

grapevine - colleyville isd nutrition services

Set Your Child Up for Success

WITH SCHOOL LUNCH

over 30 million children participate in the national school lunch program.

the majority of school lunch participants receive free or reduced - price lunch.

any student can participate in a school meal program.

For many kids in America, school is their primary source of consistent, balanced nutrition.

we know. school lunches get a bad rap.

we've all probably had a bad experience with cafeteria food before. but **at gcisd, we pride ourselves on quality, freshness, and flavor.** our carefully curated **menus are designed with your child's wants and needs in mind.** in our cafeterias, your child will receive healthy, nutritious food items that will **set them up for success for the day!** take advantage of our **school meal program - it's worth it!**

sincerely,
julie (director) + jason (chef) + laura (dietitian)

ways you can help with school lunch participation:

- ask your child about their favorite lunch options (and speak positively about school lunch!)
- volunteer in the cafeteria or go eat lunch with your child!
- connect with your school principal to learn more about your school's lunch program!

by participating in the school lunch program, your child will:

Learn about **healthy food choices** through school meal experience



Fuel learning



Improve behavior and attendance



Form healthy habits that can last a **lifetime**



this institution is an equal opportunity provider.

