

2022-2023 Morning Break Café Menu

	Monday			Tuesday			Wednesday			Thursday			Friday		
	PCS#	Item Name	K-12	PCS#	Item Name	K-12	PCS#	Item Name	K-12	PCS#	Item Name	K-12	PCS#	Item Name	K-12
Fruit	REC1874	Fresh Fruit Selection	1 ea	REC1874	Fresh Fruit Selection	1 ea	REC1874	Fresh Fruit Selection	1 ea	REC1874	Fresh Fruit Selection	1 ea	REC1874	Fresh Fruit Selection	1 ea
	90107	Apple Juice	4 oz	90106	Orange Juice	4 oz	90105	Berry Juice	4 oz	90107	Apple Juice	4 oz	90106	Orange Juice	4 oz
Entrée #1	53476	Whole Grain Cinnamon Roll	1 ea	6652	Cured Turkey & Cheese Roll-Up	1 ea	65640	Chicken & Waffle Sandwich	1 ea	60891	Farmer's Market Fat Cat Bar	1 ea	REC2367	Sunrise Burrito (Egg, Tots & Cheese Burrito)	1 ea
Entrée #2	24928, 50058, 1509	Assorted Cereal and Graham Cracker	1 ea	REC14923	Fruit & Yogurt Parfait	1 ea	24928, 50058, 1509	Assorted Cereal and Graham Cracker	1 ea	REC14923	Fruit & Yogurt Parfait	1 ea	24928, 50058, 1509	Assorted Cereal and Graham Cracker	1 ea
Milk	1082-1 1697	1% White Milk or Fat Free White Milk	1 ea	1082-1 1697	1% White Milk or Fat Free White Milk	1 ea	1082-1 1697	1% White Milk or Fat Free White Milk	1 ea	1082-1 1697	1% White Milk or Fat Free White Milk	1 ea	1082-1 1697	1% White Milk or Fat Free White Milk	1 ea

**Note: Both milk varieties (1% white and fat free white) must be offered to students each day
Salsa can be served with the Sunrise Burrito; either using REC50454 or Traknow item #43227**