



Healthy food.
 Successful students.
 FOOD & NUTRITION SERVICES
 www.sandi.net/food

BREAKFAST MENU

2022 - 2023

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> ● Cinnamon Rice Chex Cereal ● String Cheese ● Apple Juice ● Dried Cranberries ● 1% or Fat Free White Milk 	<ul style="list-style-type: none"> ● Strawberry Banana Trix Yogurt ● Graham Crackers ● Apple Juice ● Dried Cranberries ● 1% or Fat Free White Milk 	<ul style="list-style-type: none"> ● Apple Cinnamon Nutri-Grain Bar ● Berry Juice ● Dried Cranberries ● 1% or Fat Free White Milk 	<ul style="list-style-type: none"> ● Farmers Market Fat Cat Bar ● Apple Juice ● Dried Cranberries ● 1% or Fat Free White Milk 	<ul style="list-style-type: none"> ● Fruity Cherrios ● String Cheese ● Orange Juice ● Dried Cranberries ● 1% or Fat Free White Milk

COMPONENTS

- Grain
- Fruit
- Milk
- Meat/Meat Alternative

NUTRITION/ALLERGENS



Menus are subject to change.

This institution is an equal opportunity provider

Cold Breakfast
 2022-2023
 K-12 Menu

Rev. Date 06/30/2022