















# BREAKFAST IN THE CLASSROOM

2022 - 2023

Healthy food.  
Successful students.  
FOOD & NUTRITION SERVICES  
www.sandi.net/food

**Menus are subject to change**

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> <li>● Fruity Cheerios</li> <li>● String Cheese </li> <li>● 100% Fruit Juice</li> <li>● Dried Cranberries</li> <li>● 1% or Fat Free  White Milk</li> </ul>	<ul style="list-style-type: none"> <li>● Turkey &amp; Cheese Roll-up </li> <li>● Strawberry Applesauce</li> <li>● Dried Cranberries</li> <li>● 1% or Fat Free  White Milk</li> </ul>	<ul style="list-style-type: none"> <li>● Apple Cinnamon Nutri-Grain Bar </li> <li>● Cheese Stick </li> <li>● 100% Fruit Juice</li> <li>● Dried Cranberries</li> <li>● 1% or Fat Free  White Milk</li> </ul>	<ul style="list-style-type: none"> <li>● Cinnamon Rice Chex Cereal </li> <li>● Graham Crackers </li> <li>● Apple Slices</li> <li>● Dried Cranberries</li> <li>● 1% or Fat Free  White Milk</li> </ul>	<ul style="list-style-type: none"> <li>● Maple Mini Waffles </li> <li>● 100% Fruit Juice</li> <li>● Dried Cranberries</li> <li>● 1% or Fat Free  White Milk</li> </ul>

## ALLERGENS



This institution is an equal opportunity provider

## COMPONENTS

- Vegetable
- Meat/Meat Alternative
- Fruit
- Grain
- Milk

## NUTRITION/ALLERGENS



BIC Menu  
2022-2023  
K-8 Menu

Rev. Date 06/30/2022