SEXUAL HEALTH SERVICES (SHS) REFERRAL TOOLKIT

Sexual Health Education Program

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With support from CAI
www.connectionsforstudentsuccess.org
SHS REFERRAL TOOLKIT CONTENTS

1. Laws and Policies
2. Best Practices
3. SHS Tracking
4. SHS Clinic Information
SHS REFERRAL DEFINITION

A one-on-one conversation with a student in which you provide information about off-site providers or an on-site school-based health center for sexual health services that resulted in a formal or informal referral to one or more of those providers.
SEXUAL HEALTH SERVICES

These services include:

• HIV testing
• STD testing and treatment
• Pregnancy testing
• Provision of condoms and condom-compatible lubricants (e.g., water- or silicone-based)
• Provision of contraceptives other than condoms (e.g., birth control pill, birth control shot, IUD)
• Human papillomavirus (HPV) vaccine
SHS ACCESS POLICIES

**Family PACT**

- Provides comprehensive family planning services to low-income Californians.
- All health centers listed in Toolkit will enroll students in Family PACT.

**SB-138 Confidentiality of Medical Information**

- Allows a person who is covered under another person’s health plan to keep their health visits and information private and confidential.
- Person requesting the confidentiality does need to notify the health plan in writing.
- See *Confidential Communications Request Form* (page 19).
Minors of any age may receive the following services without parental consent:

- Birth control
- Condoms
- Medical care related to pregnancy, including abortion, but not sterilization.

Minors 12 years and older may receive the following services without parental consent:

- STD/HIV testing and treatment
- HPV vaccine
GUIDELINES FOR RELEASING STUDENTS

- Students may be released from school for confidential care services during school hours.

- School Nurse and Counselor typically facilitate the referral.

- Attendance should mark “Detained in School Office” or “Late/Leave Early Excused.”

Ed Code 46010.1, District Policy H-3500, AP 6156
WHO SHOULD MAKE A REFERRAL?

- Designated, trained staff
- All staff, via linkage to trained staff member
- Self-referral by student
WHEN CAN A REFERRAL BE MADE?

- Upon student request
- As identified during a one-on-one interaction with student
- Upon referral from other staff member
WHAT STEPS ARE INVOLVED IN MAKING A REFERRAL?

- Identify student’s needs
- Select provider
- Make referral
- Document referral
HOW TO MAKE A REFERRAL?

- Build Rapport
- Ensure Confidentiality and Consent
- Identify Student Needs
- Select the Appropriate Service(s) and Provider(s)
- Make the Referral
- Follow-Up After the Referral

(Pages 5-6)
TIPS FROM THE TRADE

- Keep conversations positive and praise students.
- Ask open-ended, clarifying questions.
- Verify appointments.
- Provide follow-up support.
SHS REFERRAL TRACKING

How do we know we are making the changes that we want to see?

- Recognize successes and trends.
- Identify challenges.
- Brainstorm strategies.
- Need data (i.e., number of referrals) to see impact.
SHS REFERRAL TRACKING LOGISTICS

- Priority Schools only

- SHS Referral Log
  - Adapt as needed
  - To count SHS Referrals

- Online Tracking Form
  - Sent monthly by Nursing and Wellness
  - Guides our programming

<table>
<thead>
<tr>
<th>Month</th>
<th>Number of Referrals</th>
</tr>
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<tbody>
<tr>
<td>August</td>
<td></td>
</tr>
<tr>
<td>September</td>
<td></td>
</tr>
<tr>
<td>October</td>
<td></td>
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</tbody>
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RECOMMENDED HEALTH CENTERS

- Title X health clinics
- School-Based Health Centers
- San Diego County HHSA
- Hospitals
- Other community service providers
SHS YOUTH-FRIENDLY CLINICS

- Established partnerships
- Best practices working with youth:
  - Provide no or low cost services
  - Honor confidentiality laws
  - Follow evidence-based clinical recommendations
  - LGBTQ inclusive
SHS ACCESS ONLINE
STUDENT RESOURCES

TIPS...

FOR YOUTH:
- KNOW your health rights and USE your health rights. KEEP this card when you visit your health care provider.

FOR PROVIDERS:
- Help youth understand consent and confidentiality at the beginning of each visit.
- A youth is more likely to disclose sensitive information when he/she has time alone with the provider to discuss concerns.
- Even when the youth presents a non-sensitive issue such as a headache, there may be underlying issues (e.g., need for an STI screening) which may only surface if the youth is provided with confidential care.
- In most cases, for services under minor consent, access to a minor’s records is only allowed with written consent of the minor.

This card provides a snapshot of CA laws. For more information please visit www.youthlaw.org

California Minor Consent Laws

YOUTH RESOURCES
STAFF RESOURCES

- Please access this PowerPoint and other resources on our program’s website:
  - [www.sandi.net/depts/sex_ed](http://www.sandi.net/depts/sex_ed)
  - [Staff Resources](http://www.sandi.net/depts/sex_ed)
  - [Teacher and Staff Resources (login)](http://www.sandi.net/depts/sex_ed)
  - [Confidential Medical Care](http://www.sandi.net/depts/sex_ed)
OUT FOR SAFE SCHOOLS BADGE