

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



**Chicken, Broccoli & Rice Casserole** **1**  
Dinner Roll & Roasted Green Beans  
Daily Salad Bar Options\*  
Choice of Milk

**Breakfast for Lunch** **2**  
French Toast Sticks w/local Maple Syrup,  
Sausage & Scrambled Eggs  
Daily Salad Bar Options\*  
Choice of Milk

**No School Labor Day** **5**

**Taco Tuesday!** **6**  
Beef or Bean on a soft corn shell w/ Salsa and Cheese  
Brown Rice and Re-fried Beans  
Daily Salad Bar Options\*  
Choice of Milk

**Pulled Pork Sandwich** **7**  
Sweet Potato Tots,  
Cole Slaw  
Whole Fruit  
Choice of Milk

**Teriyaki Chicken** **8**  
Brown Rice  
Stir-Fried Veggies  
Whole Fruit  
Choice of Milk

**Pizza!** **9**  
Cheese or Pepperoni  
Side Caesar Salad  
Whole Fruit  
Choice of Milk

**American Chop Suey** **12**  
Macaroni Noodles w/ Marinara and Local Ground Beef & Roasted Zucchini  
Whole Fruit  
Choice of Milk

**NACHOS!** **13**  
Beef or Beans w/ Salsa and Queso  
Brown Rice and Re-fried Beans  
Daily Salad Bar Options\*  
Choice of Milk

**Chicken or Fish Patty** **14**  
Side Garden Salad  
Daily Salad Bar Options\*  
Choice of Milk

**Baked Ham** **15**  
Roasted Red Potatoes  
Sweet Corn, Dinner Roll  
Daily Salad Bar Options\*  
Choice of Milk

**Pizza!** **16**  
Cheese or Pepperoni  
Side Caesar Salad  
Whole Fruit  
Choice of Milk

**Fettuccini Alfredo** **19**  
w/ Baked Chicken and Roasted Sweet Peppers, Side Salad & Bread Stick  
Daily Salad Bar Options\*  
Choice of Milk

**Taco Tuesday!** **20**  
Beef or Bean on a soft corn shell w/ Salsa and Cheese  
Brown Rice and Re-fried Beans  
Daily Salad Bar Options\*  
Choice of Milk

**Grilled Cheese Sandwich** **21**  
Choice of Soup  
Tomato or Corn Chowder  
Daily Salad Bar Options\*  
Choice of Milk

**Local Meatloaf** **22**  
Mashed Potatoes, Steamed Carrots & Dinner Roll  
Whole Fruit  
Choice of Milk

**\*Early Release\*** **23**  
**Deli Turkey Sandwich**  
Chips, Cole Slaw  
Daily Salad Bar Options\*  
Choice of Milk

**Mac & Cheese** **26**  
Homemade Macaroni and Cheese with Roasted Green Beans  
Daily Salad Bar Options\*  
Choice of Milk

**Chicken or Black Bean Fajitas** **27**  
Sweet Potato and Black Bean Salad  
Daily Salad Bar Options\*  
Choice of Milk

**Local Hamburger** **28**  
French Fries & Pickle  
Daily Salad Bar Options\*  
Choice of Milk

**Shepherd's Pie** **29**  
Meat or Vegetarian Peas & Dinner Roll  
Daily Salad Bar Options\*  
Choice of Milk

**Pizza!** **30**  
Cheese or Pepperoni  
Side Caesar Salad  
Whole Fruit  
Choice of Milk

This institution is an equal opportunity provider.

\*Daily Salad Bar Options will include individually packaged fresh fruits and vegetables daily and will change with seasonal availability!