

# Hotlines & Mental Health Information

**2NDFLOOR**  
**888-222-2228**  
YOUTH HELPLINE

2NDFLOOR.ORG

<https://www.2ndfloor.org>



<https://www.nj211.org>



<https://twloha.com>



<http://www.hftd.org>

**CRISIS TEXT LINE |**

**Text HELLO to 741741**

Free, 24/7, Confidential

<https://www.crisistextline.org>

CALL US 1-855-NJ-HOPELINE (654-6735)  
**NEW JERSEY HOPELINE**

<http://www.njhonline.com>

**Youth and Family Guide**

NJ Children's System of Care

Administered by PerformCare®

<https://www.nj.gov/dcf/about/divisions/dcsc/>



Children's Mobile Flyer Information

## Drug & Alcohol Information Resources

Alcohol and Resisting Peer Pressure

FAQ's about Alcohol and Drug Use

National Institute on Drug Abuse for Teens

A Guide to Teen Opioid Addiction

How to Stop Vaping