



8th Annual Dryden 5K Run for the Pride



SUNDAY, AUGUST 18, 2019 - 8:30AM RACE START

The Dryden Sports Boosters invites you to support our athletic programs by participating in the Annual Run for the Pride. Run or walk the 5K and come out to have a great time with us!

Racers check in 7:30 - 8:15 a.m. Race Day Registration ends at 8:15am.

Race Course:

This year's race will be held at

Tompkins Cortland Community College, 170 North Street, Dryden, NY 13053

Register online: <https://runsignup.com/Race/NY/Dryden/5KRunforthePride>, by 1pm August 16, 2019 or Mail a completed application and payment to the Dryden Sports Boosters (address below) by August 12, 2019 or

Register in person on race day by 8:15am

(Coaches please contact Race Director or Sports Boosters for discounted rate)

Early Registration Deadline (Race T-shirt included): August 3, 2019

Check Appropriate Box

<input type="checkbox"/> \$20 - Adult Registration (over 18)
<input type="checkbox"/> \$10 - Youth Registration (18 and under)

Last Name

First Name

Sex

Age on Race Day

Street Address

City

State

Zip

Phone

Email

Early Registraion Only: T-Shirt Size (circle one): Small Medium Large XLarge

In consideration of acceptance of this entry, I, the undersigned, intending to be legally bound for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against the Dryden Sports Booster Club, Dryden High School, and other sponsors of this event, their representatives and successors for any/all injuries suffered by me in this event. I attest and verify that I am physically fit and have trained sufficiently for this event and my physical condition has been verified by a licensed medical doctor. Further I hereby grant full permission for the use of any photographs, videotapes, pictures, recording or any other record of this event for legitimate purpose.

Signature: _____ Date: _____

Signature of Parent/Guardian (if under age of 18): _____

Be sure to enclose your payment with your registration form. Make checks payable to: Dryden Sports Boosters Please note "Run for the Pride" in the memo

**Dryden 5K Run for the Pride, c/o Dryden Sports Boosters,
PO Box 877, Dryden, NY 13053**