REFOCUS/MEDIATION FORM

NAME: _________________________ DATE: ______________ TEACHER: ________________________

a. What was I doing that was inappropriate in the classroom?
_____________________________________________________________________________________________
_____________________________________________________________________________________________

b. What happened right before the incident?
_____________________________________________________________________________________________
_____________________________________________________________________________________________

c. Why shouldn’t I have behaved this way?
1. __________________________________________________________
2. __________________________________________________________

d. What could I have done instead?
1. __________________________________________________________
2. __________________________________________________________

e. What would happen if I chose to do one action from “D”?
1. __________________________________________________________
2. __________________________________________________________

While I was acting inappropriately I felt __________ because _________________________________.

f. Afterwards I felt __________ because _________________________________.

While I was acting inappropriately I felt __________ because _________________________________.

f. Afterwards I felt __________ because _________________________________.

g. Should there be a consequence(s) for my actions?  Yes  No  If yes, what consequence would be fair?
_____________________________________________________________________________________________
What will I do differently in the future to avoid this problem?
_____________________________________________________________________________________________