

01.10.21

“Hatred paralyzes life; **love** releases it.
Hatred confuses life **love** harmonizes it.
Hatred darkens life; **love** illuminates it.”
-Martin Luther King Jr.

Dear TPES Community,

What a week! I hope you are enjoying family time this weekend after a very full week of returning to work and school in this new year. Some parents have shared with me that because their children are at home during the school day, they have been exposed to more news than usual.

If you are looking for ways to discuss the week's events as a family, [Commonsense Media offers this resource](#), with specific information according to a student's grade level. In addition, [Scholastic News is providing various age-appropriate resources](#) for leading a discussion with your child. As I am typing, I am listening to the [NPR Up First Podcast from today, January 10 2021: What To Tell Kids When The News Is Scary](#).

Should you choose to talk with your children, it may be useful to do so in the context of the upcoming Martin Luther King, Jr. Holiday. Remember that there is no school on Monday, January 18, in recognition of this powerful leader in American history. Many of our teachers will be leading classroom discussions and activities to learn about the civil rights leader, but if you are looking for a conversation starter at home, [here is a short PBS video with an inspiring call for volunteerism and action](#). I also enjoy [Kid President's share about Martin Luther King, Jr.](#) You may have already seen this clip, but it's worth a second glance regardless.

No matter how your family is navigating through these times, know that you are not alone. Please keep in dialogue with your child's teacher and know that you can also reach out to our school counselor, Keri Riney, at kriney@sandi.net. I am confident that our TPES community will continue to work together to continue shaping our students to be resilient and flexible learners now and in the future, too.

Ms. Richard

[TPES School Handbook 2020-2021](#)

Our handbook remains online this year, and we are not collecting the Home Compact at this time. The beginning of 2021 is a super time of the year to review the handbook with your students. [We invite you to pay close attention to our Online Learning Expectations, on page 20](#). The handbook is reviewed by the SGT, SSC and school staff, and students, teachers and parents are expected to follow the guidelines.

Parents as Partners

The SDUSD invites parents to a Parents as Partners session

Topic: Wellness and Self Care

January 13, 2021 from 5:30-6:45

Flyers: [English](#)/[Spanish](#)

English Learner Parent Workshop (all are welcome)

Topic: How the Pandemic and related changes may impact us and healthy ways to cope.

January 14, 2021 5:00-6:00 pm.

Flyers: [English](#)/[Spanish](#)

Food Services: Grab n' Go Meals

Grab n' go meals are available for free to all children Monday-Friday from noon-2 p.m. at 77 locations! Remind your school families to take advantage of this resource. [See this flyer for more information](#).

Extra grocery items available (while supplies last) at select schools on a rotating basis. Check the schedule for grocery distributions for next week - [Grocery Item Schedule for Week of 1/11-1/15](#)

CAASPP State Testing Will Occur for Grades 3-5

Our District's Assessment Department has let us know testing will occur this year. Students can expect a total of 3.5 hours of assessment for ELA and 2.5 hours for math. Please review the following links for additional information.

<https://www.cde.ca.gov/ta/tg/ca/documents/introcastitemspecs.pdf>

<https://www.caaspp.org/administration/about/science/index.html>

<https://www.caaspp.org/rsc/pdfs/CAST.Practice-Scoring-Guide-Gr5.2020-21.pdf>

GATE Testing Update

GATE Testing will not occur this year until all students have returned to site. [Please click here for more information about the Gifted and Talented Programs in SDUSD.](#)

Kids Body Connection New Zoom Link

Please check out the new Kids Body Connection Zoom Link. Join Mrs. Juju every Tuesday and Thursday from 12:30-1:00 PM.

<https://us04web.zoom.us/j/77376229089?pwd=cUdaZElydXF3cDdNZk14WWhVWWtjdz09>

Meeting ID: 773 7622 9089

Passcode: KBC

Yearbook Survey: We Need Your Help!

TPES Parents' input will shape the Yearbook design and decisions. The yearbook staff values your thoughts. Can you please provide your feedback by January 15?

5 Min Yearbook Survey: <https://www.surveymonkey.com/r/THPVY2X>

Save the Date! Kids Heart Challenge (KHC) Kicks Off This Wednesday, January 13

All students are encouraged to join the **Livestream Assembly on January 13th at 9am via this Zoom link:**

<https://heart.zoom.us/j/88542241426pwd=RFFtK2N0dVJ0eFkvL09kN3NQOVlHUT09>

Meeting ID: 885 4224 1426

Passcode: pines

This interactive assembly will launch our KHC program that will bring our school community together in a fun way: to rally around physical and mental wellness. Students will learn how they can have happy and healthy hearts, and families will be challenged to get active! Let's all learn how we can help others with special hearts.

Please pre-register your child by downloading the "Kids Heart Challenge" FREE App or type our school name and sign up HERE: www.heart.org/khc . Any student that joins the team before January 13th will get a TOP SECRET Zoom background to show off on the day of the Kickoff Assembly!

We want 100% participation! Students who register before the assembly will get a special shout out during the live presentation! We look forward to seeing your child at the assembly. Thank you for keeping our school community healthy!

Increasing Exceptional Performance (IEP) Parent Meeting

Tuesday, Jan. 12th 4:30p.m. on Zoom

This is a meeting for parents with students who have IEPs in the LJ Cluster.

Our goal is to meet as a group monthly to help bridge the communication between parents and schools. This group wants to help meet the needs of our students with IEPs during distance learning.

Join Zoom Meeting

<https://us02web.zoom.us/j/88335008011>

Meeting ID: 883 3500 8011

Distribution Days

Our Distribution Days are changing to Wednesdays starting this month. Please save January 27 on your calendar. The schedule will be shared next week. Note that additional Distribution Days to the end of the school year are scheduled for Feb. 24, April 7 and May 5.

Weekly District Notices and Agendas

Please see attached.

Information Worth Repeating:

Student Council Playground

<https://padlet.com/Wordmaster/playground>

Use this link to find out all happenings kid-created! Thank you to our student council for organizing this virtual space

Calling all Architects!

Our TPES community is looking for an architect who would be willing to help us develop a plan for a permanent shade structure for one of our school playground areas. If you or anyone you know might be willing to donate their time or work for a reduced fee for this project, please contact: Susy Kim (susymkim@gmail.com) or Arash Izadpanah (arashderm@gmail.com).

Our School's Telephone Number is Changing

We are wrapping up our technology upgrades. The school's phone number has changed! Remember that at this time staff are working from home and are unable to answer the phone. Please continue to email office staff and teachers.

The new phone number is 619 605 3700.

Our old phone number, 858 453 2323, will continue to forward to our new line until May 2020.

School Site Council and School Governance Team

The next SSC meeting is scheduled for Wednesday, February 3 from 7:45 to 8:25 AM.

Zoom Link: <https://sandiegounified.zoom.us/j/82705330996>

The next SGT meeting is scheduled for Thursday, January 14 from 7:15 to 8:00 AM.

Zoom Link: <https://sandiegounified.zoom.us/j/84187461959>

Technology Tips

Please check out the Parent Support Website <http://bit.ly/sdusditsupport> for any technology concerns.

La Jolla Cluster Meetings

Save the dates! These are a great way to hear more about issues that are affecting other SDUSD schools in our La Jolla community. The meeting dates for the 2021 are scheduled for 1/21, 2/18, 3/18, 4/15, 5/20. All meetings run from 4:15-5:30 PM.

Cluster Meeting Zoom Link: <https://sandiegounified.zoom.us/j/82879953442>

Thank you for being an important part of our school