

# Sixth Grade: Dance Curriculum

<b>Unit: Elements of Dance- Body/Mind</b>		<b>Time: September- October</b>	<b>Standards:</b> 1.1.8.A.4 Integrate a variety of isolated and coordinated movements in dance compositions and performances, making use of all major muscle groups, proper body mechanics, body patterning, balance, and range of motion.  1.3.8.A.1 Incorporate a broad range of dynamics and movement qualities in planned and improvised solo and group works by manipulating aspects of time, space, and energy.  1.3.8.A.3 Choreograph and perform movement sequences that demonstrate artistic application of anatomical and kinesthetic principles as well as rhythmic acuity.
<b>Essential Questions</b> <ul style="list-style-type: none"><li>• How does my understanding of the body help me become a better dancer?</li><li>• What are complex axial and locomotor sequences?</li></ul>	<b>Enduring Understandings</b> <ul style="list-style-type: none"><li>• I can learn a sequence that includes strength, flexibility and endurance.</li><li>• I can alter the sequence by manipulating time, space and energy.</li><li>• I can learn a complex axial and locomotor sequence.</li><li>• I can manipulate the sequence by altering the breath and metric rhythms, spatial directions, shaping of the body and energy qualities.</li></ul>		
<b>Benchmark Assessment(s)</b> <ul style="list-style-type: none"><li>➤ SWBAT practice a movement phrase that includes strength, flexibility and endurance. The students will alter the phrase by manipulating the tempo, accents, directions, levels and energy qualities. Then students will practice a complex locomotor and axial sequence. The students should alter the sequence's breath and metric rhythms, spatial directions, shaping of the body and energy qualities.</li></ul>			<b>Other Assessments</b> <ul style="list-style-type: none"><li>✓ Teacher observation</li><li>✓ Student Growth Objectives</li><li>✓ Dress Rehearsals</li><li>✓ Final performances</li></ul>
			<b>Materials</b> <ul style="list-style-type: none"><li>• Music &amp; Audio player: CD, radio, Bluetooth speaker, iPod</li><li>• Students should wear appropriate clothing and footwear</li></ul>

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## SUGGESTED ACTIVITIES

- Moving – The student identifies and demonstrates knowledge of the body as the instrument of dance by exploring movement skills. This include the practice of safety for self and others and regular participation in body strengthening, flexibility, and endurance activities through stationary and locomotor movement.
- Investigating – The student identifies and demonstrates the dance elements of time, space, and energy. This involves the student in exploration of the elements and enables the student to recognize how these elements are used by performers and choreographers.
- Creating - – The student identifies and demonstrates choreographic principles and processes in the art form of dance. These principles and processes include solving a problem through a sequence of exploring, integrating, synthesizing, making choices, and organizing a final expression through movement.
- Contextualizing – The student understands and demonstrates dance in relation to its historical, cultural, and personal origins. This contributes to an appreciation of personal, physical, and emotional uniqueness. It also helps the student to understand the language of dance in daily life.
- Connect the locomotor and axial sequence to a story. See what sections of the movement sequence relate to different characters in the story. Discuss the connections.
- Read a section from both a historical novel and a fantasy story while dancing the locomotor and axial sequence. See how it changes the mood of the dance and dance the energy qualities it promotes. Discuss the differences between a historical novel and a fantasy story

## REINFORCEMENT

- Provide written, visual, auditory, and hands on manipulatives/activities to meet all learning styles.
- Modify worksheets for individual needs, use leveled support materials, peer tutoring and individualize instruction for special needs and accelerated students.
- Allow students to revise, rethink, and refine their understanding of the topics covered: Use subject matter questioning to review and activate prior learning.
- Give timely feedback on formative assessments and allow time for review.
- Work cooperatively with classmates.

## ENRICHMENT

- Allow students to use technology to express themselves through another medium.
- Allow students to create a multimedia presentation.
- Have students view great performances through online video.
- Use recording techniques to record and evaluate skills learned.

**Vocabulary:** Warm- up, Locomotor, Axial Movement, Agility, Conditioning Principles

### **Cross-Curricular Connections**

#### **21st Century Skills:**

CRP4 Communicate clearly and effectively and with reason.

CRP6 Demonstrate creativity and innovation.

#### **Technology:**

8.2.5.C.4 Collaborate and brainstorm with peers to solve a problem evaluating all solutions to provide the best results with supporting sketches or models (choreography).

8.1.5.D.1 Understand the need for and use of copyrights.

8.1.5.D.2 Analyze the resource citations in online materials for proper use.

#### **Social and Emotional Learning:**

Self-Awareness – Recognize one’s feelings and thoughts.

Self-Management – Identify and apply ways to persevere or overcome barriers through alternative methods to achieve one’s goals.

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*Social Awareness – Demonstrate an understanding of the need for mutual respect when viewpoints differ.*

*Responsible Decision-Making – Identify the consequences associated with one’s actions in order to make constructive choices.*

*Relationship Skills – Utilize positive communication and social skills to interact effectively with others.*

**Language Arts:**

*SL.6.1 Engage effectively in a range of collaborative discussions (one on one, in groups, and teacher-led) with diverse partners on grade 4 topics and texts, building on others’ ideas and expressing their own clearly.*

# Sixth Grade: Dance Curriculum

Unit: Elements of Dance- Time	Time: November- December	Standards:
<p><b>Essential Questions</b></p> <ul style="list-style-type: none"><li>• What are the different kinds of rhythms?</li></ul>	<p><b>Enduring Understandings</b></p> <ul style="list-style-type: none"><li>• I can understand the difference between breath and metric rhythms.</li><li>• I can create, teach and perform a movement phrase that contains metric and breath rhythms.</li></ul>	<p>1.1.8.A.2 Analyze dance techniques and styles to discern the compositional use of the elements of dance and choreographic principles relating to dynamics, as well as to discern spatial relationships.</p> <p>1.1.8.A.4 Integrate a variety of isolated and coordinated movements in dance compositions and performances, making use of all major muscle groups, proper body mechanics, body patterning, balance, and range of motion.</p> <p>1.3.8.A.1 Incorporate a broad range of dynamics and movement qualities in planned and improvised solo and group works by manipulating aspects of time, space, and energy.</p>
<p><b>Benchmark Assessment(s)</b></p> <ul style="list-style-type: none"><li>➤ SWBAT identify two pieces of music, one with a rhapsodic rhythm (or non-metric) and one with a clear meter. Compare the difference. Play each song again and improvise movement to the music.</li><li>➤ SWBAT dance the opposite movement to the opposite music (e.g. dance with a beat to the rhapsodic song and dance a breath rhythm to a metered song). Notice how difficult it is.</li><li>➤ SWBAT create and perform a dance that contains both metric rhythms and breath rhythms.</li></ul>		<p><b>Other Assessments</b></p> <ul style="list-style-type: none"><li>✓ Teacher observation</li><li>✓ Student Growth Objectives</li><li>✓ Dress Rehearsals</li><li>✓ Final performances</li></ul> <p><b>Materials</b></p> <ul style="list-style-type: none"><li>• Music</li><li>• Audio player: CD, radio, Bluetooth speaker, iPod</li><li>• Students should wear appropriate clothing and footwear</li></ul>

# Sixth Grade: Dance Curriculum

## SUGGESTED ACTIVITIES

- Moving – The student identifies and demonstrates knowledge of the body as the instrument of dance by exploring movement skills. This include the practice of safety for self and others and regular participation in body strengthening, flexibility, and endurance activities through stationary and locomotor movement.
- Investigating – The student identifies and demonstrates the dance elements of time, space, and energy. This involves the student in exploration of the elements and enables the student to recognize how these elements are used by performers and choreographers.
- Creating - – The student identifies and demonstrates choreographic principles and processes in the art form of dance. These principles and processes include solving a problem through a sequence of exploring, integrating, synthesizing, making choices, and organizing a final expression through movement.
- Contextualizing – The student understands and demonstrates dance in relation to its historical, cultural, and personal origins. This contributes to an appreciation of personal, physical, and emotional uniqueness. It also helps the student to understand the language of dance in daily life.
- Compare the rhythms in poetry to dance. Notice some poetry has a metric rhythm (AB patterns), while other poetry has a breath or non-metric rhythm (haikus).
- Pay attention to punctuation while reading to create the right rhythm for the context and emotions of the story.

## REINFORCEMENT

- Provide written, visual, auditory, and hands on manipulatives/activities to meet all learning styles.
- Modify worksheets for individual needs, use leveled support materials, peer tutoring and individualize instruction for special needs and accelerated students.
- Allow students to revise, rethink, and refine their understanding of the topics covered: Use subject matter questioning to review and activate prior learning.
- Give timely feedback on formative assessments and allow time for review.
- Work cooperatively with classmates.

## ENRICHMENT

- Allow students to use technology to express themselves through another medium.
- Allow students to create a multimedia presentation.
- Have students view great performances through online video.
- Use recording techniques to record and evaluate skills learned.

**Vocabulary:** Duration, Tempo, Metric Rhythm, Accent, Meter

### Cross-Curricular Connections

#### **21st Century Skills:**

CRP4 Communicate clearly and effectively and with reason.

CRP6 Demonstrate creativity and innovation.

#### **Technology:**

8.2.5.C.4 Collaborate and brainstorm with peers to solve a problem evaluating all solutions to provide the best results with supporting sketches or models (choreography).

8.1.5.D.2 Analyze the resource citations in online materials for proper use.

#### **Social and Emotional Learning:**

Self-Awareness – Recognize one’s feelings and thoughts.

Self-Management – Identify and apply ways to persevere or overcome barriers through alternative methods to achieve one’s goals.

Relationship Skills – Utilize positive communication and social skills to interact effectively with others.

#### **Language Arts:**

SL.6.1 Engage effectively in a range of collaborative discussions (one on one, in groups, and teacher-led) with diverse partners on grade 4 topics and texts, building on others’ ideas and expressing their own clearly.

# Sixth Grade: Dance Curriculum

<b>Unit: Elements of Dance- Space</b>		<b>Time: January- March</b>	<b>Standards:</b> 1.1.8.A.2 Analyze dance techniques and styles to discern the compositional use of the elements of dance and choreographic principles relating to dynamics, as well as to discern spatial relationships.  1.1.8.A.4 Integrate a variety of isolated and coordinated movements in dance compositions and performances, making use of all major muscle groups, proper body mechanics, body patterning, balance, and range of motion.  1.3.8.A.3 Choreograph and perform movement sequences that demonstrate artistic application of anatomical and kinesthetic principles as well as rhythmic acuity.
<b>Essential Questions</b> <ul style="list-style-type: none"><li>• How does space affect dance?</li></ul>	<b>Enduring Understandings</b> <ul style="list-style-type: none"><li>• I can explore line in space with whole body, parts of the body and focus.</li><li>• I can choreograph a small movement phrase that includes lines and focus in space.</li><li>• I can teach my movement phrase to a partner or small group, and then learn their movement phrases.</li><li>• Collaboratively we can create a longer dance by combining the movement phrases. Then we can manipulate the phrase by altering time and energy.</li></ul>		
<b>Benchmark Assessment(s)</b> <ul style="list-style-type: none"><li>➤ SWBAT improvise line in space by creating single body part shapes or whole body shapes alone, with a partner or as a group. Every time a shape is created, change the focus and see how that affects the shape.</li><li>➤ SWBAT improvise by allowing the focus to lead the movement. Wherever you look you must move that direction. Try moving the opposite direction of the focus.</li><li>➤ SWBAT create a movement phrase that includes line and focus in space. Then connect with a partner or small group to combine their individual phrases to create a longer dance. Perform the dance with concentration and focus.</li></ul>		<b>Other Assessments</b> <ul style="list-style-type: none"><li>✓ Teacher observation</li><li>✓ Student Growth Objectives</li><li>✓ Dress Rehearsals</li><li>✓ Final performances</li></ul>	<b>Materials</b> <ul style="list-style-type: none"><li>• Music</li><li>• Audio player: CD, radio, Bluetooth speaker, iPod</li><li>• Students should wear appropriate clothing and footwear</li></ul>

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- Creating - – The student identifies and demonstrates choreographic principles and processes in the art form of dance. These principles and processes include solving a problem through a sequence of exploring, integrating, synthesizing, making choices, and organizing a final expression through movement.
- Contextualizing – The student understands and demonstrates dance in relation to its historical, cultural, and personal origins. This contributes to an appreciation of personal, physical, and emotional uniqueness. It also helps the student to understand the language of dance in daily life
- Brainstorm multi-meaning words for line and focus. Clarify their meaning in relationship to dance.
- Reflect and discuss ways to improve student choreography.

## REINFORCEMENT

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## ENRICHMENT

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**Vocabulary:** Pathways, Relationships, Focus

### **Cross-Curricular Connections**

#### **21st Century Skills:**

CRP4 Communicate clearly and effectively and with reason.

CRP6 Demonstrate creativity and innovation.

#### **Technology:**

8.2.5.C.4 Collaborate and brainstorm with peers to solve a problem evaluating all solutions to provide the best results with supporting sketches or models (choreography).

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#### **Social and Emotional Learning:**

Self-Awareness – Recognize one's feelings and thoughts.

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Relationship Skills – Utilize positive communication and social skills to interact effectively with others.

**Math-** 6.NS.C.7b Write, interpret, and explain statements of order for rational numbers in real-world.

# Sixth Grade: Dance Curriculum

<b>Unit: Elements of Dance- Energy/Culture</b>		<b>Time: April- June</b>	<b>Standards:</b>
<b>Essential Questions</b> <ul style="list-style-type: none"><li>• What are energy qualities and how do they affect my dancing?</li></ul>	<b>Enduring Understandings</b> <ul style="list-style-type: none"><li>• I can explore the energy qualities of darting, trembling, floating, suspending, rebounding, and swinging.</li><li>• I can choreograph a movement phrase that includes one or more of the above movement qualities.</li><li>• I can abstract a visual or verbal image into movement.</li><li>• I can choreograph and perform a dance that applies the concept of abstraction.</li><li>• I can learn an authentic ceremonial or ritual dance, then analyze it as it relates to the culture.</li><li>• I can create an original ritual or ceremonial dance using elements based on the culture.</li></ul>		<p>1.1.8.A.4 Integrate a variety of isolated and coordinated movements in dance compositions and performances, making use of all major muscle groups, proper body mechanics, body patterning, balance, and range of motion.</p> <p>1.2.8.A.1 Map historical innovations in dance, music, theatre, and visual art that were caused by the creation of new technologies.</p> <p>1.2.8.A.2 Differentiate past and contemporary works of dance, music, theatre, and visual art that represent important ideas, issues, and events that are chronicled in the histories of diverse cultures.</p> <p>1.2.8.A.3 Analyze the social, historical, and political impact of artists on culture and the impact of culture on the arts.</p>
<b>Benchmark Assessment(s)</b> <ul style="list-style-type: none"><li>➤ SWBAT improvise and explore movement possibilities while calling out the words: dart, tremble, float, suspend, rebound and swing.</li><li>➤ SWBAT place two sections of word strips. One section includes: dart, tremble, float, suspend, rebound and swing. The other section includes: low, slow, backwards, symmetrical, accent, and focus. Have them combine two words (one from each section) to create a dance (e.g. float on a low level, tremble with accents, rebound backwards, etc). Perform and analyze.</li><li>➤ SWBAT take everyday actions (brushing teeth, tying shoes, eating dinner) and abstract the ideas into movement through exaggeration, diminution or by altering space, time or energy.</li><li>➤ SWBAT learn and perform an authentic ceremonial or ritual dance (e.g. Hora Agadati from Israel, Tinikling from Philippines or Progressive Circle from USA).</li><li>➤ SWBAT create a simple ritual or ceremonial dance by studying a particular culture then use the elements based on that culture to create the movement.</li></ul>			<b>Other Assessments</b> <ul style="list-style-type: none"><li>✓ Teacher observation</li><li>✓ Student Growth Objectives</li><li>✓ Dress Rehearsals</li><li>✓ Final performances</li></ul>
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- Creating - – The student identifies and demonstrates choreographic principles and processes in the art form of dance. These principles and processes include solving a problem through a sequence of exploring, integrating, synthesizing, making choices, and organizing a final expression through movement.
- Contextualizing – The student understands and demonstrates dance in relation to its historical, cultural, and personal origins. This contributes to an appreciation of personal, physical, and emotional uniqueness. It also helps the student to understand the language of dance in daily life.
- Write a story that includes dart, tremble, float, suspend, rebound and swing. Be creative, yet accurate with punctuation, spelling, and sentence structure.
- Read a story about a different culture. Collaboratively discuss the differences of that culture to our culture.

## REINFORCEMENT

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**Vocabulary:** Qualities of Motion, Dynamics, Ritual/Ceremonial dance, Folk dance, World dance

### Cross-Curricular Connections

#### **21st Century Skills:**

CRP4 Communicate clearly and effectively and with reason.

#### **Technology:**

8.2.5.C.4 Collaborate and brainstorm with peers to solve a problem evaluating all solutions to provide the best results with supporting sketches or models (choreography).

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#### **Social and Emotional Learning:**

Self-Management – Identify and apply ways to persevere or overcome barriers through alternative methods to achieve one’s goals.

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**Language Arts-** SL.6.1 Engage effectively in a range of collaborative discussions (one on one, in groups, and teacher-led) with diverse partners on grade 4 topics and texts, building on others’ ideas and expressing their own clearly.