

2022-2023 Sandi Coast Express K-12 Salad Bar Menu

	PCS#	Item Name	K-5	9-12
Milk: Daily	K-8 (1321/1401) 9-12 (1082-1/0067)	1% White Milk or NF Chocolate Milk	1 ea	1 ea

	PCS#	Item Name									
Condiments: Daily	5155	Ketchup	11810	Hot Sauce	11813	BBQ Sauce	5200	Mustard	11808	Mayonnaise	

	Monday				Tuesday				Wednesday				Thursday				Friday			
	PCS#	Item Name	K-8	9-12	PCS#	Item Name	K-8	9-12	PCS#	Item Name	K-8	9-12	PCS#	Item Name	K-8	9-12	PCS#	Item Name	K-8	9-12
Entrée #1:	REC57664 REC16166	Teriyaki Chicken w/ Rice	#8, 2- #8 Rice	#8, 2- #8 Rice	REC45548	Beef Soft Taco	1 ea	—	REC24822	All Beef Hot Dog	1 ea	1 ea	REC1178	Cheeseburger	1 ea w/ 3.5" HB Bun	—	0701	Chicken Nuggets	5 ea	6 ea
					REC45548	Beef Soft Taco	—	2 ea					REC9112	All American Cheeseburger	—	1 ea w/ 4" HB Bun	46332	Dinner Roll (2 Grain)	—	1 ea
													REC1918	Lettuce & Pickle Cup	#12	#12				
Entrée #2:	39757 45769	Chicken Tenders w/ Waffle	3 strips, 1 waffle	3 strips, 2 waffles	66132	Pepperoni Pizza	8/sh	8/sh	REC7511	Chicken Patty Sandwich	1 ea w/ 3.5" HB Bun	—	REC27250	Buffalo Chicken Pizza	1 ea	1 ea	REC41648	Chili Cheese Nachos	1 ea	1 ea
									REC0055	Chicken Patty Sandwich	—	1 ea w/ 4" HB Bun								
									REC1918	Lettuce & Pickle Cup	#12	#12								
Entrée #3	REC6813	Caesar Salad w/ Chicken on the Side	1 ea	1 ea	REC65785	Mediterranean Salad	1 ea	1 ea	REC19706	Garden Salad w/ Chicken on the Side	1 ea	1 ea	REC65785	Mediterranean Salad	1 ea	1 ea	REC6813	Caesar Salad w/ Chicken on the Side	1 ea	1 ea
	46332	Dinner Roll (2 Grain)	1 ea	1 ea	50630	Flatbread	1 ea	1 ea	46332	Dinner Roll (2 Grain)	1 ea	1 ea	50630	Flatbread	1 ea	1 ea	46332	Dinner Roll (2 Grain)	1 ea	1 ea
Entrée #4	REC2493	Chicken Ranch Wrap	1 ea	1 ea	REC61381	Buffalo Chicken Wrap	1 ea	1 ea	REC2493	Chicken Ranch Wrap	1 ea	1 ea	REC63144	Turkey & Provolone Sandwich	1 ea	1 ea	REC61381	Buffalo Chicken Wrap	1 ea	1 ea
*Manager's Special (6-12 ONLY)	Pattern in Traknow	Manager's Special (Choose 1 of 4)	—	1 ea	Pattern in Traknow	Manager's Special (Choose 1 of 4)	—	1 ea	Pattern in Traknow	Manager's Special (Choose 1 of 4)	—	1 ea	Pattern in Traknow	Manager's Special (Choose 1 of 4)	—	1 ea	Pattern in Traknow	Manager's Special (Choose 1 of 4)	—	1 ea
Salad Bar	REC11904	Romaine & Grape Tomatoes			REC11904	Romaine & Grape Tomatoes			REC11904	Romaine & Grape Tomatoes			REC11904	Romaine & Grape Tomatoes			REC11904	Romaine & Grape Tomatoes		
	0800	Broccoli Florets			0800	Broccoli Florets			0800	Broccoli Florets			0800	Broccoli Florets			0800	Broccoli Florets		
	0433	Cucumber Coins			0433	Cucumber Coins			0433	Cucumber Coins			0433	Cucumber Coins			0433	Cucumber Coins		
	0922	Pinto Beans			0922	Pinto Beans			0922	Pinto Beans			0922	Pinto Beans			0922	Pinto Beans		
	0298	Corn			0298	Corn			0298	Corn			0298	Corn			0298	Corn		
	3955	Carrot Sticks			3955	Carrot Sticks			3955	Carrot Sticks			3955	Carrot Sticks			3955	Carrot Sticks		
	1738	Ranch Dressing			1738	Ranch Dressing			1738	Ranch Dressing			1738	Ranch Dressing			1738	Ranch Dressing		
	40887	Italian Dressing			40887	Italian Dressing			40887	Italian Dressing			40887	Italian Dressing			40887	Italian Dressing		
	F or V	Flex			F or V	Flex			REC7532	HOTM			F or V	Flex			F or V	Flex		
		USDA Fruit				USDA Fruit				USDA Fruit				USDA Fruit				USDA Fruit		
	Seasonal Fresh Fruit				Seasonal Fresh Fruit				Seasonal Fresh Fruit				Seasonal Fresh Fruit				Seasonal Fresh Fruit			

Manager's Specials: Veggie Burger (REC6670), Baja Fish Tacos (REC2267), Carnitas Burrito (REC43611) or Western Bacon Cheeseburger (REC34854)

Salad dressings that can be made- Strawberry vinaigrette (REC54971) and Cilantro Jalapeno dressing (REC53538)

Composed Salads available- Tossed Caesar Salad (REC1748), Spicy carrots (REC47841) or Mango Berry Blast(REC36887)

Vegetarian options

Vegan options w/ plant-based protein

Commodity Items - 9 (Includes Buffalo Chicken Pizza + Chicken on the side for salads)