

What's Growing On

Welcome to the garden and nutrition corner. January started with all us coming back from vacation, so we kicked off the New Year with some garden work days. Garden days include a variety of tasks such as weeding, composting, mulching and other random jobs. All the grades did some weeding, which was great after the rains since the soil was soft and easy to pull out weeds from the root. We turned the compost which is finally starting to break down! The whole school does a great job contributing “greens” to our compost bin to create more balance. Fifth graders worked up a sweat fixing and covering up our drip irrigation system so we don't trip while working in the garden, thank you fifth graders!

In the Nutrition Science Lab, we experimented with making butter out of cream. Students shared the task of shaking and “churning” the cream into butter. We sang songs and practiced multiplication tables to pass the time. We then spread our homemade, creamy, super yummy butter on a few slices on toast and sat back to enjoy the results of our hard work. See the “Recipes” section for step-by-step instructions on making butter at home!

Do you want to help in the garden or Nutrition Science Lab? To learn how you can get involved, please contact the Garden and Nutrition teacher Kim-Ashleigh Mostert at kmostert@sandi.net



5th Grade – Working on irrigation system



1st Grade – Making butter



4th Grade - Weeding