Principal’s Message:
A few pieces of business to address this week:

- **MODIFIED MONDAYS:** As you know, our modified Monday schedule begins next week, September 27, 2021. In years past, we were able to end the school day early for our modified Monday meetings, but this year that option was not available to our site. First period will begin at 9:37 am, but the official end to the day will remain the same at 3:30 pm. Gates will be open beginning at 8:30 am. If you have any questions or concerns, please reach out to your student’s vice principal.
  
  Jason Fowler: Students with a last name beginning with A-L
  Email address: jfowler1@sandi.net

  Brittani Siracusa: Students with a last name beginning with M-Z
  Email Address: bsiracusa@sandi.net

- **OPEN HOUSE:** Open House will be virtual again this year. Please see the flyer included on Pages 2 & 3 for more info.

- **COVID TESTING:** COVID testing continues to be available at MMHS every Monday, 8:30 am to 4:30 pm. Appointments are required. More info is available here: https://docs.google.com/document/d/1bVANMDSzENhWxCa_tS-oAAzh-TZEJ-BfrF-algbYv9M/edit

Happy Weekend!
Principal Sabins

Helpful Information/Links:

**MMHS WEBSITE:**
https://miramesa.sandiegounified.org

**MMHS ATHLETICS:**
https://mmmarauders.com/

**POWERSCHOOL STUDENT/PARENT PORTAL:**
https://powerschool.sandi.net/public/

**ONLINE LEARNING SUPPORT FOR FAMILIES:**
https://sites.google.com/sandi.net/instructionalcontinuityit/technology-support-for-families

**SDUSD BACK TO SCHOOL GUIDE:**
https://online.flippingbook.com/view/525660565/

**ON-SITE COVID TESTING:**
https://www.sandiegounified.org/covid-19_status/c_o_v_i_d-19_testing

**Modified Monday**

*Late Start*
**9:37 AM**

Modified Mondays begin on Monday, September 27th.

With the healthy start time guidelines, any modified schedules were required to be late start instead of early release, which is the reason for this change.

*School will start at 9:37 on Modified Mondays.*

*School will release at 3:30 Monday-Friday.*

**Parent Portal**
https://powerschool.sandi.net/public/

Do you need help accessing or creating an account? Contact Amanda Courtney at acourtney@sandi.net
The Admin Team has prepared a short Intro/Welcome Video for your viewing prior to virtual classroom visits. The video provides general information as well as information regarding site funding, COVID testing, upcoming homecoming festivities, and other exciting news.

This video will be posted to the main page of the MMHS website on Wednesday, 9/30.

https://miramesa.sandiegounified.org/

Virtual classroom visits will take place starting at 5:44 p.m. and will conclude at 7:30 p.m.
Fall Virtual Open House
September 29, 2021
5:44 p.m. to 7:30 p.m.

Pre-recorded - MMHS Introduction
5:44 p.m. - Zero and 7th Period Class Visitation
6:00 p.m. - Class Visitations Begin – All Classrooms

Administrative Team
Jeff Sabins, Principal
Jason Fowler, Vice Principal (A-L)
Brittani Siracusa, Vice Principal (M-Z)
Ron Lardizabal, Athletic Director
Amanda Courtney, Administrative Assistant I

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<thead>
<tr>
<th>Period/Time</th>
<th>Subject</th>
<th>Teacher</th>
<th>Zoom Info</th>
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<tbody>
<tr>
<td>0 or 7th Period</td>
<td>5:44-5:54 p.m.</td>
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<td>1st Period</td>
<td>6:00-6:10 p.m.</td>
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<td>2nd Period</td>
<td>6:16-6:26 p.m.</td>
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<td>3rd Period</td>
<td>6:32-6:42 p.m.</td>
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<td>4th Period</td>
<td>6:48-6:58 p.m.</td>
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<td>5th Period</td>
<td>7:04-7:14 p.m.</td>
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<td>6th Period</td>
<td>7:20-7:30 p.m.</td>
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**AP EXAM**
If your child is planning to take an AP exam this year, the deadline to register for the exams is October 15th. Select link to register: [file:///C:/Users/122757/AppData/Local/Microsoft/Windows/INetCache/Content.Outlook/NQAEG2KZ/student%20flyer%20AP%20exams%202022_.pdf](file:///C:/Users/122757/AppData/Local/Microsoft/Windows/INetCache/Content.Outlook/NQAEG2KZ/student%20flyer%20AP%20exams%202022_.pdf). Students can also take an AP test as “exam only” which means they are not enrolled in the class, but will study on their own to take an AP exam. Students in this situation would also register from the link above. Once students register, they will get an email invoice indicating how much they need to pay for their AP exams. If you have questions about AP testing, please contact Mrs. Blanchard at db Blanchard@sandi.net. You can also find valuable information on our school website at: [https://sites.google.com/sandi.net/mmhscounseling/testing-and-test-prep](https://sites.google.com/sandi.net/mmhscounseling/testing-and-test-prep).

**COLLEGE NIGHT FOR SENIORS**
If you missed College Night for Seniors, you can find the link to the slide presentation and recording on our Class of 2022 page at: [https://sites.google.com/sandi.net/mmhscounseling/seniors-co-2022](https://sites.google.com/sandi.net/mmhscounseling/seniors-co-2022).

**COLLEGE NIGHT FOR JUNIORS**
Counselors will host College Night for Juniors Tuesday, October 5th and 10th. Grade Night Wednesday October 6th. The information presented at each of our evening events is different so please be sure to attend both events if you have students in 10th and 11th grade. The presentations will begin at 5:30 and will include a live question and answer session. Links to the presentations will be coming soon.

**MENTAL WELLNESS RESOURCE**
The counseling department is fortunate to have a counselor fieldwork student from San Diego State University, and her name is Kimberly Kuizon aka: Ms. Kimmy. Ms. Kimmy has started Wellness Wednesday where she will post various tips, activities, or links to help students with their mental wellness. These are posted to the grade level Google Classrooms the counseling department has created. Ms. Kimmy will also start posting information about a featured college each Thursday beginning October 7th on our Instagram page @mmhsschoolcounseling.

**SENIOR REVIEW**
Counselors are finishing up senior reviews, and during October, we will be reaching out to our junior parents/guardians who have a junior who may not be on track to earn a diploma to schedule a meeting about the concerns and to develop a plan to get the student back on track.

**VIRTUAL COLLEGE FAIRS—UC and CSU**
The California State University (CSU), University of California (UC) and Association of Independent California College and Universities (AICCU) are partnering to provide seven virtual college fairs this October. All UC and CSU campuses, and a majority of independent colleges and universities from the AICCU, will participate. All events are free, and all California students are encouraged to attend! While fairs are scheduled in regions, students can attend any date that is best for them. Students can register by visiting [https://cacollegefairs.org/conventions](https://cacollegefairs.org/conventions) and creating an account on Visit Days. Attendees will be able to join live sessions, watch campus videos and visit campus booths to live chat and/or meet with campus representatives. The fairs are scheduled for:

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<tr>
<th>Location</th>
<th>Date/Time</th>
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| Northern California | Saturday, October 2  
1:00 – 3:00 p.m. PDT  |
| Southern California 1 | Wednesday, October  
6:00 – 7:00 p.m. PDT  |
| Central California  | Saturday, October  
1:00 – 3:00 p.m. PDT  |
| Southern California 2 | Saturday, October  
16:00 – 3:00 p.m. PDT  |

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<tr>
<th>Location</th>
<th>Date/Time</th>
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| Northern California | Tuesday, October 12  
from noon – 2:30 p.m. PDT  |
| All (evening)  | Wednesday, October 13  
from 5:00 – 7:00 p.m. PDT  |
| Southern California 2 | Thursday, October  
16:00 – 3:00 p.m. PDT  |
| Southern California 2 | Thursday, October  
16:00 – 3:00 p.m. PDT  |

**SUICIDE AWARENESS AND PREVENTION MONTH**
September is Suicide Awareness and Prevention month. Sadly, MMHS counselors have already met with students who are struggling emotionally and have had thoughts of suicide. Know the warning signs and how to help by visiting this link: [https://familyguidanceandtherapy.com/signs-to-spot-suicidal-tendencies-in-children-and-teens-and-how-to-respond](https://familyguidanceandtherapy.com/signs-to-spot-suicidal-tendencies-in-children-and-teens-and-how-to-respond). It could help save your child’s life.
College Night for Juniors

Zoom presentation
October 5th @ 5:30 PM

Learn what juniors should be doing now to prepare for applying to college as seniors

You must log in using your child's SDUSD login
https://sandiegounified.zoom.us/j/88481586801
10th Grade Night

October 6th 5:30 PM via Zoom

Learn how to read a transcript and how to prepare for the rest of high school and your plans after high school.

https://sandiegounified.zoom.us/j/82073506562

You must log in using your child’s SDUSD login
Mira Mesa High School

All PBO Meeting

All MMHS PBO groups should have a representative attend the Zoom meeting

*09.30.2021 @ 5:30 PM

https://sandiegounified.zoom.us/j/81408407794

Questions? Contact Brittani Siracusa at bsiracusa@sandi.net