

General COVID Protocol Updates

Facemasks are required indoors for all staff, students, and volunteers (regardless of vaccination status). Facemasks are required outdoors at all times except for during eating and periods of heavy exertion (ex. PE).

All staff is either fully vaccinated or will be COVID tested weekly.

What happens if your child experiences symptoms at home or school?

Due to the current COVID situation, illness protocols have changed.

You will no longer be required to submit daily symptom checklists for your student(s). You are expected to monitor your student(s) for symptoms every morning before sending to school. Please refer to the attached daily symptom checklist for at home monitoring.

Please take your student(s) temperature every morning before coming to school. If your student has a fever or any other COVID-like symptom, do not send them to school. Notify Nurse Tiana at tiwamiya@sandi.net or (858)314-8073 and she will provide you with further instructions.

If your student experiences any symptoms while at school, you will be required to come pick them up. Students will either have to stay home for ten days or may return earlier after receiving a negative PCR COVID test. Nurse Tiana or an individual from the district's contact tracing team will contact you to provide further information and timeline on when your student can return to school.

On-Campus COVID Testing

COVID testing will be available at Cadman Elementary every Thursday from 8am-11am. COVID testing is optional for students, but highly encouraged. All families are required to complete an electronic testing acknowledgement form on PowerSchool Parent/Student Portal. Please refer to the attached job aid for instruction on completing this form. If you need additional support, please contact the front office.

To register your student for COVID testing, please sign-up through this link:

https://my.primary.health/l/sdusd_testing

Once you have completed the registration, your child will be enrolled in weekly COVID testing. If at any time you would like to unenroll your child from weekly COVID testing, please email Nurse Tiana at tiwamiya@sandi.net.

Positive Cases, Quarantine, and Contacting Tracing

Families will receive notification from Nurse Tiana if there is a positive COVID case on campus, and if your student is considered a close contact. Nurse Tiana or a contact tracer will provide follow-up information.

All COVID-19 cases are reported to our school nurse, cluster coordinator, and our contact tracing team. You will be notified if your student(s) is determined to be a close contact.

Please email or call Nurse Tiana if your child has been exposed to COVID. She will provide you with further information and a timeline for your student to quarantine.

Some students may be eligible for “in-school” modified quarantine (if they were close contacts from a school case, they have no symptoms and can get tested twice per week). Further instruction on this will be provided by Nurse Tiana or a contact tracer if your student qualifies for a modified quarantine.

Where Can I Get My Child COVID tested?

There are many resources available for PCR COVID testing, including but not limited to:

- Your child’s pediatrician
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- County of San Diego Locations:
 - <https://211sandiego.org/covid19/covid-19-testing/>
 - or call 211
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- Kaiser Permanente
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- Rady Children’s:
 - <https://redcap.rchsd.org/surveys/?s=XXPXJTT9MD>
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- Family Health Centers of San Diego:
 - <https://redcap.rchsd.org/surveys/?s=XXPXJTT9MD>
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- Rite Aid, CVS, and Walgreens
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- COVID Clinic:
 - <https://www.covidclinic.org/>

Best Regards,

Tiana Iwamiya, MSN, RN, PHN

Registered Credentialed School Nurse

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