

# NJ Children's System of Care

Contracted System Administrator — PerformCare®

## Helping families across New Jersey

Since 2009, PerformCare has been helping New Jersey's families and young people access publicly funded services for youth up to age 21 through the statewide New Jersey Children's System of Care (CSOC). Help is available for children, adolescents, and young adults seeking behavioral health, intellectual/developmental disability, or substance use treatment services.

### Available 24 hours a day, seven days a week — 1-877-652-7624

Sometimes it can be hard to know when you should reach out for extra help. Families should call if their child's behavior has changed or if they are overwhelmed by challenges at home or in the community. Some common reasons to call PerformCare include:

- Depression and/or anxiety.
- Bullying or being bullied.
- Physical or verbal aggression.
- Intellectual/developmental disabilities.
- Substance use.
- Inattention or hyperactivity.
- Oppositional or defiant behavior.
- Grief from major trauma.
- Concerns from teachers.

Families can also visit PerformCare's website at [www.performcarenj.org](http://www.performcarenj.org).

### Child-centered care in the right place

No matter the challenge, CSOC can help put your child on the path to a better quality of life. Depending on your child's situation and eligibility, CSOC services include:

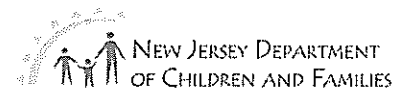
- Assessments to determine your child's needs.
- Referral to counseling services.
- Mobile response to stabilize crisis situations.
- Family support for education and advocacy.
- Care management for intense and complex needs.
- Behavioral supports for activities of daily living.
- Respite services for families.
- Substance use treatment.

PerformCare is available 24 hours a day, seven days a week, 365 days a year. Contact us toll free (parents, guardians, and youth) at:

**1-877-652-7624 (TTY 1-866-896-6975)**  
**[www.performcarenj.org](http://www.performcarenj.org)**



PerformCare associates are available 365 days a year to connect eligible children to individualized care.



## PerformCARE®

[www.performcarenj.org](http://www.performcarenj.org)

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