



KID'S CHOICE BREAKFAST

2022 - 2023

Healthy food.
Successful students.
FOOD & NUTRITION SERVICES
www.sandi.net/food

Menus are subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
OPTION #1 ● Choice of Cereal ● Graham Crackers	OPTION #1 ● Choice of Cereal ● Graham Crackers	OPTION #1 ● Choice of Cereal ● Graham Crackers	OPTION #1 ● Choice of Cereal ● Graham Crackers	OPTION #1 ● Choice of Cereal ● Graham Crackers
OPTION #2 ● Strawberry Banana Trix Yogurt ● Graham Crackers	OPTION #2 ● Strawberry Banana Trix Yogurt ● Graham Crackers	OPTION #2 ● Strawberry Banana Trix Yogurt ● Graham Crackers	OPTION #2 ● Strawberry Banana Trix Yogurt ● Graham Crackers	OPTION #2 ● Strawberry Banana Trix Yogurt ● Graham Crackers
OPTION #3 ● Whole Grain Cinnamon Roll	OPTION #3 ● Turkey & Cheese Roll-up	OPTION #3 ● Scrambled Eggs w/ Potato Rounds and Graham Cracker	OPTION #3 ● Farmer's Market Fat Cat Bar	OPTION #3 ● Sunrise Breakfast Burrito
SIDES ● 100% Fruit Juice ● Fruit	SIDES ● Applesauce ● Fruit	SIDES ● 100% Fruit Juice ● Fruit	SIDES ● Apple Slices ● Fruit	SIDES ● Oranges ● Fruit

Please Remember to Take

1/2 cup Fruit

OR

1/2 cup Vegetable

You can take more than 1/2 cup

COMPONENTS

- Vegetable
- Fruit
- Meat/Meat Alternative
- Grain
- Milk

NUTRITION/ALLERGENS



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Rev. Date 06/30/2022