

OUR GOAL:

Prioritize social, emotional, and physical well-being of staff to ensure that every member is capable of maintaining a healthy work/ life balance.

WHEN WE SUCCEED in 2025:

- Our staff survey will reflect an increase in positive perceptions of schools’ cultures, climates, and abilities to innovate and improve overall wellness.
- The number of teachers retained will increase each year for the next 5 years..
- Staff will report a sense of feeling valued, appreciated, and recognized for their accomplishments.



WHY THIS MATTERS: An invaluable component in both retaining our staff and in pushing them to persist professionally is to provide them with tools to better manage the emotional and physical demands of career and life.

INITIAL IDEAS AND ACTIONS:

- Provide a digital and interactive wellness platform where staff can engage in self directed healthy practices.
- Foster opportunities for staff groups to share and explore health and wellness.
- PD/PLS trainings on Mindfulness, Anxiety, and other Mental Health topics and available supports
- Use the Governance protocol to develop norms and expectations for a variety of operational responsibilities.

Timeline and Next Steps

- Research/Discovery
- Transition Period
- Implementing

SY 2019-2020
(July - December)

SY 2019-2020
(January - June)

SY 2020-2021

SY 2021-2022

Ignite your passion.
Nurture your potential.
Embrace your future.