The STEPS program serves youth with sexually abusive and trauma reactive behavior. Program goals are to reduce risk of further sexually abusive behavior, improve social skills, and promote community safety.

**Services:**
- Trauma Informed/Strength Based Treatment
- Individual, Family & Group Therapy
- Crisis Response, Safety Planning, Release Prevention
- Medication Management
- Support and Education
- Safety and relapse prevention planning
- Collaboration, After care and Referrals
- On-site School in the Day Treatment Program
- Outpatient Treatment in Kearny Mesa & Escondido

**Eligibility Requirements:**
- Youth ages 6-18 with sexually abusive/reactive behavior
- Full scope Medi-Cal

**Referrals:**
Referral packets are screened for eligibility and the youth are interviewed to determine optimal level of care, whether in the Outpatient or the Intensive Day Treatment setting.

Please mail or fax referral packets to:
4660 Viewridge Avenue San Diego, CA 92123
Phone: (858)565-2510
Fax: (858) 565-0827

Mental Health Systems is a non-profit agency founded in 1978 to improve the lives of individuals, families and communities facing substance abuse and behavioral health challenges.