virtual courses to students through district staff or by contracting for those services as part of the district-sponsored curriculum. In addition, eligible students may enroll in virtual courses offered through the Missouri Course Access Program (MOCAP). The district will accept all grades and credits earned through district-sponsored virtual instruction (LAUNCH) and MOCAP. Students and families that are interested in virtual coursework should contact their student's school counselor or principal. For further information, see Board Policy IGCD and IGCD-AP(1).

CO-OP

Students enrolled in the CO-OP Career Education Program MUST be employed by the time of enrollment and MUST AVERAGE 10 hours of work per week (.5 credit/1 hour of release time) or 20 hours of work per week (1.0 credit/2 hours of release time). Should a student's employment cease during the semester, he or she must find an alternative job within two weeks, or the student will forfeit the right to leave campus during release time and will be enrolled in an online course.

GRADUATION REQUIREMENTS

Language Arts (LAI, II, & III required)	4 credits
Social Studies	3 credits
American History & pass the MO Constitution Test	
World History	
American Government & pass the US Constitution Test	
Science	3 credits
Math	3 credits
Physical Education	1 credit
Fine Art	1 credit
Health	½ credit
Personal Finance	½ credit
Speech	½ credit
Electives	8½ credits
Total required for graduation	25 credits

EARLY GRADUATION

Candidates for seventh semester graduation must realize that early graduation is a privilege granted by the Lamar R-1 School District and may not automatically be approved by administration and school board. The seventh semester graduate will remain eligible for an academic letter, membership in National Honor Society, scholarship application, and attendance at eighth semester prom and commencement activities. The graduate will be responsible for contacting the high school for information regarding those activities. Because the seventh semester graduate is not in attendance during the eighth semester, outside school activities such as homecoming dances, etc., are not open to the early graduate unless in the company of a current student. Other student privileges, such as standard student use of facilities will be denied early graduates (weight room, etc.). ***Seventh semester graduates will not have an eighth semester class ranking available to them during commencement ceremonies; consequently, they will not be given LHS "Top Ten" Status.***

LIBRARY SERVICES

The school library will be open each day from 7:30 am to 3:15 pm. Pupils may check out/return books before school, after school, and at specific times designated by the classroom teacher. Laptops are also available for checkout to use *in* the library. Students who leave the library with materials without checking them out will not be allowed future use of the library. Students are encouraged to use the library to check out books, to do research work, or to study. Hot spots are also available to check out for a two week period.

STUDENT VALUABLES

Students are cautioned not to bring large amounts of money, and/or valuables to school. **STUDENTS, NOT THE SCHOOL, ARE RESPONSIBLE FOR THEIR PERSONAL PROPERTY.** If it is necessary to bring large amounts of money to school, it may be left in the Principal's office during the school day for safekeeping. During class or organizational sales campaigns, students are particularly cautioned to take special care of their sales items and funds.

SCHOOL LOCKERS

Lockers will be assigned. No locks are provided by the school. Students may bring their own locks as long as they provide the combination or key to the office. The school reserves the right to search lockers at any time and may remove any illicit items designed to obstruct the educational process or create discipline problems. The exterior of the school lockers are not to be decorated unless by Student Council. Students may decorate the inside of lockers as long as they use magnets. No open drink containers are to be placed in school lockers.

DRIVING AND PARKING

Driving a car to school is a privilege. For this privilege the student must show a willingness to comply with all school regulations. **Students who choose to park on school grounds must sign to be a participant in the school's random drug test pool.** All vehicles must be properly registered in the office and display the proper school parking permit. Students are not to move or be in automobiles/vehicles during the school day without permission from school officials. Any vehicle on the school grounds may be subject to search at any time. Students are to park in designated student parking areas. Students who refuse to adhere to parking regulations will be disciplined in accordance with Board policy.

HIGH SCHOOL DANCE GUIDELINES

1. Any students enrolled in grades 9-12 at Lamar High School that have signed the district's drug testing policy are welcome to attend regular high school dances. Lamar students must have signed the District Drug Testing Policy to attend any school dance.
2. To attend Prom students must be enrolled in grades 11 or 12 at Lamar High School. Students enrolled in grades 9 and 10 at Lamar High School may attend Prom as a guest only.
3. Guests who are going to attend a dance sponsored by Lamar High School or any of its organizations must be signed up on the guest list no later than 12:00 P.M. two school days prior to the dance. All guests must meet the requirement listed below. The guest list will be reviewed and approved by the High School Principal.
 - Guest must be a current high school student or high school graduate under the age of 21 unless approved by administration. All special requests must be made to administration no less than one week prior to the dance.
 - Guest must provide a legal photo identification or student ID to be admitted.
 - No student, who after dropping out of school or being permanently suspended from school during the current school year, will be allowed to attend a school sponsored dance.
4. All students must sign in upon arrival to the dance and must sign out before leaving the dance. This is done to verify arrival and departure times in case parents want to know.
5. Students and guests will be expected to dress modestly and follow all dress code policies set forth by the student dress code. Students are responsible to ensure that their guests understand and follow these policies.
6. All who attend must adhere to the following dance guidelines.
 - Participants must dance face to face with their partners at all times.
 - Any behavior or movement deemed to be of sexual nature will not be permitted.
7. Any person leaving the dance will not be permitted to re-enter the dance.
8. The administration reserves the right to remove any person from the premises at any time.
9. A student or guest believed to be under the influence of an illegal substance, intoxicated, having the smell of alcohol on them, or having possession of alcohol will result in being removed from the dance. Both parents and law enforcement will be contacted. The school and its administration reserve the right to administer a Breathalyzer test.
10. The doors will be closed one hour before the end of the dance with no admittance after that time.
11. All non-driving students should make advance transportation arrangements to be picked up by the end of the dance.

TRANSPORTATION FOR ANY SCHOOL SPONSORED ACTIVITY

Students will be required to use transportation provided by the school district to and from the designated activity. Students may be released to their parent (only) following the activity if prior communication through the sponsor and principal is made. The regulation is a safety precaution and should be considered a benefit to our students. All activity buses will be sponsored by an adult and regular bus rules will be followed.

RULES AND REGULATIONS GOVERNING TRANSPORTATION OF STUDENTS

Transportation for Lamar R-1 School District is part of the school day. Student behavior and expectations are the same as in any other school setting. Bus drivers are members of the staff and have the same responsibility concerning students as other school staff.

The major goal of transportation is safety. Student goals, which will ultimately lead to safety, are respect for others, orderly loading and unloading of the bus, and using good manners at all times.

SCHOOL BUS RULES

1. The school furnishes transportation for those pupils who live one mile or more from the school building. (Except areas specifically approved by the Board of Education or the Transportation DESE.)
2. The driver is in charge of all students and the bus. Students will obey the driver promptly and cheerfully or forfeit riding privileges.
3. Students must be on time. The bus cannot wait beyond its regular schedule for those who are tardy.
4. Students may only be transported to their own residence, except upon written instructions from the parents. All requests are to be initialed by the student's principal.
5. Students are not permitted to leave the bus until they arrive at their destination, except upon written instructions for the principal or parents. All requests are to be initialed by the student's principal.
6. All bus routes are carefully laid out and approximate time schedules established. They are approved by the Board of Education and the State Department of Education and no deviations are to be made from these routes and schedules.
7. Request for additional passengers on bus routes will be held to emergency situations only.

STUDENT DISCIPLINE/TIGER CODE OF CONDUCT

The Tiger Code of Conduct is designed to foster student responsibility, respect for the rights of others, and to ensure the orderly operation of our school. This code includes, but is not necessarily limited to, acts of students on school grounds, parking lots, school buses, or at a school activity whether on or off school property.

Students have no expectation of privacy in lockers, desks, chromebooks/computers, or other district-provided equipment or areas. The district will conduct periodic and unannounced administrative searches of lockers, chromebooks/computers, and other district-provided equipment. Additional searches of bags, purses, coats, electronic devices, other personal possessions and cars may occur in accordance with law. Canine searches of school lockers and the general facilities may occur throughout the year on a random basis.

Students wishing to participate in extracurricular activities must sign to be a participant in the school's random drug test pool. The full Drug Testing Policy can be found on the school webpage at <http://www.lamar.k12.mo.us/drugpolicy2011-12.pdf>.

GOOD SPORTSMANSHIP

All Lamar High School students shall encourage and display good sportsmanship at all school activities. Good sportsmanship means that no negative comments or gestures can be made toward any official or participant. Any student spectator who refuses to conduct himself/herself in an acceptable manner at school activities may, at the discretion of the administration or Board of Education, be asked to leave and may possibly be barred from further attending any other school activity for a period of one year.

TELEPHONE CALLS

All calls made by students must be made through the office. Students will be called to the office if their incoming call is an emergency. Other calls or messages will be taken and forwarded to the student. Students are to make outgoing calls from the office only. Parents are encouraged to refrain from calling or texting a student's cell phone during school hours as this could cause problems for the student resulting in disciplinary action.

DRESS CODE

Student general appearance must be clean, modest, and appropriate for the school setting, avoiding extremes. Specific guidelines in some areas are listed below, however any clothing or personal appearance that is disruptive to the educational process or is deemed to be inappropriate for the school setting will not be allowed. The final decision as to what is acceptable lies with the administration.

1. **Shorts and skirts should be no shorter than mid-thigh (both when standing and sitting). All tank tops must have straps measuring at least two inches wide.** Shirts with cut-off sleeves are not allowed. No undergarments are to be visible at any time. All clothing should be free from holes that expose areas that the dress code requires to be covered. No skin is to be visible between tops and bottoms. Tops that expose cleavage are not to be worn.
2. Practice attire should also be appropriate for the school setting. Students may not wear any less during practice than what would be allowed during competition of that sport. Shirts must be worn; and all undergarments must be covered.
3. Unacceptable attire would include T-shirts, etc., which promote cigarettes, alcohol, sex, or other actions which are considered inappropriate in an education facility.
4. Footwear shall be worn at all times.
5. **No blankets of any kind should be worn or carried around the building during the school day.**
6. Hair should be clean and well groomed: not of nuisance to the education process. Students who participate in athletics or other school activities are subject to their coach or sponsor's requirements for grooming.
7. Body piercing shall not present a safety risk or create a disturbance of the educational process. If, upon the administration's judgment, the appearance is detrimental to the learning environment, an adjustment, covering, or removal will be expected.

TIGER CODE VIOLATIONS AND CONSEQUENCES

The following table shows the consequences for Tiger Code Violations. The full Tiger Code of Conduct is described following the table. Most minor offenses will be handled by the classroom teacher. More severe offenses will be dealt with by administration. Administration may use any steps in the sequence of handling disciplinary problems; or choose other consequences as deemed necessary to ensure the safety of all students. When necessary, law enforcement and juvenile officers will also be notified.

*Students assigned to ISS may not leave school early to attend extra/co-curricular events.

**Students who are assigned OSS are not allowed to attend or participate in any extracurricular school activity until after the entire suspension time has been served. If a school closure occurs during a student's suspension, remaining suspension days will resume when school is back in session.

*** Any no show for a detention will result in ISS.

Code Violation	Consequence for 1st Offense	Consequence for 2 nd Offense	Consequence for Multiple Offenses
Classroom Disruption	Detention	ISS, parent contact	ISS, Saturday School, parents contacted
Tardies—4th and subsequent	4th and 5th tardies-Detention for each	6th Tardy-2 Detentions in the same week	7th and subsequent tardies--ISS; possible juvenile referral. Every 5th tardy in one class equates to an absence in that class.
Dress Code Violation	Change into appropriate clothing	1 day ISS, parents contacted	Additional days ISS, parents contacted
Cell Phone Violation	Detention, phone sent to office for the day	1 day ISS, Phone kept in office for the day for parent to pick up	Additional days ISS, phone kept in office for parent to pick up
Possession of Pocket Knives (not as a weapon)	Confiscation; parents contacted to pick up the pocket knife	Confiscation and 1 day ISS, parents contacted to pick up	Confiscation and additional days ISS, parents contacted to pick up
Academic Dishonesty–Cheating with intent to claim someone else’s work as your own	Zero on the assignment and 1 day ISS, parents contacted	Zero on the assignment and additional days ISS, parents contacted; ineligible for academic recognition	Zero on the assignment and additional days ISS, parents contacted; ineligible for academic recognition
Vehicle Misuse, Bus Violation	Loss of driving/bus privileges, subject to additional discipline consequences based on offense; parents contacted	Loss of driving/bus privileges, subject to additional discipline consequences based on offense; parents contacted	Loss of driving/bus privileges, s Tiger subject to additional discipline consequences based on offense; parents contacted
Truancy, leaving without permission	1 day ISS, parents contacted	2 days ISS, parents contacted, loss of privileges	Up to 10 days OSS, parents contacted
Gambling, False Alarm	1 day ISS, parents contacted	2 days ISS, parents contacted	Up to 10 days OSS, parents contacted
Technology Misconduct	1 day ISS, parents contacted	2 days ISS, loss of technology use, parents contacted	Up to 10 days OSS, loss of technology use, parents contacted
Defiance, Disrespect, Noncompliance	1 day ISS, parents contacted	2 days ISS, parents contacted	Up to 3 days Saturday Schools, Up to 10 days OSS, parents contacted
Teasing, Taunting	1 day ISS, parents contacted	2 days ISS, parents contacted	Up to 10 days OSS, parents contacted
Public Display of Affection	1 day ISS; parents contacted; possible OSS	3 days ISS, parents contacted; possible OSS	Up to 10 days OSS, parents contacted
Horseplay/Inappropriate Physical Contact	1 day ISS; parents contacted; possible OSS	3 days ISS, parents contacted; possible OSS	Up to 10 days OSS, parents contacted
Tobacco/Electronic Cigarettes/Vapes	Confiscation of material and 3 days OSS, parents contacted; juvenile referral	Confiscation of material and 5 days OSS, parents contacted; juvenile referral	Confiscation of material and up to 10 days OSS, parents contacted; juvenile referral
Possession of Drugs or Alcohol; Under the Influence	Confiscation of substance/material; 5 days OSS, parents and law enforcement contacted	Confiscation of substance/material; 10 days OSS, parents and law enforcement contacted	Confiscation of substance/material and possible expulsion by superintendent; parents and law enforcement contacted
Sexting; Possession of Violent/Sexually Explicit Material	Confiscation of material; 3 days ISS; parents contacted; possible OSS	Confiscation of material; 5 days ISS, parents contacted; possible OSS	Confiscation of material and up to 10 days OSS, parents contacted
Incendiary Devices	1 day ISS; parents contacted; possible OSS	3 days ISS, parents contacted; possible OSS	Up to 10 days OSS, parents contacted
Harassment, Extortion, Hazing	3 days ISS; parents contacted; possible OSS	5 days ISS, parents contacted; possible OSS	Up to 10 days OSS, parents contacted
Verbal Assault, Bullying/Cyber Bullying	3 days ISS; parents contacted; possible OSS	5 days ISS; parents contacted; possible OSS	Up to 10 days OSS, parents contacted
Fighting, Assault	3 days OSS; parents contacted	5 days OSS; parents contacted	Up to 10 days OSS, parents contacted
Sexual Activity	3 days OSS; parents contacted	5 days OSS; parents contacted	Up to 10 days OSS, parents contacted
Stealing, Theft	Parents contacted; restitution and up to 10 days ISS/OSS; or restitution and expulsion by superintendent		
Vandalism, Property Damage, Unauthorized Entry, Arson	Parents contacted; restitution and up to 10 days ISS/OSS; or restitution and expulsion by superintendent		
Threat/Weapons/ Intent to Harm	Parents and law enforcement contacted; Up to 10 days OSS or expulsion by superintendent		

Academic Dishonesty – Cheating on tests, assignments, projects or similar activities; plagiarism; claiming credit for another person's work; fabrication of facts, sources or other supporting material; unauthorized collaboration; facilitating academic dishonesty; and other misconduct related to academics.

Arson – Starting or attempting to start a fire, or causing or attempting to cause an explosion.

Assault

1. Hitting, striking and/or attempting to cause injury to another person; placing a person in reasonable apprehension of imminent physical injury; physically injuring another person.
2. Attempting to kill or cause serious physical injury to another; killing or causing serious physical injury to another.

Automobile/Vehicle Misuse – Uncourteous or unsafe driving on or around district property, unregistered parking, failure to move vehicle at the request of school officials, failure to follow directions given by school officials or failure to follow established rules for parking or driving on district property.

Bullying and Cyberbullying (see Board policy JFCF) – Intimidation or harassment of a student or multiple students perpetuated by individuals or groups. Bullying includes, but is not limited to: physical actions, including violence, gestures, theft, or damaging property; oral or written taunts, including name-calling, put-downs, extortion, or threats; threats of retaliation for reporting such acts; sending or posting harmful or cruel text or images using the Internet or other digital communication devices; sending or posting materials that threaten or raise concerns about violence against others, suicide or self-harm. Students will not be disciplined for speech in situations where the speech is protected by law.

Disrespectful or Disruptive Conduct or Speech (see Board policy AC if illegal harassment or discrimination is involved) – Verbal, written, pictorial or symbolic language or gesture that is directed at any person that is in violation of district policy or is otherwise rude, vulgar, defiant, considered inappropriate in educational settings or that materially and substantially disrupts classroom work, school activities or school functions. Students will not be disciplined for speech in situations where it is protected by law.

Drugs/Alcohol (see Board policies JFCH and JHCD)

1. Possession, sale, purchase or distribution of any over-the-counter drug, herbal preparation or imitation drug or herbal preparation.
2. Possession of or attendance while under the influence of or soon after consuming any unauthorized prescription drug, alcohol, narcotic substance, unauthorized inhalants, counterfeit drugs, imitation controlled substances or drug-related paraphernalia, including controlled substances and illegal drugs defined as substances identified under schedules I, II, III, IV or V in section 202(c) of the Controlled Substances Act.
3. Sale, purchase or distribution of any prescription drug, alcohol, narcotic substance, unauthorized inhalants, counterfeit drugs, imitation controlled substances or drug-related paraphernalia, including controlled substances and illegal drugs defined as substances identified under schedules I, II, III, IV or V in section 202(c) of the Controlled Substances Act.

Extortion – Threatening or intimidating any person for the purpose of obtaining money or anything of value.

Failure to Meet Conditions of Suspension, Expulsion or Other Disciplinary Consequences – Violating the conditions of a suspension, expulsion or other disciplinary consequence including, but not limited to, participating in or attending any district-sponsored activity or being on or near district property or the location where a district activity is held. See the section of this regulation titled, "Conditions of Suspension, Expulsion and Other Disciplinary Consequences."

As required by law, when the district considers suspending a student for an additional period of time or expelling a student for being on or within 1,000 feet of district property during a suspension, consideration shall be given to whether the student poses a threat to the safety of any child or school employee and whether the student's presence is disruptive to the educational process or undermines

the effectiveness of the district's discipline policy.

False Alarms (see also "Threats or Verbal Assault") – Tampering with emergency equipment, setting off false alarms, making false reports; communicating a threat or false report for the purpose of frightening or disturbing people, disrupting the educational environment or causing the evacuation or closure of district property.

Fighting (see also, "Assault") – Mutual combat in which both parties have contributed to the conflict either verbally or by physical action.

Gambling – Betting on an uncertain outcome, regardless of stakes; engaging in any game of chance or activity in which something of real or symbolic value may be won or lost. Gambling includes, but is not limited to, betting on outcomes of activities, assignments, contests and games.

Harassment, including Sexual Harassment (see Board policy AC)

1. Use of material of a sexual nature or unwelcome verbal, written or symbolic language based on gender, race, color, religion, sex, national origin, ancestry, disability or any other characteristic protected by law. Examples of illegal harassment include, but are not limited to, racial jokes or comments; requests for sexual favors and other unwelcome sexual advances; graffiti; name calling; or threatening, intimidating or hostile acts based on a protected characteristic.
2. Unwelcome physical contact of a sexual nature or that is based on gender, race, color, religion, sex, national origin, ancestry, disability or any other characteristic protected by law. Examples include, but are not limited to, touching or fondling of the genital areas, breasts or undergarments, regardless of whether the touching occurred through or under clothing; or pushing or fighting based on protected characteristics.

Hazing (see Board policy JFCF) – Any activity that a reasonable person believes would negatively impact the mental or physical health or safety of a student or put the student in a ridiculous, humiliating, stressful or disconcerting position for the purposes of initiation, affiliation, admission, membership or maintenance of membership in any group, class, organization, club or athletic team including, but not limited to, a grade level, student organization or district-sponsored activity. Hazing may occur even when all students involved are willing participants.

Incendiary Devices or Fireworks – Possessing, displaying or using matches, lighters or other devices used to start fires unless required as part of an educational exercise and supervised by district staff; possessing or using fireworks.

Nuisance Items – Possession or use of toys, games, MP3 players and other electronic devices (other than mobile phones) that are not authorized for educational purposes.

Public Display of Affection – Physical contact that is inappropriate for the school setting including, but not limited to, kissing and groping.

Sexting and/or Possession of Sexually Explicit, Vulgar or Violent Material – Students may not possess or display, electronically or otherwise, sexually explicit, vulgar or violent material including, but not limited to, pornography or depictions of nudity, violence or explicit death or injury. This prohibition does not apply to curricular material that has been approved by district staff for its educational value. Students will not be disciplined for speech in situations where it is protected by law.

Sexual Activity – Acts of sex or simulated acts of sex including, but not limited to, intercourse or oral or manual stimulation.

Technology Misconduct (see Board policies EHB and KKB and procedure EHB-AP)

1. Attempting, regardless of success, to: gain unauthorized access to a technology system or information; use district technology to connect to other systems in evasion of the physical limitations of the remote system; copy district files without authorization; interfere with the ability of others to utilize district technology; secure a higher level of privilege without authorization; introduce computer viruses, hacking tools, or other disruptive/destructive programs onto or using district technology; or evade or disable a filtering/blocking device.
- 2.
3. Using, displaying or turning on cell phones, or any other electronic communication devices during instructional class time are not allowed unless the teacher has authorized use for a class activity. **These devices ARE allowed during a student's assigned lunch period. Parents are encouraged to contact the school office if they need to reach children**

rather than calling or texting a student during the school day.

Theft – Theft, attempted theft or knowing possession of stolen property.

Threats or Verbal Assault – Verbal, written, pictorial or symbolic language or gestures that create a reasonable fear of physical injury or property damage.

Tobacco or Electronic Cigarettes

1. Possession of any tobacco products or electronic cigarettes on district property, district transportation or at any district activity.
2. Use of any tobacco products or electronic cigarettes on district property, district transportation or at any district activity.

Tuancy or Tardiness (see Board policy JED and procedures JED-AP1 and JED-AP2) – Absence from school without the knowledge and consent of parents/guardians and the school administration; excessive non-justifiable absences, even with the consent of parents/guardians; arriving after the expected time class or school begins, as determined by the district.

Unauthorized Entry – Entering or assisting any other person to enter a district facility, office, locker, or other area that is locked or not open to the general public; entering or assisting any other person to enter a district facility through an unauthorized entrance; assisting unauthorized persons to enter a district facility through any entrance.

Vandalism (see Board policy ECA) – Willful damage or the attempt to cause damage to real or personal property belonging to the district, staff or students.

Weapons (see Board policy JFCJ)

1. Possession or use of any weapon as defined in Board policy, other than those defined in 18 U.S.C. § 921, 18 U.S.C. § 930(g)(2) or § 571.010, RSMo.
2. Possession or use of a firearm as defined in 18 U.S.C. § 921 or any instrument or device defined in § 571.010, RSMo., or any instrument or device defined as a dangerous weapon in 18 U.S.C. § 930(g)(2).
3. Possession or use of ammunition or a component of a weapon.

HEALTH SERVICES

The Lamar High School Health Services Program promotes the health of its students and staff by providing a safe and healthy environment through the delivery of health services. Parents have the basic responsibility for the health of their children; however, since the parents cannot protect their student while in the school environment, they must delegate some of this responsibility to the school. Therefore, it is very important that parents fill out the Health Information Form every year and keep the school nurse informed of any changes in the student's health status.

ILLNESS AND ACCIDENTS

If a student becomes ill or is injured at school, every attempt will be made to notify the parent/guardian. If the parent/guardian cannot be reached, the student's emergency contact will be notified. It is very important that two emergency phone numbers be provided for your student and that these numbers are kept up-to-date. In the event of an emergent illness or injury, first aid will be given and emergency medical personnel (911) will be called. The parent/guardian will also be notified. The Lamar R-1 district will not be financially responsible for subsequent treatment or costs incurred as a result of transporting the student to a medical facility.

A student who has a fever of 100 degrees (F) or higher will be sent home.

Reporting and disease outbreak control measures will be implemented in accordance with state and local law, DHSS rules governing the control of communicable diseases and other diseases dangerous to public health, and any applicable rules distributed by the appropriate county or city health department. (Refer to School Board Policy EBB)

In the event of a MRSA (Methicillin-Resistant Staphylococcus Aureus) infection, the student will be excluded from school if a draining sore(s) is present and the sore cannot be completely covered and the bandage kept dry while at school. Any student with a draining sore who

participates in a contact sport will be asked to refrain from that sport until the drainage has stopped. A student with suspicion of a MRSA infection will be referred to his/her licensed health care provider for evaluation.

MEDICATION

- Parents will authorize school personnel to give medication by completing the “Medication Authorization Form” available from the health office or main office. No medication (prescription or over-the-counter) will be given at school without this form completed by the parent. Tylenol, and ibuprofen are kept as stock medication in the health office and can be given with a parent/guardian signature on the student’s Health Information Form (form completed at the beginning of each school year).
- Prescription medication shall be in the original pharmacy-labeled container (Pharmacies will issue a “school bottle” for this purpose). Over-the-counter medications must be in the original labeled box, bottle, etc. NO medication will be accepted in baggies, envelopes, or punch cards.
- No more than a 4-week supply of medication is to be brought to school at any given time.
- For the safety of students, ALL medication is to be brought to the health office. Students are NOT to carry or keep medication with them, in a bag/purse, or in their locker, unless prior arrangements have been made with the school nurse (ie: life-saving emergency medication such as asthma rescue inhalers or Epi-pens). In the event a student has permission (from school nurse, parent, and licensed health care provider) to carry medication, under no circumstance is the medication to be shared with another student. In this instance, the student will be reported to the building administrator and proper action will be taken.
- The first dose of a new medication will not be administered at school by school personnel.
- The parent/guardian must assume responsibility for informing health office personnel of any change in the student’s health or medication dosage.

SUICIDE AWARENESS AND PREVENTION see Board Policy JHDF)

The mental health of the students at LHS is of utmost importance to teachers and staff. Counselors use the Missouri Department of Mental Health’s program, Ask Listen Refer, or a similar program, in order to train all sophomores and freshmen regarding warning signs and prevention of suicide. They also utilize a program during September, which is Suicide Prevention Month, to further encourage identification of at-risk students. Also, LHS sponsors a "Celebrate YOU Day" wherein students take part in numerous workshops geared toward mental health awareness.

TRAUMA INFORMED

Pursuant to Missouri Senate Bill 638, Section 161.1050, the Missouri Department of Elementary and Secondary Education (DESE) has established the “Trauma-Informed Schools Initiative.” <https://dese.mo.gov/traumainformed>

For the purposes of this initiative, the following terms are defined as follows:

1. “Trauma-informed approach” - an approach that involves understanding and responding to the symptoms of chronic interpersonal trauma and traumatic stress across the lifespan
2. “Trauma-informed school” - a school that:
 - a. realizes the widespread impact of trauma and understands potential paths for recovery
 - b. recognizes the signs and symptoms of trauma in students, teachers and staff
 - c. responds by fully integrating knowledge about trauma into its policies, procedures and practices; and

- d. seeks to actively resist re-traumatization

The implementation of a trauma-informed approach is an ongoing organizational change process. A “trauma-informed approach” is not a program model that can be implemented and then simply monitored by a fidelity checklist. Rather, it is a profound paradigm shift in knowledge, perspective, attitudes and skills that continues to deepen and unfold over time. Some leaders in the field are beginning to talk about a “continuum” of implementation, where organizations move through stages. The continuum begins with becoming trauma aware and moves to trauma sensitive to responsive to being fully trauma informed.

STUDENTS RIGHTS AND RESPONSIBILITIES

The Board of Education believes that students have rights, which should be recognized and respected. It also believes that every right carries with it certain responsibilities. Among these student rights and responsibilities are the following:

- ❖ The right to attend free public schools; the responsibility to attend school regularly and to observe school policies, rules and regulations deemed essential for permitting others to learn at school.
- ❖ The right to a quality education is the responsibility, to put forth the best efforts during educational process.
- ❖ Civil rights—including the rights to equal educational opportunity and Freedom from discrimination: the responsibility not to discriminate against others.
- ❖ The right to free inquiry and expression is the responsibility, to observe reasonable rules and regulations regarding these rights.
- ❖ The right to due process of law with respect to suspensions, expulsion, and decisions, which the student believes injure his rights.
- ❖ The right to privacy, which includes privacy in respect to the student’s school records.

DUE PROCESS

Section 167.171, RSMo. provides for the following rights:

1. The right to notice of charges.
2. If the charges are denied, the right to an explanation of the facts supporting the charges.
3. The right to present the student’s own version of the incident.
4. The right to a hearing before the Board if the suspension imposed is to last more than 10 days.
5. The right to reinstatement pending a Board hearing unless, in the judgment of the superintendent, the student’s presence poses a “continuing danger to persons or property or an ongoing threat of disrupting the academic process”.

STANDARD COMPLAINT RESOLUTION PROCEDURE FOR IMPROVING AMERICA'S SCHOOLS

This complaint resolution procedure applies to all programs administered by the Department of Elementary and Secondary Education under the ESSA (2015): Every Student Succeeds Act (ESSA).

This information can be found on-line at

http://sd.ss18.sharpschool.com/UserFiles/Servers/Server_183431/File/Our%20District/District%20Office/ESSA%20Complaint%20Procedures.pdf

A complaint is a formal allegation that a specific federal or state law or regulation has been violated, misapplied, or misinterpreted by school district personnel or by Department of Education personnel. Any parent or guardian, surrogate parent, teacher, administrator, school board member, or other person directly involved with an activity, program or project operated under the general supervision of the Department may file a complaint. Such a complaint must be in writing and signed: it will provide specific details of the situation and indicate the law or regulation that is allegedly being violated, misapplied or misinterpreted. The written, signed complaint must be filed and the resolution pursued in accordance with local district policy.

If the issue cannot be resolved at the local level, the complainant may file a complaint with the Missouri Department of Education. If there is no evidence that the parties have attempted in good faith to resolve the complaint at the local level, the Department may require the parties to do so and may provide technical assistance to facilitate such resolution. Any person directly affected by the actions of the Department may file a similarly written complaint if they believe state or federal laws or regulations have been violated, misapplied, or misinterpreted by the Department itself. Anyone wishing more information about the procedure or how complaints are resolved may contact local district or Department personnel.

Formal Procedures:

1. Students, accompanied by parents, may present discrimination complaints in writing to the school Principal. Student and parent or legal guardian must sign written complaints. Written complaints must include the following information: date of filing, description of alleged grievances, and the names of the school staff involved.
2. Upon receipt of the formal complaint the principal will:
 - a. Forward copies of the complaint to the superintendent of schools.
 - b. Make a decision and notify the student, parents, and superintendent of schools of that decision no later than ten (10) school days following the filing of the formal complaint
3. Students and parents or legal guardians may appeal the decision of the building principal to the superintendent of schools. The parents and students may arrange a conference with the superintendent at their earliest convenience. Parents and students must appear together and present their written report of the decision of the building principal. Notification of the action taken by the superintendent will be given in writing to the students, parents, and principal within five (5) school days of this conference.
4. Students and parents may appeal the decision of the superintendent to the Board of Education by notifying the superintendent of their intent and by appearing before the Board of Education at the next regularly scheduled or special called meeting. The hearing before the Board of Education may be conducted in executive session upon the request of either the Board or the complaining parents and students.

NOTICE OF RIGHTS FOR DISABLED STUDENTS AND THEIR PARENTS UNDER 504 OF THE REHABILITATION ACT OF 1973

The Rehabilitation Act of 1973, commonly known in the schools as "Section 504", is a federal law passed by the United States Congress with the purpose of prohibiting discrimination against disabled persons who may participate in, or receive benefits from, programs receiving federal financial assistance. In the public schools specifically, 504 applies to ensure that eligible disabled students are provided with educational benefits and opportunities equal to those provided to non-disabled. Under 504, a student is considered "disabled" if he or she suffers from a physical or mental impairment that substantially limits one or more of their major life activities, such as learning, walking, seeing, hearing, breathing, working, and performing manual tasks. Section 504 also applies to students with a record of having a substantially-limiting impairments, or who are regarded as being disabled even if they are truly not disabled. Students can be considered disabled, and can receive services under 504, even if they do not qualify for, or receive, special education services. The purpose of this Notice is to inform parents and students of the rights granted them under 504. The federal regulations that implement 504 are found at Title 34, Part 104 of the Code of Federal Regulations (CFR) and entitles parents of eligible students, and the students themselves, to the following rights:

1. You have a right to be informed about your rights under 504. (34 CFR 104.32) The School District must provide you with written notice of your rights under 504 (this document represents written notice of rights as required under 504). If you need further explanation or clarification of any of the rights described in this Notice, contact appropriate staff persons at the District's 504 Office and they will assist you in understanding your rights.
2. Under 504, your child has the right to an appropriate education designed to meet his or her educational needs as adequately as the needs of non-disabled students are met (34 CFR 104.33).
3. Your child has the right to free educational services, with the exception of certain costs normally also paid by the parents of non-disabled students. Insurance companies and other similar third parties are not relieved of any existing obligations to provide or pay for services to a student that becomes eligible for services under 504 (34 CFR 104.33).
4. To the maximum extent appropriate, your child has the right to be educated with children who are not disabled. Your child will be placed and educated in regular classes, unless the District demonstrates that his or her educational needs cannot be adequately met in the regular classroom, even with the use of supplementary aids and services (34 CFR 104).
5. Your child has the right to services, facilities, and activities comparable to those provided to non-disabled students (34CFR 104.34).
6. The School District must undertake an evaluation of your child prior to determining his or her appropriate educational placement or program of services under 504, and also before every subsequent significant change in placement (34 CFR 104.25).

PROCEDURE FOR STUDENTS CLAIMING DISCRIMINATION ON THE BASIS OF RACE, SEX, CREED, COLOR OR NATIONAL ANCESTRY

The Lamar R-I School District, in compliance with Title IX of the Education Amendments of 1972, has implemented the following procedure for students claiming discrimination on the basis of race, sex, creed, color or national ancestry.

Informal Procedures:

1. Verbal communications of alleged discrimination shall be made directly to the teacher, or other school employee directly involved.
2. Unresolved complaints may be taken directly to the appropriate building administrator after a reasonable time.
3. Complaints not resolved in the informal stages may be presented as formal charges.

FAMILY EDUCATIONAL RIGHTS AND PRIVACY ACT (FERPA)

Parents and students who are 18 have the right to inspect, review and seek amendment to education records by notifying the registrar. If records are to be revised, they are to be reviewed and proposed changes must be approved by the building administrator.

Directory information for Lamar High School will include the student's name, telephone number and address and will be released to all who request this information. Parents may request and sign a form to be obtained from the registrar to opt out of having this information released. The district must release the names, addresses and telephone numbers of secondary students to recruiters from the military or from institutions of higher education that request them unless parents have specifically notified the district not to do so. Under the No Child Left Behind Act, the parent must make an additional request that the district not release this information to recruiters.

PROTECTION OF PUPIL RIGHTS AMENDMENT (PPRA)

The district will require students to participate in surveys pertaining to any of the topics listed in board policy JHDA. Parents have the right to inspect these surveys prior to administration. If the survey is funded in whole or in part by a program of the U.S. Department of Education the district must have affirmative consent from the parent before the student can participate.

Parents may notify the District Health Coordinator if they choose for their student to opt out of any non-emergency, invasive physical exam or screening administered by the district or agent of the district, not necessary to protect the immediate health or safety of the student, and required as a condition of attendance. This notice does not apply to hearing, vision or scoliosis screenings or any physical exam or screening permitted under state law.

Parents have the right to inspect instructional material used as part of the curriculum.

PUBLIC NOTICE

All responsible public agencies are required to locate, evaluate, and identify children with disabilities who are under the jurisdiction of the agency, regardless of the severity of the disability, including children attending private schools, children who live outside the district but are attending a private school within the district, highly mobile children, such as migrant and homeless children, children who are wards of the state, and children who are suspected of having a disability and in need of special education even though they are advancing from grade to grade. The Lamar R-I School District assures that it will provide a free, appropriate public education (FAPE) to all eligible children with disabilities between the ages of 3 and 21 under its jurisdiction. Disabilities include autism, deaf/blindness, emotional disorders, hearing impairment and deafness, intellectual disability, multiple disabilities, orthopedic impairment, other health impairments, specific learning disabilities, speech or language impairment, traumatic brain injury, visual impairment/blindness and young child with a developmental delay.

The Lamar R-I School District assures that it will provide information and referral services necessary to assist the State in the implementation of early intervention services for infants and toddlers eligible for the Missouri First Steps program.

The Lamar R-I School District assures that personally identifiable information collected, used, or maintained by the agency for the purposes of identification, evaluation, placement or provision of FAPE of children with disabilities may be inspected and/or reviewed by their parents/guardians. Parents/guardians may request amendment to the educational record if the parent/guardian believes the record is inaccurate, misleading, or violates the privacy or other rights of their child. Parents have the right to file complaints with the U.S. Department of Education or the Missouri Department of Elementary and Secondary Education concerning alleged failures by the district to meet the requirements of the Family Educational Rights and Privacy Act (FERPA).

The Lamar R-I School District has developed a Local Compliance Plan for the implementation of State Regulations for the Individuals with Disabilities Education Act (IDEA). This plan contains the agency's policies and procedures regarding storage, disclosure to third parties, retention and destruction of personally identifiable information and the agency's assurances that services are provided in compliance with the General Education Provision Act (GEPA). This plan may be reviewed at the Board Office, M-F from 8:30 – 3:00.

This notice will be provided in native languages as appropriate.

Lamar High School Extra/Co-Curricular Activities and Athletics Handbook

[MSHSAA Handbook](#)

SPONSORS OF EXTRA/CO-CURRICULAR ACTIVITIES

Athletic/Activities Director.....	Jared Beshore
District Wellness Coordinator	Diana Ball
Academic Team/Scholar Bowl.....	Teresa Shelton/Jessica McCune
Archery.....	Kim Friend
Art Club.....	Candy Hill
Band.....	Becky Payne
Concessions	Julie Whyman
FBLA.....	Darrelle Hill
Drama Club	Pam Evitts
Fishing	Scott Quinly
NFL (Forensics/Debate).....	Pam Evitts
FCA.....	Rhonda Schipull
FCCLA.....	Jenna Baslee
FFA.....	Caleb Russell
Hi Step.....	Diana Ball/Jessica McCune
National Honor Society.....	Jennifer Ray
Science Club.....	Michelle Gaines
Choir.....	Anna Strong
Student Council.....	Melissa Fanning/Jenna Baslee
Skills USA.....	Kelly Heiskell
Prom	Candy Hill

Class Sponsors

Freshman (Class of 2026): Jessica McCune

(Freshmen students will work Girls Basketball games to earn money for their class fund which will be used for class activities such as prom and graduation.)

Teacher Team: McCune, Quinly, Gee, Blanchard, Payne, New PE Teacher, Lundine, Roby, Griffin

Sophomore (Class of 2025): Alison Denver

(Sophomore students will work Boys Basketball games to earn money for their class fund which will be used for class activities such as prom and graduation.)

Teacher Team: New LAII Teacher, Martin, Denver, Ray, Baldrige, Strong, Evitts, Devine, Griffin

Junior (Class of 2024): Sam Goddard

(Junior students will work Football games to earn money for their class fund which will be used for class activities such as prom and graduation.)

Teacher Team: New LAIII Teacher, Gaines, Goddard, Fanning, C.Hill, Baslee, Beshore, Whitton, Marti

Senior (Class of 2023): Holly Willhite

(Senior students will work Volleyball games if money is still needed for their class fund which will be used for class activities and graduation expenses.)

Teacher Team: Willhite, Buzzard, Marti

COACHES

FALL SPORTS

FOOTBALL

Jared Beshore	Head Coach
Thad Lundine	Assistant HC
Chris Wilkerson	Def. Coord.
Scott Quinly	Assistant
Eddie Long	Assistant
Heath Heckadon	Assistant
Adam Martin	Middle School
Ryan Walker	Middle School
Dale Sanders	Middle School
Iver Johnson	Middle School

TENNIS

David Ferlo	Head Coach
Kori O'Sullivan	Assistant

WINTER SPORTS

BOYS BASKETBALL

Heath Heckadon	Head Coach
Sam Timmons	Assistant
OPEN	9th Grade
Andrea Fast	Middle School
Eddie Long	Middle School

CHEERLEADERS

Vashti Stevenson	Middle School
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SPRING SPORTS

BASEBALL

Thad Lundine	Head Coach
Brandon Castle	Assistant
OPEN	Assistant

TRACK

Rodney Baldrige	HS Boys Coach
Adam Martin	HS Assistant
Luke Hardman	HS Assistant
OPEN	HS Assistant
OPEN	HS Assistant

VOLLEYBALL

Chelsie Griffin	Head Coach
Marissa Buzzard	Assistant
Hallee Doss	Middle School
Derek Judd	Middle School

CROSS COUNTRY

Rodney Baldrige	Head Coach
Brandon Castel	Middle School

GIRLS GOLF

Erin Eggerman	Head Coach
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GIRLS BASKETBALL

Derek Judd	Head Coach
Darcy Reed	Assistant
OPEN	9th Grade
David Ferlo	Middle School
Amie Cook	Middle School

Head Coach

Camren Arias-Contreras

GOLF

Scott Quinly	Head Coach
OPEN	Assistant

SOFTBALL

Ryan Walker	Head Coach
Amie Cook	Assistant

Diane Riegel	MS Head Coach
Ricky Fast	MS Assistant
Shelby Johnson	MS Assistant
OPEN	MS Assistant

STUDENT ACTIVITIES BELIEF STATEMENT

The Board of Education believes that student activities sponsored by the Lamar R-I School are a vital part of the total educational program and should be used as a means of developing wholesome attitudes and good human relations, as well as knowledge and skills. The board further recognizes that not all of the district's goals and objectives can be met in formal classroom study. Therefore, the district's extracurricular/co-curricular activities programs will provide opportunities for student participation in activities designed to meet leisure, recreational, social and emotional interests and needs.

OBJECTIVES: Through participation in extra/co-curricular activities the student will develop and improve:

1. Teamwork and Sportsmanship
2. Self-esteem
3. Respect for self and others
4. Physical and emotional skills
5. Citizenship
6. Responsibility and Integrity

EXTRA-CURRICULAR ACTIVITIES

Extracurricular activities will be those organized and supervised activities conducted under the auspices of the school district, which primarily involve students in activities occurring outside academic class time for which no units of credit are awarded. These activities shall provide for individual, small group and/or student body participation. *Extracurricular activities are not part of the regular school curriculum, are not graded, do not offer credit, and do not take place during regular classroom time.*

The following are to be considered extracurricular activities:

1. Organized activities, which are part of interscholastic athletics
2. Academic competitions
3. Cheerleading activities
4. Student government and its related activities and organizations
5. Special interest clubs

CO-CURRICULAR ACTIVITIES

Co-curricular activities will be *defined by any class that includes outside performance based participation as part of a cumulative grade.* Co-curricular activities are those programs that have all of the following characteristics:

1. The program is supervised and financed by the school district.
2. Students participating in the program represent the school district.
3. The program includes both preparation for performance; and performance before an audience or spectators.
4. Co-curricular activities are programs that may be associated with the curriculum in a regular classroom.

SCHEDULING CONFLICTS BETWEEN EXTRA/CO-CURRICULAR EVENTS

In the event that a student has a scheduling conflict between two school activities, the following listing will be followed to determine which activity will take precedence, without penalty to the student. If a student chooses not to follow the guidelines, the student will be considered unexcused from the performance/event. Events at the top of the list take priority over events lower on the list.

- National Level Performances/Competitions
- State Level Performances/Competitions
- Regional/Sectional Level Performances/Competitions
- Local Level Competitions
- Local Level Performances

If two events are at the same level, the directors and coaches should meet to discuss where the individual student is needed most. Administration will have the final decision, if necessary.

Academic and Behavioral Eligibility for Co-curricular Participation

1. Any student ineligible to compete by MSHSAA guidelines will not be allowed to enroll in a co-curricular based class, unless the teacher and administration allow an exception.
2. Students reporting one F will be placed on "Probation" status. During this probationary period, students will be responsible for working to improve grades and reporting to coaches/directors and administrators on a weekly basis until grades improve.
3. Students reporting a failing grade in the same class for two weeks in a row on weekly grade checks will be deemed ineligible to participate or compete until grades improve.
4. Students reported with unacceptable behavior two weeks in a row will be ineligible to participate.
5. When a student becomes ineligible, they will not be excused from school to attend any co-curricular activity.

All extra-curricular and co-curricular activities will be under the direction of the administration and athletic/activities director, followed by activity sponsors.

CLUBS AND ORGANIZATIONS

Any student that is a member or officer of an organization/club shall comply with all rules and regulations of the Lamar R-I School Board; and all rules/regulations of the organization/club as established by the advisor and/or school administrator. Any violation may result in removal from the office and/or organization/club as determined by the school administrator and/or advisor.

ACADEMIC TEAM/SCHOLAR BOWL: Membership to Academic Team is open to all high school students, freshmen through seniors. Members must demonstrate a general knowledge of all core subjects. The competitive season runs from mid October to April. A Varsity team and a JV team compete at most tournaments and meets. Students may qualify for letters. Academic Team/Scholar's Bowl is a MSHSAA activity.

ARCHERY: Participation in the Archery Team is open to all high school students. The Archery Team participates in the National Archery in the Schools Program (NASP) which promotes instruction in international-style target archery as part of in-school curriculum, to improve educational performance and participation in the shooting sports.

ART CLUB: The purpose of Art Club is to promote and encourage the arts and art classes at Lamar High School and to encourage art students to develop their individual art talents. Membership is made up of those who wish to pursue their interest in art and who wish to participate in artistic endeavors.

BAND: The Lamar High School band functions as both a marching and a concert organization. The band performs for all home football games, various parades in Lamar and surrounding areas, and concerts/assemblies throughout the year. Included in the band are several smaller ensembles.

CHOIR: The high school mixed chorus is a performing vocal group usually comprised of both boys and girls who study singing various types of music using from three to eight harmonic parts. They perform for assemblies, concerts and contests. Small ensembles of selected voices also sing for various civic organizations and at contests.

DRAMA CLUB: This organization is open to any student interested in theater. Members and their sponsor are responsible for on-stage and off-stage productions representing Lamar High School in the school, community, and at contest.

FBLA – Future Business Leaders of America: This is an active national organization for students enrolled in a business course or courses and have an interest in the field of business. Students plan activities based upon the four goals of FBLA and participate in regional, district, and state contests.

FCA– Fellowship of Christian Athletes: This student-led organization meets weekly before school and is involved in several activities. During meetings, students lead devotions, sing songs and perform dramas. Student participation is not limited to athletes.

FCCLA – Family, Career, and Community Leaders of America: FCCLA is a nonprofit national vocational student organization for young men and women in family and consumer sciences education in public school through grade 12. Chapter projects focus on a variety of youth concerns, including teen pregnancy, parenting, family relationships, substance abuse, peer pressure, environment, nutrition and fitness, teen violence and career exploration. Involvement in FCCLA offers members the opportunity to expand their leadership potential and develop skills for life – planning, goal setting, problem solving, decision-making and interpersonal communication – necessary in the home and workplace.

FISHING TEAM: Description will be added later.

FFA – Future Farmers of America: The FFA is an organization of students enrolled in agriculture classes. Activities provide leadership skills, public speaking and many individual awards. FFA makes a positive difference in the lives of students by developing their potential for premier leadership, personal growth and career success through agricultural education.

Hi-Step: Hi-Step is a group which focuses on making positive life choices and making a positive impact through one's actions. This group is dedicated to preventing destructive decisions, particularly underage drinking, other drug use, impaired driving, teen violence, teen depression and suicide. The group also strives to provide students with the best prevention and intervention tools possible to deal with the issues of underage drinking, other drug use, impaired driving and other destructive decisions.

NFL – National Forensic League: The National Forensic League is an honor society for high school speech students, and our students are encouraged to work for membership in this league and then toward advanced degrees. Members participate in invitational, district, state, and national forensics tournaments.

NHS – National Honor Society: All juniors and seniors with a 3.75 cumulative grade point average are eligible for membership in NHS. Eligible students submit membership applications and final selection is made by a faculty committee. Students are admitted based on the four qualities of scholarship, leadership, character and service. The group also maintains a campus-wide recycling program.

NTHS - National Technical Honor Society: The National Technical Honor Society is an educational non-profit that exists to honor, recognize, and empower students and teachers in Career & Technical Education. As the honor society for Career & Technical Education, Officers are elected at the beginning of the school year. Students interested must meet the acceptance criteria of NTHS. The induction ceremony is held in conjunction with the LCTC Awards Ceremony in the Spring.

SkillsUSA: SkillsUSA is open to students enrolled in Career Education Classes, Carpentry, Precision Machining, Computer Science, Auto Tech, Welding, Graphic Design, and Health Occupations. Meetings are held on a monthly basis and as needed. Officers are elected at the beginning of the school year. District and State Leadership conferences scheduled in the fall of the year allow the students to implement leadership skills, community service, and encourage the student to improve their skills in the vocation in which they are enrolled. In the spring students can compete in district, state, and national contests.

STUDENT COUNCIL: The purpose of the Lamar High School Student Council is to represent the student body, promote leadership, and lead in activities of the school. The sponsor and members are traditionally responsible for activities such as: promoting school spirit, special assemblies/activities, football homecoming parades, homecoming coronations, dances, class elections, food drives, and blood drives. Representatives and Class Officers for the Lamar High School Student Council are elected in the spring for the upcoming year. Students in grades 8, 9, 10, and 11 vote for these officers. Elected Student Council officers and class representatives must abide by the LHS Student Council Constitution.

QUALIFICATIONS FOR A VARSITY LETTER

ACADEMIC TEAM

1. Varsity participation in 80% of all activities.
2. Provisional – participation in 60% of all activities.

ACADEMICS

1. 3.5 Cumulative GPA
2. No incidents of cheating/plagiarism during this school year

ARCHERY

1. 1. Archers must average a score of 265 or higher at 6 of the 7 tournaments
2. 2. Archers must complete the season in good standing with the school and the coaches.
3. 3. Provisional– Archers must average a score of 255 or higher at 6 of the 7 tournaments and complete the season in good standing with the school and coaches.

BAND

1. Must have an A in band the previous semester
2. Receive a II or better in a solo or ensemble at districts

BASEBALL

1. Individuals must participate in at least half of the total varsity innings played and make a significant contribution to the team.
2. Individuals must complete the season in good standing with the school and the coach, with the exception of disabling injury.
3. A provisional letter is awarded for participation in half the minimum innings required for a varsity letter.

BOYS BASKETBALL

1. Individuals must participate in at least half of the total varsity quarters played by the team.
2. Individuals must complete the season in good standing with the school and the coach, with the exception of disabling injury.
3. Provisional letters are awarded for participation in half the minimum quarters required for a varsity letter.

BOYS TRACK

1. Individuals must earn ten (10) points or more for the season or place in the conference or the district meet providing there is one more contestant than places awarded.
2. Individuals must follow the rules of the track program.
3. Individuals must work during the season for self-improvement.
4. A provisional letter is awarded when the participant works during the season for performance improvement, follows all rules of the track program with workout each day and completes the season in good standing.
5. All letters are awarded on the basis of being in good standing with the school and the coach, with the exception of disabling injury.

CHEER

"L" is awarded if they participate in at least 90% of all practices and games and be in good standing with the school and coaches.

CHOIR

1. Accepted to district honor choir
2. Receive a II or better on a solo or ensemble at district.

CROSS COUNTRY

1. Score 15 points on the point system.
2. Be a varsity runner in at least 70% of the meets.
3. Run as a varsity runner in districts or state.
4. If an athlete is not able to letter due to injury the coach may give the athlete a letter if they feel the athlete would have lettered under normal circumstances.

DRAMA

- To be determined by the Drama Team Coach and Activities Director, criteria will be provided prior to competition/tryouts.

FOOTBALL

1. Individual must play a minimum of twenty quarters out of a possible forty quarters
2. Individual must play a minimum of ten quarters and up to nineteen quarters for a provisional letter.
3. Individual who is hurt during the first five games but has been a starter or played the maximum number of quarters will letter.
4. Individual must complete the season in good standing, with exception of injury as stated above.

FORENSICS

- To be determined by the Forensics Coach and Activities Director, criteria will be provided prior to competition.

GIRLS BASKETBALL

1. Individuals must participate in at least half of the total varsity quarters played by the team, while the player is an active member of the team.
2. Individuals must complete the season in good standing with the school and the coach, with the exception of disabling injury.
3. Provisional letters are awarded for participation in half of the minimum quarters necessary for varsity letter.

GIRLS TRACK

1. Individuals must earn ten (10) points or more for the season or place in the conference or the district meet providing there is one more contestant than places awarded.
2. Individuals must follow the rules of the track program.
3. Individuals must work during the season for self-improvement.
4. A provisional letter is awarded when a participant works during the season for performance improvement, follows all rules of the track program with workout each day and completes the season in good standing.
5. Individuals must complete the season in good standing with the school and the coach, with exception of disabling injury.

GOLF

1. Individuals must participate in at least half the varsity meets, as a varsity player.
2. Individuals must complete the season in good standing with the school and the coach with the exception of disabling injury.
3. A provisional letter will be issued if the player participates in at least two varsity meets.

SOFTBALL

1. Individuals must participate in at least half of the total varsity innings played and make a significant contribution to the team.
2. Individuals must complete the season in good standing with the school and the coach, with the exception of disabling injury.
3. A provisional letter is awarded for participation in half the minimum innings required for a varsity letter.

SWIMMING

1. Score twice the amount of points as meets you participate in.
2. Must participate in 80% of the meets.
3. If an athlete is not able to letter due to injury the coach may give the athlete a letter if they feel the athlete would have lettered under normal circumstances.
4. Must be in good standing with the school and coach, with exception to injury.

TENNIS

1. Participant must compete in at least half of the varsity matches or place in the conference or district contests.
2. Provisional letters may be awarded to participants who compete in three varsity meets.
3. Participant must complete the season in good standing, with exception of disabling injury.

VOLLEYBALL

1. Individuals must participate in at least half of the total varsity games played by the team, while the player is an active member of the team.
2. Individuals must complete the season in good standing with the school and the coach, with the exception of disabling injury.
3. Provisional letters are awarded for participation in half of the minimum game necessary for varsity letter.
3. Receive a II or better on a solo or ensemble at district.

ELIGIBILITY REQUIREMENTS FOR STUDENTS TO PARTICIPATE IN MSHSAA ACTIVITIES

1. Student must be creditable high school citizen.
2. Student cannot be 19 years old before July 1 preceding the opening of school.
3. Student cannot have graduated from a four-year high school.
4. Student cannot have competed in four seasons of a particular sport.
5. Student cannot have attended eight semesters of high school.
6. Student must have entered school within the first 11 days of the semester.
7. Student must be enrolled in courses offering two units of credit. (This normally is four courses.)
8. Student must have earned 3 units of credit the previous semester.
9. Student cannot have played sports under a false name.
10. Student cannot commit an unsportsmanlike act while attending or participating in a high school activity.

ACADEMIC PROGRESS

A student must be enrolled and attending Lamar High School before he/she becomes eligible to participate in extracurricular activities. Any student who participates in activities must have passed six (6) solid classes the preceding semester and must be doing satisfactory work in the courses in which he/she is presently enrolled. Participants' grades will be checked weekly. Any student with deficient grades must raise all grades to passing level within two weeks or the student will be ineligible to compete. When the deficiency has been corrected the student will become eligible to compete immediately. *Each head coach may have additional policies for their team which will be presented in writing and communicated to parents and players at the beginning of the season.*

MSHSAA CITIZENSHIP REQUIREMENTS

Citizenship Requirements: Students who represent a school in interscholastic activities must be creditable citizens and judged so by the proper authority. Those students whose character or conduct is such as to reflect discredit upon themselves or their schools are not considered "creditable citizens." Conduct shall be satisfactory in accord with the standards of good discipline.

Law Enforcement: A student who commits an act for which charges may be or have been filed by law enforcement authorities under any municipal ordinance, misdemeanor or felony statute shall not be eligible until all proceedings with the legal system have been concluded and any penalty (i.e. jail time, fine, court cost, etc.) or special condition of probation (i.e. restitution, community service, counseling, etc.) has been satisfied. If law enforcement authorities determine that charges will not be filed, eligibility will be contingent upon local school policies. Moving traffic offenses shall not affect eligibility, unless they involve drugs, alcohol, or injuries to others. After a student has completed all court appearances and penalties, and has satisfied all special conditions of probation and remains under general probation only, local school authorities shall determine eligibility.

Local School:

- a. A student who violates a local school policy is ineligible until completion of the prescribed school penalties.
- b. The eligibility of a student who is serving detention or in-school suspension shall be determined by local school authorities.
- c. A student shall not be considered eligible while serving an out-of-school suspension.
- d. A student who is expelled or who withdraws from school because of disciplinary measures shall not be considered eligible for 365 days from the date of expulsion or withdrawal.
- e. If a student misses class(es) without being excused by the principal, the student shall not be considered eligible on that date. Further, the student cannot be certified

- eligible to participate on any subsequent date until the student attends a full day of classes.
- f. Each individual school has the authority to set more restrictive citizenship standards and shall have the authority and responsibility to judge its students under those standards.
 - g. Each school shall diligently and completely investigate any issue that could affect student eligibility.
 - h. *Each head coach may have additional policies for their team which will be presented in writing and communicated to parents and players at the beginning of the season.*

STUDENT RESPONSIBILITY: Each student is responsible to notify the school of any and all situations that would affect his/her eligibility under the above standards. If the student does not notify the school of the situation prior to the school's discovery, then the student shall be ineligible for up to 365 days from discovery, pending review by the Board of Directors.

ALCOHOL AND DRUG POLICY

1. Any use/possession of alcohol or drugs, which has resulted in legal action, will follow these guidelines:
 - a. 1st Offense – Suspension from participation in all extracurricular activities for a minimum of 30% of the regular season and 3 hours mandatory counseling.
 - b. 2nd Offense – Suspension from participation in all extracurricular activities for a minimum of 50% of the regular season, 5 hours mandatory counseling, and 5 hours community service.
 - c. 3rd Offense – Dismissal and revocation of eligibility for all extracurricular activities for a period of 365 days. The student may re-apply to the administration for reinstatement of eligibility one year from the date of revocation.
2. Sponsors may assign minimum disciplinary action, which will be considered on an individual basis.
3. Student's participation in practice session and events after school hours during extracurricular suspension will be decided by the head coach/sponsor.
4. Any of the offenses above will be carried over from year to year for the remainder of the athlete's high school career.
5. Any student athlete who occurs problems pertaining to drug use, theft, vandalism, and weapons will fall under the jurisdiction of the student handbook and or drug testing policy.

PHYSICAL EXAMS AND INSURANCE (MSHSAA)

The school shall require each student participating in athletics and/or marching band to provide a physician's certificate stating he or she is physically able to participate in athletic and/or band contests of his or her school. A student shall not be permitted to practice or compete for a school until it has verification that he/she has basic insurance coverage.

LAMAR POLICY

No student will practice, receive equipment, or participate in any way until physical form is on file in the activities director's office.

CONDITIONING STANDARD (MSHSAA)

Each squad must have 14 days of practice on 14 different days and each individual must have participated in 14 practices on 14 different days prior to the first game in which a student participates, except when a student has been a member of another school sports squad immediately preceding and has had 14 days conditioning.

DEFINITION OF PRACTICE (MSHSAA)

Any attempt of a coach or teacher to teach any phase of a game or activity to any squad or part of a squad or to have any squad or part of a squad engage in drills under the supervision of a coach, or from directions provided by the coach, involving what has already been taught. So-called "skill drills", "orientation meetings", etc. are considered practices.

PRACTICES (MSHSAA)

Lamar sports teams will not practice before the date established by the state, listed in the yearly bulletin published by MSHSAA.

PRACTICE ON OTHER THAN SCHOOL DAYS

Practices on days other than school days must be approved by the head coach of the respective sport and administration. There will be no mandatory practices after 6:30 p.m. on Wednesday or Sunday evenings. Open gym practice may be held on Sunday afternoon. If a student has a reasonable conflict, he/she must notify the coach ahead of time concerning the conflict.

Participants and/or their parents have the following appeals process if they perceive any practice on days other than school days to be unreasonable: (1) Head Coach, (2) Athletic Director, (3) Principal, (4) Superintendent, (5) Board of Education.

USE OF GYM

Before regular season practice, the gym may be open to all students to work out as long as there is a teacher present and no other team is practicing. However, no organized practice of any kind under the direction of a coach is permitted until the date set by the state.

MAXIMUM NUMBER OF CONTESTS

Lamar High School and Middle School comply with MSHSAA standards.

QUITTING A SPORT

Any athlete who quits a sport during the first 1/3 of regular season can be let out of a sport with no penalty if the coach and player have a meeting instigated by the player to discuss what is in the best interest of the athlete. The athlete will not be penalized in any way for practice for another sport until the dates set by MSHSAA. Any athlete who quits after the first 1/3 of the regular season will not be allowed to work out or practice for another sport until the end of that current sport season.

CHEERLEADING

Eligibility, rules and discipline are the same as any other participating athlete. All cheerleaders are selected by a panel of judges, after trying out and giving an evaluated performance. Any student who meets the qualifications may be a candidate by requesting an application from the sponsor. A parent or guardian must sign the form and it must be returned to the sponsor before the deadline established and published by the Principal's office. The sponsor will select the panel members who will make their decision from the criteria submitted by the sponsor.

Transportation for the cheerleaders will be provided by the school. Attendance at home games, away games, and tournaments are required (or by discretion of sponsor). The requirement for school attendance on the day of the game is the same as for athletes.

Cheerleaders have fund-raising projects to provide money for summer camp and certain uniform articles. Other items for the selected uniform are to be provided by the individual cheerleader.

Dual Sport Participation Policy Lamar School District

Rationale

Lamar school district seeks to provide quality extra-curricular athletic opportunities for its students. Some students have talents and abilities which they have a desire to contribute to more than one team in a particular athletic season, and both of these teams can benefit. Some activities may struggle with low numbers, and this can boost participation in those sports. However, the sport must have at least four primary athletes to make a team.

Students Participating In Two Extra-curricular Sports Activities During The Same Season

1. Students are allowed to participate in two extra-curricular sports activities during the same season. Students wishing to participate in two sports during the same season will need to obtain a request form from the athletic director and follow the guidelines set down by the athletic department involving dual sport participation.
2. Students are not allowed to participate in "open gyms" or other non-school competitions in another sport, on the same day they are participating in a school-sponsored extra-curricular activity. Special permission from the head coach of the sport in which they are currently participating and the athletic director could be granted.

Rules Of Dual-Sports Participation

1. A student who wishes to participate in two sports during the same season must designate a primary sport before the beginning of the first appointed date of practice set by MSHSAA for the season of participation.
2. A primary sport is defined as the sport which takes precedence over another sport in the event there is a conflict of schedule or any other matter that could lead to a conflict. The student must adhere to the primary sport in the event of any and all conflicts of schedule. If one sport has a contest and the other has practice, the contest will take precedence.
3. The student must practice in both sports but the amount of practice time must meet the agreed requirements of the head coaches of those sports involved.
4. Approval may be denied because of academic concerns at any time during the sport season. The athlete then will participate in the primary sport only.
5. The student and parents or legal guardians, must sign a contract of dual-sport participation before the first practice session he or she attends.
6. In the event that a student is disciplined for any infraction in a specific sport, the consequence will also be applied to the second sport in the season of dual participation. For example-Student A is suspended 30% of a season for drug use. That suspension is to be served for both the primary sport and non-primary sport.
7. The High School Athletic Director will serve in the capacity of advisors and final judgments on matters concerning dual-sports participation.

END OF SEASON/YEAR CHECK-IN

All athletes must have turned in all uniforms and equipment on or before the dates set by the head coach before participating in any other athletic program. Spring sport coaches must have all uniforms and equipment checked in and put away within one week after the last contest. It should not be left up to the office staff to collect uniforms. This is the responsibility of each head coach.

ATTENDANCE ON DAY OF GAME/ACTIVITY

If a student is absent for more than a half day (4 periods) on the day of the activity, the students will not be allowed to participate in the school activity unless they receive special prior approval from the principal. Parents or students must make an effort to receive the necessary approval from the principal as soon as the need for the absence is known.

TRANSPORTATION FOR SCHOOL EVENTS

Students are expected to ride school provided transportation both to and from school events, unless special *advance* arrangements have been made. All special arrangements must be approved by the principal in writing, prior to the event.

1. In cases where special arrangements have been made for a student to ride home with a parent, parents must sign their child out through the head coach.
2. Only members of teams or activity groups will be permitted to ride the bus unless special permission is obtained from the administration.
3. Food and drink are allowed on the bus, only with permission from the coach/sponsor. Students are responsible for cleaning up after themselves.

SPORTSMANSHIP

Coaches are to take whatever means necessary to ensure good sportsmanship on their team and between coaches and officials. We are very concerned about maintaining a favorable reputation in sportsmanship for our students and school.

1. Coaches are expected to take appropriate action in cases of unsportsmanlike behavior even though officials may not do so.
2. If a coach receives a special report of technical, he/she will be expected to reply in writing to the office as to why it was necessary to receive the ruling. The office has to explain to MSHSAA every time such a report comes in and must assure them it will not happen again. (As you can see, this becomes increasingly difficult after the first time.)
3. Coaches are to inform their players that fans who are unnecessarily abusive towards officials or other teams will be asked to leave the gym or field both at home and away, and their admission will be refunded.