

COUNSELING AGENCIES / PROVIDERS

*low cost, free and/or sliding scale

Associates in Counseling & Psychotherapy, Inc. 1520 Rock Run Dr., Suite 22
Crest Hill, IL 60403
815-730-8900

Bremen Youth Services*
15350 S. Oak Park Ave.
Oak forest, IL 60452
708-687-9200
www.bremenyouthservices.com

Cottage Clinic Counseling, Inc.
115 Mooney Dr., Suite 2
Bourbonnais, IL 60914
815-935-8133

Eastern Will County Mental Health*
44 Towne Center
University Park
815-727-8521

Family Counseling Agency*
62 W. Washington St.
Joliet, IL 60423
708-672-8817
815-722-4384

Family Counseling Agency of Will and Grundy Counties*
1395 C Main St.
Crete, IL 60417
815-722-4384

Frankfort Counseling Associates
22 E. Colorado Ave.
Frankfort, IL 60423
Phone 815-469.6480
www.frankfortcounselingassociates.com

Governor's State University (Family Counseling Only)*
(708)534-4545

Olive Branch Counseling
5320 W. 159th Street, Suite 400, Oak Forest, IL
(708) 687-3479
Accepting most insurance, Medicare, sliding scale.

Personal Solutions Counseling

20855 S. Lagrange Rd.

Suite 202

Frankfort, Illinois 60423

(815) 806-9300

Issues: Addiction, Anxiety, Chronic Pain, Depression, Emotional Disturbance, Life Coaching, Relationships,, Self-Harm, Substance Abuse, Weight Loss, Anger Management, Bipolar Disorder Coping Skills, Eating Disorders, Grief, Obesity, Self Esteem, Spirituality, Trauma and PTSD, Mood Disorders, Psychosis, Personality Disorders, Sexuality: Gay Issues, Lesbian Issues
Client Focus: Adolescents –Adults

South Side Christian Counseling Center*

16547 S. Oak Park Ave

Tinley Park, IL 60477

708-633-9003

The Sykes Group, Ltd.

Play Therapy

822 Infantry Dr. , Suite 103

Joliet, IL 60435

815-823-8460

www.sykes-group.com

The Therapy Center

6006 W. 159th Street, Suite 2

Orland Park, IL 60462

(708)-460-2111

Turning Point Counseling

19250 Everett Lane

Suite 102

Mokena, Illinois 60448

(708) 745-8210

Specialties/Issues: Anxiety, Depression, Relationship Issues ,ADHD, Child or Adolescent, Divorce, Grief Parenting, Self Esteem, Trauma and PTSD, Behavioral Issues, Coping Skills, Family Conflict, Obsessive-Compulsive (OCD), Peer Relationships, Spirituality

V&R Behavioral Health Services

Children, Adolescent, Family Counseling and Parenting Information

700 Ravinia, Orland Park, IL 60462- office in Homer Glenn as well.

(708)226-0010

Most insurance accepted.

Zaborac Counseling Group
17255 Oak Park Ave.
Tinley Park, IL 60477
708-633-4533
www.doreenzaborac.net
Attn. Lindsay Folk

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COUNSELORS/PRIVATE THERAPISTS

Megan Bucklin
197 W. Harrison St., Suite 2
Bourbonnais, IL 60914
815-935-5540

JoEllen Carl, LCPC and Julie Dotson
110 Mooney Dr, Suite 1
Bourbonnais, IL 60914
815-933-7887

Brenna Costello
Clinical Social Work/Therapist , MSW , LCSW
(815) 496-6525

I have over 15 years therapy experience and am Co-Director of Personal Solutions Counseling. My practice concentrations are trauma, PTSD, anxiety disorders, and depression. I work with adults, teens, and children. 30 min free consultation available. Coordination of care with Psychiatry as needed for medications.

*Sliding Scale- Many insurance plans accepted.

Kristen Dundee
Counselor, LCPC , CCTP
(815) 806-9300

I have extensive experience working with anxiety and depression, as well as more serious and persistent mental illnesses and substance abuse. Specific disorders include Adjustment disorder, Anxiety disorders, Post Traumatic Stress disorder, Major Depression, Bipolar disorder, and Schizophrenia.

*Sliding Scale: Yes

Linda Jo Martin
Clinical Social Work/Therapist , LCSW , ACSW
1938 E Lincoln Highway
Suite 203
New Lenox, Illinois 60451
(872) 240-5814

*Sliding Scale

25 years of experience working with children and adults with Depression, Anxiety, ADHD, Anger Management, Bipolar Disorder, Divorce, Family Conflict, Oppositional Defiance, Relationship Issues, Self-Harming, Suicidal Ideation, Adoption, Behavioral Issues, Coping Skills, Eating Disorders, Grief, Parenting, Self Esteem, Sexual Abuse, Trauma and PTSD, Mood Disorders, Thinking Disorders, Personality Disorders,
Sexuality: Bisexual Issues, Lesbian Issues, Gay Issues, Transgender Identity

Erika Luhn, P.C.
20635 Abbey Woods Court
Suite 207
Frankfort, Illinois 60423
(815) 828-6690

Specialties: Child or Adolescent. Behavioral Issues, Family Conflict,
Issues: ADHD, Autism Spectrum, Bipolar Disorder, Coping Skills, Divorce, Oppositional Defiance
Peer Relationships, Self Esteem, Trauma and PTSD, Anxiety, Autism, Borderline Personality, Depression,,
Grief ,Parenting,, Relationship Issues, Self-Harming , Mental Health: Mood Disorders,
Personality Disorders

Client Focus: Age: Toddlers / Preschoolers (0 to 6) , Children (6 to 10), Preteens / Tweens (11 to 13)
Adolescents / Teenagers (14 to 19) Adults, Elders (65+)

Melissa Gonzalez-Strick, M.H.S., LCPC
www.stricksupportservices.com
3235 Vollmer Road, Suite 206, Flossmoor, IL 60422
Satellite offices in Matteson and South Holland Office
Office: (708)334-9905 Fax:(708)946-3548

Counseling Services for children, adolescents, teens and adults.
Early Intervention Specialist and Certified Sports Counselor.

Sandy Sybert, Counselor , LCPC , NCC
(708) 745-8210

Years in Practice: 10+ Years

Sliding Scale: Yes

Accepted Payment Methods: American Express, Cash, Check, Discover, Health Savings Account, Mastercard, Visa. Many Insurance plans accepted.

Specialties: Anxiety, Depression, Relationship Issues

Issues: ADHD, Child or Adolescent, Divorce, Grief ,Parenting, Self Esteem, Trauma and PTSD,
Behavioral Issues, Coping Skills, Family Conflict, Obsessive-Compulsive (OCD), Peer Relationships,
Spirituality

SUPPORT GROUPS/SERVICES

Grief/Bereavement

Horizon Hospice & Palliative Care
3408 Vollmer Road
Olympia Fields, IL 60461

Offers free* Grief support group for youth and families through its BRAVEHEART Support Group., individual counseling, school outreach and community education.

Contact Mallory Halverson, MSW,LSW, Bereavement Coordinator at 708-441-8278 for more information and for group meeting times and locations.

LGBTQA

Outside the Lines-LGBTQA Youth Mentoring and Support Group (Kankakee area) ages 12-18
Contact Matthew Hedding-Hess at (815)409-2584 or Outside the LinesLGBTQ@gmail.com or Outside the LinesLGBTQ on Facebook, Instagram and Twitter

Agape Youth Zone- LGBTQ youth (15-20 year olds) Drop-in Center (Joliet area)
For more information call (815)723-1548 Ext. 24 or www.agapemissionsinc.com

Cancer Support

The Cancer Support Center
cancersupportcenter.org
2028 Elm Road
Homewood IL 60430
(708)798-9171

The Cancer Support Center
Cancersupportcenter.org
19250 Everett Lane
Mokena IL 60448
(708)478-3529

FOOD PANTRIES

HELPING HANDS

First Presbyterian Church

200 West Crawford

Peotone IL 60468

(708) 258-9204

1st and 3rd Wednesdays, 1-6pm

Faith Baptist Church

25800 S. Center Road

Monee, IL 60449

(815)469-6152

1st and 3rd Saturday each month, 10am-12pm

Register for mail or email reminders.

WILL COUNTY RESOURCE DIRECTORIES

Will County Continuum of Care Quick Resource Reference List

www.wcccc.net/care.asp

(extensive list of resources for a variety of services in Will County)

Will-Grundy Counties Resource Directory

www.transitionplan.org

(Transition Resources for Advocacy, Autism, Assistive Technology, Counseling, and Employment Services for children and adults with disabilities)