



Healthy food.
 Successful students.
 FOOD & NUTRITION SERVICES
 www.sandi.net/food

HOT PRE-PACK LUNCH

2022 - 2023

Monday	Tuesday	Wednesday	Thursday	Friday
<p>OPTION #1</p> <ul style="list-style-type: none"> ● Mandarin Chicken ● Rice <p>OPTION #2</p> <ul style="list-style-type: none"> ● Veggie Burger Lettuce & Pickle cup <p>SIDES</p> <ul style="list-style-type: none"> ● Seasoned Corn 	<p>OPTION #1</p> <ul style="list-style-type: none"> ● Chicken Patty Sandwich <p>OPTION #2</p> <ul style="list-style-type: none"> ● Mozzarella Breadsticks w/ Sauce <p>SIDES</p> <ul style="list-style-type: none"> ● Tropical Trio Slush 	<p>OPTION #1</p> <ul style="list-style-type: none"> ● Mandarin Chicken ● Rice <p>OPTION #2</p> <ul style="list-style-type: none"> ● Mexican Bean Bowl ● Tortilla Chips <p>SIDES</p> <ul style="list-style-type: none"> ● Baby Carrots w/ Ranch 	<p>OPTION #1</p> <ul style="list-style-type: none"> ● Cheeseburger Lettuce & Pickle cup <p>OPTION #2</p> <ul style="list-style-type: none"> ● Mediterranean Salad ● Flatbread <p>SIDES</p> <ul style="list-style-type: none"> ● Seasoned Corn 	<p>OPTION #1</p> <ul style="list-style-type: none"> ● Chicken Nuggets ● Dinner Roll (Only Grades 9-12) <p>OPTION #2</p> <ul style="list-style-type: none"> ● Vegetarian Chili ● Tortilla Chips <p>SIDES</p> <ul style="list-style-type: none"> ● Baby Carrots w/ Ranch

COMPONENTS

- Vegetable
- Fruit
- Meat/Meat Alternative
- Grain
- Milk

PLEASE REMEMBER

1/2 cup Fruit
 OR
 1/2 cup Vegetable
 You can take more than 1/2 cup

NUTRITION/ALLERGENS



SIDES AVAILABLE DAILY → ● Fresh Fruit → ● Dried Cranberries → ● 1% White Milk → ● Chocolate Milk
 SALAD BARS MAY BE AVAILABLE (LOCATIONS WILL VARY)

This institution is an equal opportunity provider
 Menus are subject to change.

Hot-Prepack Lunch
 2022-2023
 Grade K-12

Rev. Date 06/30/2022