

Student Health Advisory Council Meeting Minutes
November 4, 2022 @8:30am

- I. Call to Order
 - A. Call to Order-called to order at 8:40am by Chair Avakian
 - i. Executive Members Present: JoAnna Avakian, Ozioma Olowu, Joe Troutman, Jennifer Bargy (8:51 arrival), Kristine Leathers (9:16 arrival)
 - ii. Members Present: Dida Abrahams, Jennifer Berry, Amy Carroll, Jennifer Ditto, Sarah Eikenberry, Erica Fisher, Kathy Galloway, Rosa Garces, Chris Gardner, Jacqueline Gimmler-Metzger, Christy Harris, Sara Hennessy, Megan Holladay, Stanton Huffman, Amanda Kelsoe, Valerie Kunert, Aaryn Lamb, Tracie Papadakis, Ginger Penn, Sarah Powell, Lianne Raices, Jessica Raijian, Mindy Russell, Leslie Sailer, Lauren Sandhu, Jennifer Shepherd, Lisa Sturgeon-Hewitt, Nicki Tieken, Lara Trevino, Lori Vann, Courtney Walters, Stephanie Williams, Amy Blueitt (8:51 arrival), Allison Wendler
 - iii. District Members in attendance: Laura Brookover-Ybarra, Roy Rodriguez, Angela Horn, Jennifer Lemke, Tamara Morris, Paul Sikes, Amy Taldo, Sarah Dumas, Coley Cantor (9:58 arrival), Emberly Hill
 - iv. Guests: Tirzah Spencer, Marla Pemmaraju,
 - B. Verification of Quorum
 - C. Approval of Minutes from 9/30/22-Lara Trevino, J. Raijian asked for a correction to be made to the spellings of their names in the minutes.
- II. SHAC Operating Procedures and Honor Code-read by Chair Avakian
- III. Public Comment
 - A. Lara Trevino-Comment on wellness plan that will be reviewed. Discussed support for removing the practice of taking away physical activity as a means for punishment in schools. This practice especially places neurodivergent children at a disadvantage. Also, the wellness plan mostly centered around physical wellness and not enough on mental wellness. Add language and guidance on mental wellness, especially after the ramifications of COVID.
- IV. Presentation of Position Behavior Intervention-Dr. Tamara Morris, Director of Student Engagement
 - A. Start with Why, understanding how and why children communicate their needs
 - B. Classical and Operant Conditioning
 - C. Discussion on how seeker and avoider behaviors
 - i. L. Trevino, A. Lamb shared with the group
 - D. Classroom PBIS
 - i. Maximize Structure
 - ii. Expectations and Rules
 - iii. Responding to Inappropriate Behavior
 - iv. Acknowledge appropriate behavior
 - v. Student Engagement
 - E. Respect, Trust, Rapport
 - F. Group Discussion-60 second relate break
 - G. Group Exercise on how to respond to inappropriate student behavior
 - H. Group Exercise-PBIS at home
 - I. Group Discussion-What learning today was most impactful?
 - J. Discussion-Dr. Morris shared that Dr. Shiver is gathering information from principles on disciplinary procedures surrounding removal of recess. The district is beginning a five year plan to address and engage the teachers and parents with these new tools.
 - K. Ozioma Olowu-Discussed the excellence of the training and connecting it to the disciplinary actions used in younger students. Optimistic that culture shift is happening to foster learning.
 - L. Stanton Hoffman-Is there data available on the disciplinary actions being used in the elementary schools?

- M. Christy Harris-Discussed students missing recess and the effect on children. Campus Administrators did respond positively to her concerns.
 - N. Tamara Morris-principals are on board with changing the culture. Open to ideas on how to engage parents
 - O. Stanton Hoffman-thanks the committee for their participation, thanks to Dr. Morris and the executive board
 - P. Sara Powell-discussed that substitute teachers need this training as well because that is when students can act outside of their norm
- V. New Business
- A. Implemented new amendments to bylaws
 - B. Chair Avakian-Guests may speak only during public comment. We still have schools that do not have representation and will be working towards recruiting members for approval at the January board of trustees meeting.
 - C. Chair Avakian read a list of voting members for each school (attached as appendix to minutes). We still have a few schools that do not have representatives. Heritage Elementary did not choose a representative, Chair Avakian used a random generator to select the three representatives for Heritage. Chair Avakian Reminded the committee that this is a district meeting and voting members need to keep in mind not just their child but the community at large when voting.
 - i. Reps from Schools:
 1. Bear Creek Elementary: Amy Carroll, Ginger Penn
 2. Bransford Elementary: OPEN
 3. Cannon Elementary: Lauren Sandhu, Lianne Raices
 4. Colleyville Elementary: Cacy Tischer, Leslie Sailer
 5. Dove Elementary: Stanton Huffman, Sarah Eikenberry
 6. Glenhope Elementary: Anne-Marie Allar, Leanne Newbern
 7. Grapevine Elementary: Amanda Jernigan, Sarah Powell
 8. Heritage Elementary: Tiffany Chambers, Jennifer Shepherd
 9. OC Taylor Elementary: Jessica Rajjian, Allison Wendler
 10. Silver Lake Elementary: Christy Harris
 11. Timberline Elementary: Rebecca Evans
 12. Colleyville Middle: Amy Blueitt, Ashley Ihle, Julie Robertson
 13. Cross Timbers Middle: Melissa Critz, Rebecca Rodriguez, Stephanie Williams
 14. Grapevine Middle: OPEN
 15. Heritage Middle: Marcy Barton, Rosa Garces, Megan Holladay
 16. Colleyville Heritage High: Dida Abrahams, Jennifer Ditto, Aaryn Lamb, Nicki Tieken
 17. Grapevine High: Kathy Galloway, Tisha Ghormley, Amanda Kelsoe, Tracie Papadakis
 18. Collegiate Academy: Jennifer Berry.
 - ii. Stephanie Williams-Asked question regarding term limits and process for when parents switch schools and that school already has representatives
 - iii. Lara Trevino-can the second spot at Timberline be filled? Chair Avakian-yes, at the January Board of Trustees meeting.
 - iv. Chair Avakian-we are actively working with the principal of GMS to recruit members as they have none today
- VI. Meeting Adjournment @10:24
- A. Next meeting January 20, 2023