
















Healthy food.
Successful students.
FOOD & NUTRITION SERVICES
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PRE-K BIC MENU

2022 - 2023

● 1% or Fat-free White Milk (Optional) 

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> ● Cinnamon Rice Chex Cereal ● Graham Crackers   ● Apple Juice 	<ul style="list-style-type: none"> ● Turkey & Cheese Roll-up    ● Orange Juice 	<ul style="list-style-type: none"> ● Strawberry Banana Yogurt  ● Graham Crackers   ● Berry Juice 	<ul style="list-style-type: none"> ● Cinnamon Rice Chex Cereal ● String Cheese  ● Apple Slices 	<ul style="list-style-type: none"> ● Confetti Pancake     ● Orange Juice

ALLERGENS



COMPONENTS

- Vegetable
- Fruit
- Meat/Meat Alternative
- Grain
- Milk



NUTRITION/
ALLERGENS

Menus are subject to change



PreK BIC
2022-2023
K-8

Rev. Date 06/30/2022