

# OCCUPATIONAL MEDICAL FACILITIES

MANDATED POSTER BY THE STATE OF CALIFORNIA



**In case of workplace injury, first notify your supervisor**

**Call 911 if the injury or illness is an emergency**

San Diego Unified School District has arranged for medical care to be provided at the specialized work related injuries/illness occupational medical facilities listed below. No appointment is necessary. Inform the medical facility that you are a SDUSD employee and request that they **send medical reports and billing to York Risk Services Group, Inc.**

**In the event of a serious injury/illness of an employee: CALL CalOSHA at (619) 767-2280 within 8 hours of the accident.**

Serious injury/illness is defined as any injury/illness occurring in a place of employment, or in connection with any employment, which requires inpatient hospitalization for a period in excess of 24 hours for other than medical observation, or in which an employee suffers a loss of any member of body, or suffers any serious degree of permanent disfigurement. **Failure to report to CalOSHA may result in a fine of up to \$5,000 to the site.**

## MISSION VALLEY/ HILLCREST

### UCSD Medical Center Hillcrest

8:00 am - 4:15 pm  
330 Lewis Street, Ste 100, SD 92103  
(619) 471-9210

### UCSD Medical Hospital Hillcrest

**\*After Hours Care**  
200 W. Arbor Drive, SD 92103  
(858) 657-7000

### CONCENTRA

7:00 am - 6:00 pm  
3930 Fourth Ave, Ste 200, SD 92103  
(619) 297-9610

### CONCENTRA

8:00 am - 5:00 pm  
5333 Mission Center Rd, Ste 100  
San Diego 92108  
(619) 295-3355

### Kaiser On-the-Job

9:00 am - 4:00 pm  
4647 Zion Ave., 1st Floor, Ste 155  
San Diego 92120  
(619) 528-5062

### Kaiser Permanente Hospital

**\*After Hours Care**  
4647 Zion Avenue, SD 92120  
(619) 528-5700

### Work Partners - Mission Valley

8:00 am - 6:00 pm 7485 Mission Valley  
Rd #100 San Diego 92108  
(619) 900-1330

## CLAIREMONT/KEARNY MESA

### CONCENTRA (Open 24/7)

5575 Ruffin Rd., Ste 100, SD 92123  
(858) 277-2744

### Sharp Rees-Stealy Genesee

8:00 am - 4:00 pm  
2020 Genesee Avenue, SD 92123  
(858) 616-8400

## CLAIREMONT/KEARNY MESA

### Sharp Emergency Room

7901 Frost St  
San Diego CA 92123  
(858) 939-3400

## NORTH COUNTY

### UCSD Medical Center UTC/La Jolla

8:00 am - 4:00 pm (call ahead of time)  
8899 University Center Lane, Ste 160  
San Diego 92122  
(858) 657-1600

### UCSD Medical Center Thornton Hospital

**\*After Hours Care**  
9300 Campus Point Drive, La Jolla 92037  
(858) 657-7612

### CONCENTRA

8:00 am - 4:00 pm  
10350 Barnes Canyon Rd, Ste 200, SD 92121  
(858) 455-0200

### 7590 Miramar Road, Ste C, SD 92126

8:00 am - 4:00 pm  
(858) 549-4255

### Sharp Rees-Stealy Sorrento Mesa

8:00 am - 4:00 pm  
10243 Genetic Center Dr, SD 92121  
(858) 526-6150

### **\*After Hours Urgent Care (858) 526-6100**

5 p.m. - 8 p.m., Monday - Friday  
8 a.m. - 8 p.m., Weekends/Holidays

## SOUTH BAY

### \*\*NEW CLINIC\*\*

### South Coast Medical Clinic

6:30 am - 7:30 pm M-F  
Open Weekends  
408 West 8th St.  
National City 91950  
(619) 474-8666

## SOUTH BAY

### \*\*NEW CLINIC\*\*

### Work Partners

7:00 am - 6:30 pm - M-F  
8:00 am - 2:30 pm SAT  
1510 Sweetwater Road  
National City 91950  
(619) 552-2870

### CONCENTRA

8:00 am - 5:00 pm - M-F  
9:00 am - 2:00 pm SAT  
542 Broadway, Ste G  
Chula Vista 91910  
(619) 425-8212

### 102 Mile of Cars Way,

National City 91950

7:00 am - 6:00 pm

(619) 474-9211

### Sharp Rees-Stealy Chula Vista

8:00am - 4:30 pm  
525 3rd Ave., Chula Vista 91910  
(619) 585-4050

### **\*After Hours Urgent Care (619) 585-4000**

Open 8 a.m. - 8 p.m. daily

### Kaiser On-the-Job (Otay Mesa)

9:00 am - 5:00 pm  
4650 Palm Ave, Bldg 2, 2<sup>nd</sup> Floor Area 228  
San Diego 92154  
(619) 662-5006

## EAST COUNTY

### CONCENTRA

7:00 am - 4:00 pm  
9745 Prospect Ave, Ste 100  
Santee 92071  
(619) 448-4841

### Sharp Rees-Stealy La Mesa

8:00 am - 5:00 pm  
5525 Grossmont Center Dr, La Mesa 91942  
(619) 644-6600

### **\*After Hours Urgent Care (619) 644-6625**

Open 8 a.m. - 8 p.m. daily