Differentiation is both a process and a goal—"with up to 180 students over the course of a day, a teacher cannot possibly differentiate for every student’s needs every day. Rather, lesson plans, assignments, and activities vary with groupings/categories of students, and the anecdotal record-keeping and on-going assessments allow the teacher to try to tailor instruction to suit each student as best he/she can for the students to meet the standards and grow as learners."