

SITE OPERATIONS CIRCULAR NO. 1021
Office of the Chief Curriculum and Staff Development Officer

SAN DIEGO UNIFIED SCHOOL DISTRICT

Date: September 26, 2008

To: Principals, Grades 6-8

Subject: REQUIRED HEALTH/LIFE SKILLS INSTRUCTION AND PROFESSIONAL DEVELOPMENT

Department and/or Persons Concerned: Principals of Grades 6-8, Designated Teachers

Due Date: None

Reference: Administrative Procedures 6298 and 4188

Action Requested: Implement Required Health/Life Skills Instruction at Middle Level (6-8).

Brief Explanation:

Required Health/Life Skills Instruction Grades 6-8 is outlined below. Completion of the instruction partially fulfills Education Codes and the Categorical Program Monitoring (CPM) requirements. Principals will identify teachers of existing courses to attend professional development and teach the required curriculum.

Grade Level	Instruction	# of Hours	Education Codes/CPM Mandates/District Procedures	Contacts
6	Botvin Life Skills	15 hours	Ed Code 51202; 51203; 51260; CPM*	Life Skills (858) 503-3172
6	Family Life Education	10 hours	Ed Code 51933; 51935	Health (619) 725-7123
7	Botvin Life Skills	10 hours	Ed Code 51202; 51203; 51260; CPM*	Life Skills (858) 503-3172
8	Botvin Life Skills	5 hours	Ed Code 51202; 51203; 51260; CPM*	Life Skills (858) 503-3172
8	Middle School Sexuality Education (<i>Rights, Respect, Responsibility</i>)	10 hours	Ed Code 51933; 51934; 51935; CPM*	Health (619) 725-7123

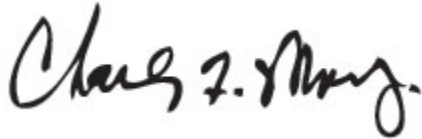
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*Categorical Program Monitoring (CPM) requires that a Local Education Agency (LEA) provide a minimum six hours (per grade) of age-appropriate, developmentally based education programs on drug, alcohol, tobacco use and violence prevention for all students, preschool through grade 12. The instruction listed above, plus supplementary school activities, meets this requirement.

Required professional development and assistance with implementation is available. If you have questions, please contact Melissa Janak in Counseling and Guidance at (858) 503-3177 or Bruce Ward in Physical Education, Health and Athletics at (619) 725-7126.

Bruce Ward
Director Physical Education
Health and Interscholastic Athletics

APPROVED:

A handwritten signature in black ink that reads "Chuck Morris". The signature is written in a cursive style with a large initial "C" and "M".

Chuck Morris
Chief Curriculum and
Staff Development Officer

BW:mk

Distribution: Lists B, D and E