

## 2017 YOUTH RISK BEHAVIOR SURVEY RESULTS

### San Diego High School Survey Risk Behaviors and Sex of Sexual Contacts Report

#### Unintentional Injuries/Violence

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>†</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN8: Percentage of students who rarely or never wore a seat belt (when riding in a car driven by someone else)	5.7 (4.3-7.6)	949	8.2 (4.3-14.9)	167			●
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)	18.5 (16.0-21.3)	953	23.2 (15.8-32.9)	165			●
QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	10.5 (8.1-13.5)	461	16.5 (7.4-32.8)	66			●
QN11: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	37.7 (32.6-43.1)	478	34.1 (22.5-48.0)	71			●
QN13: Percentage of students who carried a weapon on school property (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)	5.5 (3.9-7.7)	949	4.3 (2.1-8.4)	167			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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	% 95% CI*	N	% 95% CI	N			
QN14: Percentage of students who carried a gun (not counting the days when they carried a gun only for hunting or for a sport such as target shooting, on at least 1 day during the 12 months before the survey)	5.2 (3.8-7.1)	950	4.6 (1.9-10.6)	166			●
QN15: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)	6.4 (4.6-8.9)	953	10.3 (6.5-15.9)	167			●
QN16: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club, one or more times during the 12 months before the survey)	7.4 (5.2-10.5)	953	10.8 (6.1-18.3)	166			●
QN18: Percentage of students who were in a physical fight on school property (one or more times during the 12 months before the survey)	12.2 (9.8-15.2)	945	15.3 (9.7-23.5)	167			●
QN19: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)	8.6 (6.9-10.7)	950	22.7 (16.7-30.2)	166		●	
QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	13.4 (11.2-16.1)	775	14.8 (9.5-22.3)	119			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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#### Unintentional Injuries/Violence

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>†</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	4.9 (3.7-6.4)	766	9.6 (4.5-19.3)	121			●
QN23: Percentage of students who were bullied on school property (ever during the 12 months before the survey)	15.6 (13.4-18.1)	935	30.8 (22.8-40.2)	161		●	
QN24: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)	11.9 (9.9-14.4)	950	24.0 (17.8-31.4)	165		●	
QN25: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)	34.1 (30.7-37.6)	945	57.8 (47.8-67.1)	160		●	
QN26: Percentage of students who seriously considered attempting suicide (ever during the 12 months before the survey)	16.9 (14.2-19.9)	944	38.1 (29.1-48.1)	164		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

2017 YOUTH RISK BEHAVIOR SURVEY RESULTS

San Diego High School Survey  
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Unintentional Injuries/Violence

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>†</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN28: Percentage of students who attempted suicide (one or more times during the 12 months before the survey)	7.9 (6.2-9.9)	838	18.3 (11.8-27.2)	143		●	
QN29: Percentage of students who had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)	2.1 (1.4-3.4)	834	2.3 (0.9-6.0)	142			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2017 YOUTH RISK BEHAVIOR SURVEY RESULTS

### San Diego High School Survey Risk Behaviors and Sex of Sexual Contacts Report

#### Tobacco Use

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>†</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN32: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)	6.9 (5.5-8.6)	926	8.1 (4.5-14.3)	160			●
QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)	1.1 (0.6-2.1)	926	2.6 (0.7-8.8)	160			●
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)	0.9 (0.5-1.9)	926	1.5 (0.2-10.3)	160			●
QN33: Percentage of students who smoked more than 10 cigarettes per day (on the days they smoked during the 30 days before the survey, among students who currently smoked cigarettes)	0.0 (.-)	67	-	15			
QN34: Percentage of students who ever used an electronic vapor product (including e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens [such as blu, NJOY, Vuse, MarkTen, Logic, Vapin Plus, eGo, and Halo])	57.6 (53.5-61.6)	936	56.9 (49.3-64.3)	163			●
QN35: Percentage of students who currently used an electronic vapor product (including e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens [such as blu, NJOY, Vuse, MarkTen, Logic, Vapin Plus, eGo, and Halo], on at least 1 day during the 30 days before the survey)	13.8 (11.1-17.1)	782	17.5 (11.7-25.3)	137			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

- = Fewer than 30 students in the denominator (subgroup).

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#### Tobacco Use

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>†</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN36: Percentage of students who usually got their own electronic vapor products by buying them in a store (such as a convenience store, supermarket, discount store, gas station, or vape store, during the 30 days before the survey, among students who currently used electronic vapor products and who were aged <18 years)	12.0 (4.5-28.2)	90	-	21			
QN37: Percentage of students who currently used smokeless tobacco (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, Copenhagen, Camel Snus, Marlboro Snus, General Snus, Ariva, Stonewall, or Camel Orbs], not counting any electronic vapor products, on at least 1 day during the 30 days before the survey)	3.3 (2.2-4.8)	946	4.7 (1.8-11.6)	164			●
QN38: Percentage of students who currently smoked cigars (cigars, cigarillos, or little cigars, on at least 1 day during the 30 days before the survey)	6.0 (4.4-8.1)	945	9.3 (5.1-16.4)	163			●
QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)	10.0 (8.2-12.2)	921	13.7 (8.4-21.6)	159			●
QNTB3: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco (on at least 1 day during the 30 days before the survey)	11.2 (9.0-13.9)	923	14.2 (8.8-21.9)	158			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

- = Fewer than 30 students in the denominator (subgroup).

2017 YOUTH RISK BEHAVIOR SURVEY RESULTS

San Diego High School Survey  
Risk Behaviors and Sex of Sexual Contacts Report

Tobacco Use

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>‡</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>‡</sup>	No Difference <sup>‡</sup>
	% 95% CI <sup>*</sup>	N	% 95% CI	N			
QNTB4: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products (on at least 1 day during the 30 days before the survey)	20.1 (16.6-24.0)	774	23.3 (16.4-31.8)	134			●
QN39: Percentage of students who did not try to quit using all tobacco products (including cigarettes, cigars, smokeless tobacco, shisha or hookah tobacco, and electronic vapor products, ever during the 12 months before the survey, among students who used any tobacco products during the 12 months before the survey)	61.9 (54.5-68.8)	203	44.9 (27.2-64.1)	43			●

\*Confidence interval.

<sup>‡</sup>Based on t-test analyses, p<0.05.

2017 YOUTH RISK BEHAVIOR SURVEY RESULTS

San Diego High School Survey  
Risk Behaviors and Sex of Sexual Contacts Report

Alcohol/Other Drug Use

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>†</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN40: Percentage of students who ever drank alcohol (at least one drink of alcohol, on at least 1 day during their life)	78.7 (74.2-82.6)	874	79.4 (71.4-85.6)	158			●
QN41: Percentage of students who had their first drink of alcohol before age 13 years (other than a few sips)	16.8 (14.0-20.1)	879	24.1 (17.2-32.7)	155			●
QN42: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)	40.2 (34.9-45.7)	861	44.9 (36.3-53.8)	145			●
QN44: Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row for female students or five or more drinks of alcohol in a row for male students, within a couple of hours, on at least 1 day during the 30 days before the survey)	19.6 (15.9-24.0)	839	25.0 (18.1-33.4)	143			●
QN45: Percentage of students who reported that the largest number of drinks they had in a row was 10 or more (within a couple of hours, during the 30 days before the survey)	3.5 (2.1-5.9)	810	5.8 (2.4-13.5)	134			●
QN46: Percentage of students who ever used marijuana (one or more times during their life)	57.4 (53.1-61.6)	909	61.9 (54.8-68.5)	163			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.



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#### Alcohol/Other Drug Use

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	% 95% CI*	N	% 95% CI	N			
QN47: Percentage of students who tried marijuana for the first time before age 13 years	9.8 (7.3-13.0)	914	19.9 (13.4-28.5)	162		●	
QN48: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)	33.3 (29.9-37.0)	932	44.7 (35.7-53.9)	164		●	
QN49: Percentage of students who ever used cocaine (any form of cocaine, including powder, crack, or freebase, one or more times during their life)	6.4 (4.7-8.6)	943	13.6 (8.4-21.2)	164		●	
QN50: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high, one or more times during their life)	4.9 (3.6-6.6)	937	11.2 (6.4-18.9)	163			●
QN51: Percentage of students who ever used heroin (also called "smack," "junk," or "China White," one or more times during their life)	1.1 (0.6-2.1)	943	4.7 (1.9-11.5)	166			●
QN52: Percentage of students who ever used methamphetamines (also called "speed," "crystal," "crank," or "ice," one or more times during their life)	1.8 (1.1-2.9)	939	7.7 (3.8-14.9)	165		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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#### Alcohol/Other Drug Use

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>†</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN53: Percentage of students who ever used ecstasy (also called "MDMA," one or more times during their life)	6.0 (4.5-7.9)	932	13.2 (8.1-20.9)	165		●	
QN54: Percentage of students who ever used synthetic marijuana (also called "K2," "Spice," "fake weed," "King Kong," "Yucatan Fire," "Skunk," or "Moon Rocks," one or more times during their life)	10.3 (8.0-13.0)	944	16.5 (10.7-24.6)	166			●
QN55: Percentage of students who ever took steroids without a doctor's prescription (pills or shots, one or more times during their life)	3.1 (2.1-4.5)	953	9.5 (5.4-16.4)	166		●	
QN56: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet, one or more times during their life)	14.9 (12.3-17.9)	941	24.8 (18.1-33.0)	164		●	
QN57: Percentage of students who ever injected any illegal drug (used a needle to inject any illegal drug into their body, one or more times during their life)	1.2 (0.7-2.2)	954	4.4 (1.7-10.7)	165			●
QN58: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey)	33.2 (29.3-37.2)	948	41.9 (32.0-52.6)	158			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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### San Diego High School Survey Risk Behaviors and Sex of Sexual Contacts Report

#### Sexual Behaviors

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>†</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN59: Percentage of students who ever had sexual intercourse	65.3 (60.8-69.6)	861	60.6 (50.6-69.8)	145			●
QN60: Percentage of students who had sexual intercourse for the first time before age 13 years	4.8 (3.5-6.6)	866	9.0 (5.0-15.6)	146			●
QN61: Percentage of students who had sexual intercourse with four or more persons during their life	11.0 (8.8-13.5)	863	20.3 (13.9-28.7)	147		●	
QN62: Percentage of students who were currently sexually active (had sexual intercourse with at least one person, during the 3 months before the survey)	42.7 (38.7-46.8)	862	39.4 (29.7-50.0)	145			●
QN63: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)	16.3 (11.7-22.2)	366	40.7 (26.7-56.3)	55		●	
QN64: Percentage of students who did not use a condom during last sexual intercourse (among students who were currently sexually active)	43.7 (37.5-50.2)	361	48.8 (33.3-64.4)	52			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2017 YOUTH RISK BEHAVIOR SURVEY RESULTS

### San Diego High School Survey Risk Behaviors and Sex of Sexual Contacts Report

#### Sexual Behaviors

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>†</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN65: Percentage of students who did not use birth control pills before last sexual intercourse (to prevent pregnancy among students who were currently sexually active)	74.7 (69.9-79.0)	362	89.6 (74.0-96.3)	50		●	
QNIUDIMP: Percentage of students who did not use an IUD (e.g., Mirena or ParaGard) or implant (e.g., Implanon or Nexplanon) (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)	95.7 (93.3-97.3)	362	92.8 (80.6-97.6)	50			●
QNSHPARG: Percentage of students who did not use a shot (e.g., Depo-Provera), patch (e.g., OrthoEvra), or birth control ring (e.g., NuvaRing) (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)	97.0 (94.5-98.3)	362	98.5 (89.8-99.8)	50			●
QNOTHHPL: Percentage of students who did not use birth control pills; an IUD or implant; or a shot, patch, or birth control ring (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)	67.4 (62.2-72.2)	362	80.9 (67.0-89.9)	50		●	
QNDUALBC: Percentage of students who did not use both a condom during and birth control pills; an IUD or implant; or a shot, patch, or birth control ring before last sexual intercourse (to prevent STD and pregnancy among students who were currently sexually active)	89.1 (84.1-92.7)	358	90.0 (76.5-96.2)	49			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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Sexual Behaviors

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>†</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI <sup>*</sup>	N	% 95% CI	N			
QNBCNONE: Percentage of students who did not use any method to prevent pregnancy during last sexual intercourse (among students who were currently sexually active)	12.6 (9.6-16.5)	362	35.1 (20.8-52.8)	50		●	

<sup>\*</sup>Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2017 YOUTH RISK BEHAVIOR SURVEY RESULTS

### San Diego High School Survey Risk Behaviors and Sex of Sexual Contacts Report

#### Dietary Behaviors

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>‡</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>‡</sup>	No Difference <sup>‡</sup>
	% 95% CI*	N	% 95% CI	N			
QNOBESE: Percentage of students who had obesity ( $\geq$ 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) <sup>‡</sup>	11.0 (8.6-13.9)	912	14.2 (9.4-20.8)	159			●
QNOWT: Percentage of students who were overweight ( $\geq$ 85th percentile but $<$ 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) <sup>‡</sup>	15.6 (13.0-18.7)	912	12.7 (7.8-20.2)	159			●
QN68: Percentage of students who described themselves as slightly or very overweight	30.3 (27.2-33.6)	939	37.0 (30.5-44.1)	164			●
QN69: Percentage of students who were not trying to lose weight	52.2 (48.9-55.4)	945	45.4 (37.3-53.7)	162			●
QN70: Percentage of students who did not drink fruit juice (100% fruit juices one or more times during the 7 days before the survey)	29.0 (25.7-32.6)	945	28.5 (21.8-36.4)	166			●
QN71: Percentage of students who did not eat fruit (one or more times during the 7 days before the survey)	6.7 (4.9-9.0)	940	8.5 (5.0-14.2)	164			●

\*Confidence interval.

<sup>‡</sup>Based on t-test analyses,  $p < 0.05$ .

<sup>‡</sup>Based on reference data from the 2000 CDC Growth Charts. In 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

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#### Dietary Behaviors

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>†</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QNFR0: Percentage of students who did not eat fruit or drink 100% fruit juices (such as orange juice, apple juice, or grape juice, during the 7 days before the survey)	3.5 (2.4-5.1)	934	3.4 (1.2-9.2)	164			●
QN72: Percentage of students who did not eat green salad (one or more times during the 7 days before the survey)	39.3 (36.3-42.5)	950	40.0 (31.1-49.7)	166			●
QN73: Percentage of students who did not eat potatoes (one or more times during the 7 days before the survey)	38.9 (35.6-42.3)	947	42.0 (29.6-55.5)	166			●
QN74: Percentage of students who did not eat carrots (one or more times during the 7 days before the survey)	47.3 (43.4-51.2)	943	42.2 (35.0-49.7)	162			●
QN75: Percentage of students who did not eat other vegetables (one or more times during the 7 days before the survey)	15.8 (13.4-18.7)	947	24.5 (18.0-32.6)	166		●	
QNVEG0: Percentage of students who did not eat vegetables (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	7.0 (5.4-8.9)	937	4.4 (2.1-9.1)	161			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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#### Dietary Behaviors

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>†</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	9.6 (7.7-11.9)	949	13.6 (8.8-20.5)	165			●
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	5.3 (4.1-6.9)	949	5.5 (3.0-9.8)	165			●
QNSODA3: Percentage of students who drank a can, bottle, or glass of soda or pop three or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	2.5 (1.7-3.5)	949	1.9 (0.7-4.9)	165			●
QN77: Percentage of students who did not drink milk (during the 7 days before the survey)	24.9 (21.9-28.1)	943	33.8 (28.1-40.1)	163		●	
QN78: Percentage of students who did not eat breakfast (during the 7 days before the survey)	15.1 (12.6-18.1)	944	19.3 (12.9-27.8)	165			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.



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Dietary Behaviors

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>‡</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>‡</sup>	No Difference <sup>‡</sup>
	% 95% CI <sup>*</sup>	N	% 95% CI	N			
QNBK7DAY: Percentage of students who did not eat breakfast on all 7 days (during the 7 days before the survey)	69.4 (65.5-73.2)	944	74.9 (67.6-81.0)	165			●

\*Confidence interval.

<sup>‡</sup>Based on t-test analyses, p<0.05.

## 2017 YOUTH RISK BEHAVIOR SURVEY RESULTS

### San Diego High School Survey Risk Behaviors and Sex of Sexual Contacts Report

#### Physical Activity

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>†</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN79: Percentage of students who were not physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	50.2 (45.2-55.1)	946	58.9 (49.2-68.0)	166			●
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	12.1 (10.0-14.6)	946	17.8 (12.4-24.9)	166			●
QNPA7DAY: Percentage of students who were not physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	74.3 (69.9-78.3)	946	82.7 (73.1-89.4)	166			●
QN80: Percentage of students who watched television 3 or more hours per day (on an average school day)	20.6 (18.1-23.3)	935	27.2 (20.1-35.7)	165			●
QN81: Percentage of students who played video or computer games or used a computer 3 or more hours per day (counting time spent on things such as Xbox, PlayStation, an iPad or other tablet, a smartphone, texting, YouTube, Instagram, Facebook, or other social media, for something that was not school work, on an average school day)	40.4 (36.3-44.7)	946	48.1 (38.6-57.9)	167			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2017 YOUTH RISK BEHAVIOR SURVEY RESULTS

### San Diego High School Survey Risk Behaviors and Sex of Sexual Contacts Report

#### Physical Activity

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>†</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN82: Percentage of students who did not attend physical education (PE) classes on 1 or more days (in an average week when they were in school)	51.5 (43.5-59.5)	943	39.8 (30.6-49.8)	166	●		
QNDLYPE: Percentage of students who did not attend physical education classes on all 5 days (in an average week when they were in school)	69.2 (62.4-75.3)	943	67.7 (58.4-75.7)	166		●	
QN83: Percentage of students who did not play on at least one sports team (counting any teams run by their school or community groups, during the 12 months before the survey)	38.1 (33.9-42.4)	936	51.0 (39.2-62.7)	162		●	
QN84: Percentage of students who had a concussion from playing a sport or being physically active (one or more times during the 12 months before the survey)	18.3 (15.3-21.6)	945	22.1 (14.9-31.4)	166		●	
QN88: Percentage of students who did not get 8 or more hours of sleep (on an average school night)	77.5 (74.6-80.1)	938	81.1 (73.7-86.8)	166		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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Other	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>†</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN85: Percentage of students who were never tested for human immunodeficiency virus (HIV) (not including tests done when donating blood)	86.3 (83.9-88.3)	931	78.0 (70.5-84.1)	161	●		
QN86: Percentage of students who did not see a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)	27.1 (24.0-30.4)	945	26.1 (19.2-34.5)	165			●
QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)	1.5 (0.8-2.6)	945	2.7 (0.8-8.7)	165			●
QN87: Percentage of students who had ever been told by a doctor or nurse that they had asthma	23.5 (20.2-27.2)	940	26.8 (19.3-35.9)	166			●
QN89: Percentage of students who described their grades in school as mostly C's, D's, or F's (during the 12 months before the survey)	29.2 (24.3-34.8)	935	28.0 (20.8-36.5)	166			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2017 YOUTH RISK BEHAVIOR SURVEY RESULTS

### San Diego High School Survey Risk Behaviors and Sex of Sexual Contacts Report

#### Site-Added

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>†</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN90: Percentage of students who are transgender	0.9 (0.4-2.1)	951	3.0 (1.2-7.0)	167			●
QN92: Percentage of students who reported someone they were dating or going out with purposely tried to control them or emotionally hurt them one or more times (such things as being told who they could and could not spend time with, being humiliated in front of others, or being threatened if they did not do what they wanted, during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	20.3 (16.8-24.1)	783	31.1 (22.0-41.9)	131		●	
QN93: Percentage of students who have ever been given money, a place to stay, food, or something else of value in exchange for sex	3.3 (2.2-4.8)	948	13.2 (8.3-20.4)	166		●	
QN94: Percentage of students who have been harassed because someone thought they were gay, lesbian, or bisexual (one or more times during the 12 months before the survey)	14.2 (11.7-17.1)	950	36.8 (29.2-45.2)	167		●	
QN95: Percentage of students who had texted, e-mailed, or posted electronically a revealing or sexual photo of themselves (during the 30 days before the survey)	25.6 (22.6-29.0)	939	38.3 (31.6-45.4)	162		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2017 YOUTH RISK BEHAVIOR SURVEY RESULTS

### San Diego High School Survey Risk Behaviors and Sex of Sexual Contacts Report

#### Site-Added

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>†</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN96: Percentage of students who reported a revealing or sexual photo of them had been texted, e-mailed, or posted electronically without their permission (during the 30 days before the survey)	4.0 (3.0-5.3)	950	4.8 (2.1-10.3)	165			●
QN97: Percentage of students who did something to purposely hurt themselves without wanting to die (such as cutting or burning themselves on purpose one or more times during the 12 months before the survey)	16.6 (14.4-19.0)	950	37.5 (27.5-48.6)	167		●	
QN98: Percentage of students who responded that a drug sniffing dog on their campus would make them feel a little or not at all safer	68.4 (65.0-71.5)	935	66.8 (58.2-74.4)	157			●
QN99: Percentage of students who reported their partners were three or more years older than themselves the first time they had sexual intercourse (among students who have had sexual intercourse)	12.7 (9.9-16.3)	637	26.8 (19.6-35.4)	103		●	
QN100: Percentage of students who have been pregnant or gotten someone pregnant (one or more times)	2.8 (1.9-4.0)	939	10.1 (4.9-19.6)	160		●	
QN101: Percentage of students who have ever participated in oral sex	63.7 (59.5-67.7)	944	68.6 (60.1-76.1)	166			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2017 YOUTH RISK BEHAVIOR SURVEY RESULTS

### San Diego High School Survey Risk Behaviors and Sex of Sexual Contacts Report

**Site-Added**

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>†</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN102: Percentage of students who have not been taught in school or are not sure if they have been taught in school about how to use a condom to prevent pregnancy or sexually transmitted diseases (STDs) (including HIV)	12.5 (10.2-15.3)	940	18.6 (13.0-26.0)	164		●	
QN103: Percentage of students who have not ever been taught or are not sure if they have ever been taught in school about where they could get sexual health services (such as birth control, condoms, or HIV or other sexually transmitted disease (STD) testing or treatment)	21.8 (18.7-25.2)	941	18.4 (12.5-26.1)	164			●
QN104: Percentage of students who did not have a teacher or other adult in their school help them find a place where they could get tested for HIV or other sexual transmitted diseases (STDs) (among students who needed to find a place for HIV or other STD testing during the 12 months before the survey)	68.4 (62.4-73.8)	310	69.4 (51.0-83.1)	54			●
QN105: Percentage of students who did not have a teacher or other adult in their school help them find a place where they could get birth control (among students who needed to find a place to get birth control during the 12 months before the survey)	69.4 (64.1-74.1)	363	73.6 (57.0-85.4)	63			●
QN106: Percentage of students who disagree or strongly disagree that their school has clear consequences for students who bully or harass other students	23.3 (20.6-26.1)	942	29.4 (22.7-37.0)	165			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.