Youth Mental Health First Aid USA is a 6 hour public education program which introduces participants to the unique risk factors and warning signs of mental health challenges in adolescents, builds understanding of the importance of early intervention, and teaches individuals how to help an adolescent in crisis or experiencing a mental health challenge.

**Register in Professional Learning:**

- April 23, 2021; Course #31360
- May 7, 2021; Course #31361
- May 14, 2021; Course #31351
- May 21, 2021; Course #31363
- June 4, 2021; Course #31362

8:00-10:00 *Required online pre-course work
10:30-3:00- Live Virtual Course via Zoom

*Directions are attached to registration in Professional Learning

Provided by SDUSD, Mental Health Resource Center (MHRC) Clinicians
Questions: Diane Klein Draughorne (dklein@sandi.net)

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