

What's Growing On - April

Welcome to the garden and nutrition corner! April brought some good changes to the garden. Students applied the concept of crop rotation to the garden, and planted summer crops, such as melon, tomatoes and peppers, which thrive with the warmer weather. Younger grades also learned the importance of different parts of a flower and studied how the roots provide water to the flower and how the leaves turn sunlight into plant food. We also planted flowers in the garden to encourage pollinators! The orchard is blossoming with new buds and students added more color by displaying their artwork around the trees, come check it out!



With the turn of the crops, students harvested many leafy greens such as lettuce, spinach, kohlrabi, and cabbage, the perfect ingredients for salads! Students practiced their knife skills while thinly shredding ingredients for coleslaw and a garden salad, then paired it with a home-made dressing or ranch. See the “Recipes” section on the garden and nutrition website for our home-made dressing and coleslaw recipe to make at home.

We’re always looking for help in the garden during or after school hours. To learn how you can get involved, please contact the Garden and Nutrition teacher Kim-Ashleigh Mostert at kmostert@sandi.net

