



SANDI COAST CAFE MENU

2022 - 2023

Healthy food.
Successful students.
FOOD & NUTRITION SERVICES
www.sandi.net/food

Menus are subject to change

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| OPTION #1 ●● Mandarin Chicken w/ Rice | OPTION #1 ●● Beef Soft Taco | OPTION #1 ●● Mandarin Chicken w/Rice | OPTION #1 ●● Cheeseburger | OPTION #1 ●● Chicken Nuggets w/Dinner Roll |
| OPTION #2 ●● Chicken Tenders w/ Waffle | OPTION #2 ●● Pepperoni Pizza | OPTION #2 ●● Chicken Patty Sandwich w/ Lettuce & Pickle cup | OPTION #2 ●● Buffalo Chicken Pizza | OPTION #2 ●● Chili Cheese Nachos |
| OPTION #3 ●● Caesar Salad w/Chicken (on the side) Dinner Roll | OPTION #3 ●● Mediterranean Salad w/Flatbread | OPTION #3 ●● Garden Salad w/ Chicken on the side | OPTION #3 ●● Mediterranean Salad w/Flatbread | OPTION #3 ●● Caesar Salad w/Chicken (on the side) Dinner Roll |
| OPTION #4 ●● Chicken Ranch Wrap | OPTION #4 ●● Buffalo Chicken Wrap | OPTION #4 ●● Chicken Ranch Wrap | OPTION #4 ●● Turkey & Provolone Sandwich | OPTION #4 ●● Buffalo Chicken Wrap |
| SIDES ● Fresh Fruit ● Fresh Vegetables ● Salad Bar <small>(at various locations)</small> | SIDES ● Fresh Fruit ● Fresh Vegetables ● Salad Bar <small>(at various locations)</small> | SIDES ● Fresh Fruit ● Fresh Vegetables ● Salad Bar <small>(at various locations)</small> | SIDES ● Fresh Fruit ● Fresh Vegetables ● Salad Bar <small>(at various locations)</small> | SIDES ● Fresh Fruit ● Fresh Vegetables ● Salad Bar <small>(at various locations)</small> |

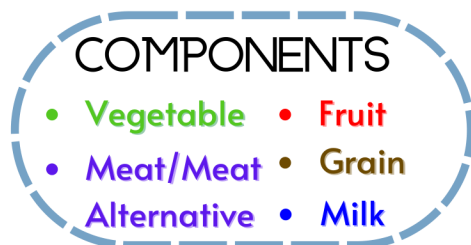
Please Remember to Take

1/2 cup Fruit

OR

1/2 cup Vegetable

You can take more than 1/2 cup



NUTRITION/ALLERGENS



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Rev. Date 06/30/2022