

10.03.2020

*There are a lot of options between all in and all out.*

Robyn Conley Downs

Good morning,

I hope this email finds your family well and enjoying time together this weekend. As we enter week six of the school year, many of us are feeling more settled into the routines and structures that will carry us through the fall. I am sure you have also heard about the Phase One reopening of schools! This is a great time for us to build new procedures and infrastructure to begin safely supporting students back on campus. **Read on to learn more about what you need to know for the week:**

### **Phase One Reopening**

The teachers and I have been reviewing the progress students have made since the start of the year. Beginning next week, we will be selecting students who may be eligible to participate in scheduled learning sessions with teachers, paraprofessionals and other support staff on campus. Those families will begin receiving requests to participate in scheduled sessions at their elementary school, with the first small groups returning on October 13.

Parents will hear directly from our staff regarding student participation in onsite learning, so no additional action is required by students or parents at this time. This is an ongoing process at our school. All staff members must voluntarily come back onsite to work with children, and my discussions with teachers will continue to focus on how we can provide conditions and structures conducive to safe, small-group onsite learning.

From the start of the COVID-19 crisis, San Diego schools have put the health and safety of our students and staff first. We continue to receive guidance from some of the leading scientific experts and medical researchers from the University of California in San Diego (UCSD). It has been recommended that we reopen schools slowly and in phases to avoid being forced to quickly close again.

The District is hopeful this initial phase of reopening will continue with minimal disruption due to the continued spread of the COVID-19 virus. As a system, we have already spent \$45 million preparing for the safest possible return to learning. We have also established strict health and safety guidelines to protect everyone during this difficult time.

Parent voice is important in any reopening plan. We invite you to attend upcoming SSC and SGT meetings to participate in discussions as we seek to create educational experiences to meet the variety of student and family needs at this time. Please see the information below to join us at these meetings. ***We are still in need of one more parent SSC member at TPES!*** Please let me know if you are interested in attending these monthly meetings.

### **Friday, October 9: Early Intervention Parent-Teacher Conferences**

This Friday, October 9, is a previously scheduled minimum day for students. The afternoon has been reserved for teachers to hold conferences with parents whose children's progress may be of concern. By holding this meeting in advance of the November traditional parent-teacher conferences, we hope to implement an action plan more proactively. Please reach out to your child's teacher for more information.

### **Choice Enrollment Window Opens**

The Enrollment Options Online Application will open on October 5, 2020 and close on November 16, 2020. Parents have the opportunity to submit an online Enrollment Options application via the School Choice, Magnet, and Voluntary Enrollment Exchange Program (VEEP), by accessing the district website at [https://www.sandiegounified.org/departments/neighborhood\\_schools\\_and\\_enrollment\\_options/choice\\_enrollment\\_guide](https://www.sandiegounified.org/departments/neighborhood_schools_and_enrollment_options/choice_enrollment_guide). The online application is available in English and Spanish and parents may identify up to three (3) schools of Choice. This year, the Enrollment Options guide will be published online in order to assist parents in making informed public school choices. There is no benefit to applying early, but applications must be received between October 5, 2020 and November 16, 2020 to receive priority in the electronic lottery. Applications submitted after November 16, 2020 will be added to the end of the randomized list in time/date order of submission, after the lottery of on time applications is processed.

Choice applications are required for all non-resident pupils wishing to enroll in a school including:

- Incoming younger siblings of currently enrolled Choice pupils
- Pupils who were enrolled as residents and then moved out of a school's area but wish to remain enrolled
- Currently enrolled Choice pupils who originally were accepted as residents of SDUSD, but then moved out of the District boundaries
- Children of employees
- Pupils currently attending a Pre K program at a site that is not their school of residence
- Pupils currently enrolled in Magnet programs who wish to articulate to a similar program at the next level, if it is not located in the same high school cluster as the current school of enrollment

Choice application are not needed for:

- Resident pupils
- Currently enrolled Choice pupils who have not moved out of the district
- Currently enrolled Choice pupils who reside out of district and have valid Interdistrict Attendance Permits on file, and/or are articulating to the next level within a cluster feeder pattern
- Currently enrolled Choice pupils who are preparing to articulate within the high school cluster to the next level school

Please note: Choice priorities expanded in the 2019-20 school year, and include:

- Comprehensive Support and Improvement (residents of identified CSI schools)
- Magnet continuity
- Currently enrolled siblings
- Children of employees
- Pupils enrolled in pre-k programs
- Move/continue (in district)
- Move/continue (out of district)
- Concurrently applying siblings (single site & same cluster)
- New to district residents coming from other school systems

We continue to offer the priority to employees of the district who wish to enroll their child(ren) in a school located in the high school cluster in which they work. Employees must be a minimum of .5 FTE in the cluster of employment.

### **District Notices and Agendas**

Please see attached.

### **Information Worth Repeating**

#### **Shop at Ralphs and Support Our School**

It just takes a few minutes to register, so your purchases at Ralphs can directly support our school. During these times, resources are more important than ever! Please see the attached flier to learn more.

#### **Kids Body Connection Available on Zoom Every Tuesday and Thursday from 12:30-1:00 PM**

Join Zoom Meeting

<https://us04web.zoom.us/j/78838781992?pwd=ampkSIRBMm5oWDFHR01aSGtkTIB4Zz09>

Meeting ID: 788 3878 1992

Passcode: KBC

***A balanced body is the key to a balanced life. Teaching kids to connect with their body and breathing unlocks unlimited potential for their future.***

About the Program:

Kids Body Connection (KBC) was developed to teach children to learn how to use their body as a tool for everyday life. We start by influencing a Beginner's mind Mindset, open to learn and open to grow. The 15-minute program is designed with four parts.

Part 1: Conscious Body Flow (CBF), where a positive relationship with gravity is developed and simply applied. Good form is a great way to start the day.

Part 2: Conscious Breathing Exercises (CBE). Here we practice two rounds of 20 to 30 breaths with retention. Breathing practices allow children to pause to feel the feelings inside their body, allowing for a greater understanding.

Part 3: Body Connection Exercise (BCE). Here we focus on the 4 Pillars of Fitness: Posture, Flexibility, Balance, and Agility, the most foundational practice for human growth and development for everyday living activities.

Part 4: A Moment of Silence. For three minutes, all children sit together and pause to feel the sensations inside their body; transitioning into a growth mindset, ready to learn.

Kids Body Connection is a golden program designed to elevate human potential from an early age. Imagine if you had learned about your body and how to use it while at school. KBC is changing the way children interact, understand, and act toward themselves and others. Together we can integrate this simple, educational, timeless, and fun program in all schools.

#### **Save the Date for GATE Parents Information Session Monday, October 19 from 300-4:00 PM**

Our school psychologist, Eileen McNeil, will join the principal to share information about Gifted and Talented Education (GATE) assessment and instruction at Torrey Pines.

#### **Save the Date for La Jolla Parenting Seminar with Dr. Susan Wais**

[Please click this link to register for the first workshop on October 20 from 6:00-7:00 PM.](#)

See the attached flier for more information.

**Breakfast and Books \*Note the New Time: Starts 15 minutes later.**

Join Ms. Richard on Tuesdays and Thursdays from 8:00 - 8:30 AM for a read aloud and short chat with students at breakfast time, before the school day begins. Tuesdays will be geared toward a TK-2 audience. Thursdays will be oriented toward grade 3-5 students. Each session has a social-emotional focus.

Zoom link: <https://sandiegounified.zoom.us/j/91548369892>

The password is: **book**

**School Site Council and School Governance Team**

The first SSC meeting of the year is scheduled for Wednesday, October 7 from 7:45 to 8:24 AM.

Zoom link: <https://sandiegounified.zoom.us/j/82705330996>

Password: SSC

The first SGT meeting of the year is being scheduled for Thursday, October 15 from 7:15 to 8:00 AM.

**La Jolla Cluster Meetings**

Save the dates! These are a great way to hear more about issues that are affecting other SDUSD schools in our La Jolla community. The meeting dates this year are scheduled for 10/15, 11/19, 12/17, 1/21, 2/18, 3/18, 4/15, 5/20. All meetings run from 4:15-5:30 PM.

**Upcoming Distribution Days**

Save these dates! Remember to reserve 10/30 and 12/4 as opportunities to “drive by” to say hello to teachers and pick up necessary materials for instruction.

**Technology Support**

I apologize for the inconvenience in advance, but we are no longer allowed to exchange non-working Chromebooks for working Chromebooks onsite. If your child has any technology issues, please see this Parent Support Website <http://bit.ly/sdusditsupport> for next steps.

\*\*\*Don't miss out on important information about TPES! Register on the Foundation page:

<https://www.tpesfoundation.org/register>

Enjoy the week!

Ms. Richard