

## September 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	19	20	21	22	23	
	Hummus Plate ( D, S) Sunbutter Sandwich + Colby Cheese Stick ( D, S, W) Fruit Bowl Seasonal Dried Cranberries, IW Carrots & Ranch Dressing ( D, E, S) Milk Assorted ( D)	Deli Turkey and American Cheese Sandwich on Pumpernickle ( D, S) Salad, Mediterranean Greek ( D, S) Flatbread ( D, S, W) Fruit Bowl Seasonal Dried Cranberries, IW Seasoned Corn Milk Assorted ( D)	Garden Salad + Roll ( D, E, S, W) Mexican Bean Bowl & Chips ( D, S) Fruit Bowl Seasonal Dried Cranberries, IW Cucumber Ranch Dressing Packet ( D, E, S) Milk Assorted ( D)	Turkey & Swiss Sandwich ( D, S, W) Hummus Plate ( D, S) Fruit Bowl Seasonal Dried Cranberries, IW Roasted Chickpea Pizza ( D) Milk Assorted ( D)	Chicken Salad + Roll ( D, E, S, W) Vegetarian Sandwich ( D, S, W) Fruit Bowl Seasonal Dried Cranberries, IW Broccoli Buds Ranch Dressing Packet ( D, E, S) Milk Assorted ( D)	

### Allergens

**D = Dairy E = Eggs F = Fish P = Peanuts SF = Shellfish S = Soy N = Tree Nuts W = Wheat**

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