



SANDI COAST CAFE MENU

2022 - 2023

Healthy food.
Successful students.
FOOD & NUTRITION SERVICES
www.sandi.net/food

Menus are subject to change

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| <p>OPTION #1</p> <ul style="list-style-type: none"> ● Teriyaki Chicken w/ Rice | <p>OPTION #1</p> <ul style="list-style-type: none"> ● Beef Soft Taco | <p>OPTION #1</p> <ul style="list-style-type: none"> ● Mandarin Chicken w/Rice | <p>OPTION #1</p> <ul style="list-style-type: none"> ● Cheeseburger | <p>OPTION #1</p> <ul style="list-style-type: none"> ● Chicken Nuggets w/Dinner Roll |
| <p>OPTION #2</p> <ul style="list-style-type: none"> ● Chicken Tenders w/ Waffle | <p>OPTION #2</p> <ul style="list-style-type: none"> ● Pepperoni Pizza | <p>OPTION #2</p> <ul style="list-style-type: none"> ● Chicken Patty Sandwich w/ Lettuce & Pickle cup | <p>OPTION #2</p> <ul style="list-style-type: none"> ● Buffalo Chicken Pizza | <p>OPTION #2</p> <ul style="list-style-type: none"> ● Chili Cheese Nachos |
| <p>OPTION #3</p> <ul style="list-style-type: none"> ● Caesar Salad w/Chicken (on the side) Dinner Roll | <p>OPTION #3</p> <ul style="list-style-type: none"> ● Mediterranean Salad w/Flatbread | <p>OPTION #3</p> <ul style="list-style-type: none"> ● Garden Salad w/ Chicken on the side | <p>OPTION #3</p> <ul style="list-style-type: none"> ● Mediterranean Salad w/Flatbread | <p>OPTION #3</p> <ul style="list-style-type: none"> ● Caesar Salad w/Chicken (on the side) Dinner Roll |
| <p>OPTION #4</p> <ul style="list-style-type: none"> ● Chicken Ranch Wrap | <p>OPTION #4</p> <ul style="list-style-type: none"> ● Buffalo Chicken Wrap | <p>OPTION #4</p> <ul style="list-style-type: none"> ● Chicken Ranch Wrap | <p>OPTION #4</p> <ul style="list-style-type: none"> ● Turkey & Provolone Sandwich | <p>OPTION #4</p> <ul style="list-style-type: none"> ● Buffalo Chicken Wrap |
| <p>SIDES</p> <ul style="list-style-type: none"> ● Fresh Fruit ● Fresh Vegetables ● Salad Bar (at various locations) | <p>SIDES</p> <ul style="list-style-type: none"> ● Fresh Fruit ● Fresh Vegetables ● Salad Bar (at various locations) | <p>SIDES</p> <ul style="list-style-type: none"> ● Fresh Fruit ● Fresh Vegetables ● Salad Bar (at various locations) | <p>SIDES</p> <ul style="list-style-type: none"> ● Fresh Fruit ● Fresh Vegetables ● Salad Bar (at various locations) | <p>SIDES</p> <ul style="list-style-type: none"> ● Fresh Fruit ● Fresh Vegetables ● Salad Bar (at various locations) |

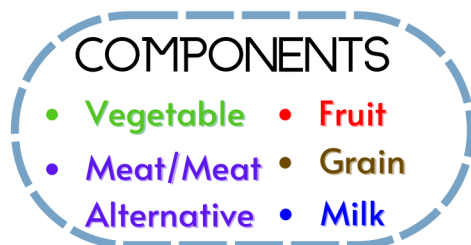
Please Remember to Take

1/2 cup Fruit

OR

1/2 cup Vegetable

You can take more than 1/2 cup



NUTRITION/ALLERGENS



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Rev. Date 06/30/2022