

South Brunswick High School
750 Ridge Road
Monmouth Junction, NJ 08852

Dear Parents/Guardians,

The 2022 - 2023 school year is upon us, and we are so excited to welcome over 2,800 students to our great school this September! For some, it will be their first time entering our building; for others, they already call SBHS their home. Regardless, we want everyone to know that our staff looks forward to teaching, supporting, mentoring, and challenging all students to be their best and to experience success in as many different ways as possible.

As you know, we have high expectations and expect students to do well academically while learning to balance all the responsibilities that come with being a teenager. We also believe that along with learning and earning exemplary grades, students' social-emotional well-being is crucial to their overall success and experiences as high school students.

Our staff has been working hard this summer to prepare our building for our opening in September. Some have been writing curricula, while others have been researching the best practices to engage and motivate students. We have staff supervising students, while others are sanitizing and creating a healthy and safe environment for all. We have staff teaching very motivated students in the Summer Institute, while others are providing some wonderful students with remedial instruction in our summer school program. We have been hosting summer programs that connect students with staff through instruction and fun/entertaining activities. All the while, some of our teachers and coaches have been hosting sports and music camps. Within each of these programs and tasks, the end goals always focus on student success and a sense of belonging at SBHS.

Entering my 11th year as principal, I continue to believe in our Viking winning formula:

Knowledgeable, Challenging, and Creative teachers +
Eager, Curious, and Motivated students +
Supportive, Engaged, and Encouraging Parents =
Student Success

Last year, I used a quotation from Oprah Winfrey that really resonated with me. She said, "Doing the best at this moment puts you in the best place for the next moment." This is a positive message for all of us to ponder and plan accordingly. Let's hope that COVID and the pandemic are in our rear-view mirrors. However, we also need to be able to pivot if circumstances warrant it. We must live in the "now" and look forward to the next day and the next opportunity to do something great.

To all of our students and families, please know that our incredible staff is motivated to connect and interact with each and every one of you. We are looking forward to building and nurturing relationships and supporting students so that they may excel and flourish. Collectively, let us decide to do our "best at this moment," knowing that our Viking Community believes in our winning formula that will lead to incredible student success.

Together, let's make 2022-2023 a great school year!

Regards,



Peter Varela
Principal
South Brunswick High School