Procedure – Workforce Secondary Traumatic Stress

District-wide Workforce Mental Health Committee

A. The District will establish a District-Wide Workforce Mental Health Committee composed of classified, certificated and administrative staff members. The District will seek committee members who have the interest and skills to best serve the committee.

B. The committee will seek resources related to secondary traumatic stress from OSPI, the ESD, and the School Employees’ Benefits board.

C. Materials and resources related to secondary traumatic stress will be shared with district staff.

D. The duties of the committee will include:

   ● Sharing supports available through the Office of the Superintendent of Public Instruction, the Educational Service District, and the School Employees’ Benefits Board;
   ● Sharing links to a secondary traumatic stress self-assessment tool;
   ● Utilizing data collected from staff
   ● Providing a written report to the Board at least once per year with a summary of committee activities.

Adoption Date: 8/11/2021
Classification: Essential
Revised Dates: