

August 2022

Dear Parent/Guardian,

We are thrilled to be back serving your child for the 2022-23 school year! To kick off the new year, we wanted to share a few things you and your child can look forward to when it comes to mealtime and get an inside look at the new recipes, concepts, and programs we'll be introducing this fall.

Student ID cards will be required. Elementary school students will be issued cards that will stay at school. MS and HS students will use their district ID cards.

Board Approved Prices for 2022-23 school year :

	<i>Breakfast</i>	<i>Base Lunch</i>	<i>Milk</i>
Elementary Schools :	\$2.25	\$3.10	\$.75
Middle Schools	\$2.50	\$3.30	\$.75
High School	\$2.65	\$3.35	\$.75

Online payments can be made at www.myschoolbucks.com if you are new to the district you can set up an account on that website.

Ala Carte Items will also be available (with the exception of Deans and Dayton) for students to purchase approved snacks and drinks. Funds must be in students' accounts. Deposits can be made via my schoolbucks or you may send a check or cash in an envelope with your child's name and ID number for our cashiers to deposit.

What is a lunch? A lunch is composed of 5 components , meat/ meat alternate, grain, fruit, vegetable and milk. A complete meal consists of 3 of the 5 components , one of which must be a fruit or vegetable. If the students choose not to take 3 components or a fruit or vegetable, lunch will be sold at ala carte prices. We will encourage the students to take the fruit and/or vegetable

Programs that Encourage Fun and Discovery

Chartwells continues to inspire healthy eating habits and spark a culinary curiosity to last a lifetime through fun and engaging programs.

- **Mood Boost:** This innovative program helps elementary and middle school students connect what they eat with how they feel. It features recipes and characters that focus on six moods: Smart, Happy, Confident, Alert, Strong and Calm.
- **Student Choice:** Giving middle and high school students a voice in deciding what food concepts are featured and new menu items that will be available, Student Choice brings the latest food trends to school menus.
- **Discovery Kitchen:** Focusing on themed new menu items for the students to sample and experience.

Menus, Nutrition Facts, at Your Fingertips

Through Nutrislice, an innovative app, students, parents and faculty have access to school menus, including nutrition information, allergens and photos. Nutrislice can be downloaded for free from the App store (iOS) or Google Play (Android) and is available on desktop and mobile devices. Menus are also available at <https://sbschools.nutrislice.com/>

Through sharing our passion for great tasting food, instilling a desire for food discovery, and most importantly, providing nourishing meals, we're excited to continue serving up happy and healthy to your children in the year ahead.

Should you have any questions, please don't hesitate to reach out to us.

Maureen Cahill
Maureen.cahill@sbschools.org