

Yogurt Dirt

Create edible dirt! In the garden we find more than just dirt in the soil. What else do we find?

Ingredients/Materials:

- Clear cup
- Spoon
- 4oz Greek yogurt, vanilla or honey flavor
- 1tsp cocoa powder
- 2 tbsp crushed bran flakes cereal
- 1 tbsp puffed millet
- 1 tbsp raisins
- 2 banana slivers

Directions:

1. Prepare ingredients
 - ❖ Greek yogurt + cocoa powder = dirt
 - ❖ Crushed bran flakes = leaves
 - ❖ Puffed millet = rocks
 - ❖ Raisins = compost/worm castings
 - ❖ Banana slices = worms
2. Build your own cup of dirt by adding all ingredients to the cup
3. Enjoy!

