Connected Caregivers:
*Keeping Kids Safe, Happy, and Healthy in a Digital Age*

We invite our community, parents, and caregivers to join us for this three-part series focused on promoting a safe and positive digital life for our kids.

**SESSION 3**

**CYBERBULLYING & DIGITAL DRAMA**

In this session, we help parents and caregivers understand what cyberbullying and online harassment is, and provide some tools and strategies to help keep our kids safe.

**Topics include:**
- What is cyberbullying and its consequences?
- Forms of cyberbullying
- Digital drama & distress
- Tools and strategies to support our kids
  - How to prevent it
  - How to detect it
  - How to handle it
  - What if your kid is the bully?

**Resources to Get You Started**

**Grades K-2**
- **VIDEO:** [5 Ways to Stop Cyberbullies](#)
- **ARTICLE:** [Protecting Young Children from Cyberbullying](#)
- **RESOURCE:** [Cyberbullying Parent Packet](#)

**Grades 3-5**
- **VIDEO:** [5 Ways to Stop Cyberbullies](#)
- **ARTICLE:** [Prevent Your Kid From Becoming a Bully](#)
- **RESOURCE:** [Cyberbullying Parent Packet](#)

**Grades 6-8**
- **VIDEO:** [5 Tips for Dealing with Haters and Trolls](#)
- **ARTICLE:** [What is Digital Harassment?](#)
- **RESOURCE:** [Cyberbullying Parent Packet](#)

**Grades 9-12**
- **VIDEO:** [4 Ways to Help Teens Avoid Digital Harassment](#)
- **ARTICLE:** [Kids’ Mental Health Tech Tools for Support](#)
- **RESOURCE:** [Cyberbullying Parent Packet](#)

**All Ages**
- **VIDEO:** [Advice from Emily Bazelon](#)
- **VIDEO:** [4 Signs That Your Kid Might Be Cyberbullying](#)
- **VIDEO:** [5 Social Media Rules for Teens and Tweens](#)

**Bonus Session!**

A joint partnership presentation from EVSD Teaching & Learning and the East Valley Community Coalition

March 3, 2021 @ 5:30 P.M.

Join us live via ZOOM

[https://evsd.zoom.us/j/93314177385](https://evsd.zoom.us/j/93314177385)

TUESDAY | FEBRUARY 9, 2021 | 5:30 P.M.